



WISDOM ACADEMY

Introduction to Feng Shui

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Lesson 4:
Essentials of the Form School, Part 3

Course Notes



COURSE OUTLINE

Module Three

Interior layout of the house

- Bedroom
- Children's bedrooms
- Living room
- Dining room
- Kitchen
- Bathrooms and toilets
- Storerooms and garages
- A word about apartments
- Office

The Five Elements and their locations

- Wood
- Water
- Earth
- Fire
- Metal

Feng Shui tools

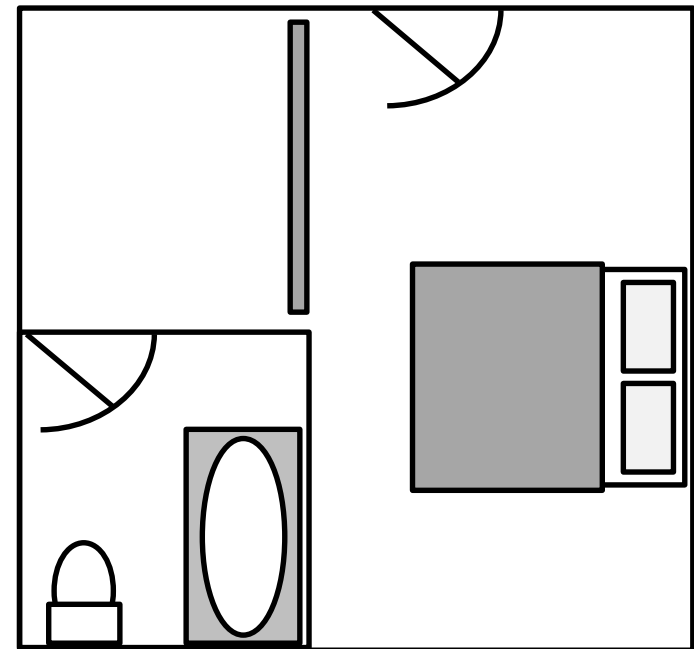
- Wind-chimes
- Plants and wood
- Fish tanks and fountains
- Light
- Crystals and boulders
- Compass

The top ten Feng Shui tips



Master bedroom

- The bedroom of the father and mother has a major effect on the whole house and you spend up to one third of your life there. So it is important to get the Feng Shui right.
- It should be mainly Yin, but with a balance of Yin and Yang energies.
- Should be rectangular or square shaped.
- If there is an ensuite bathroom then put a dividing partition or a curtain to make a regular rectangle or square.





Master bedroom

- Do not locate the master bedroom above a garage or store room - this gives a lack of base with substance.
- If there are several levels in the house, the bedroom should not be on the lowest level - and definitely not in the basement if there is one.
- Not above the kitchen. Fire below is bad. Sleeping over food cooked for the family is bad. At least make sure that the bed is not directly over the stove.
- Do not have the bedroom door facing the stairs. Put a screen in between or move the door.



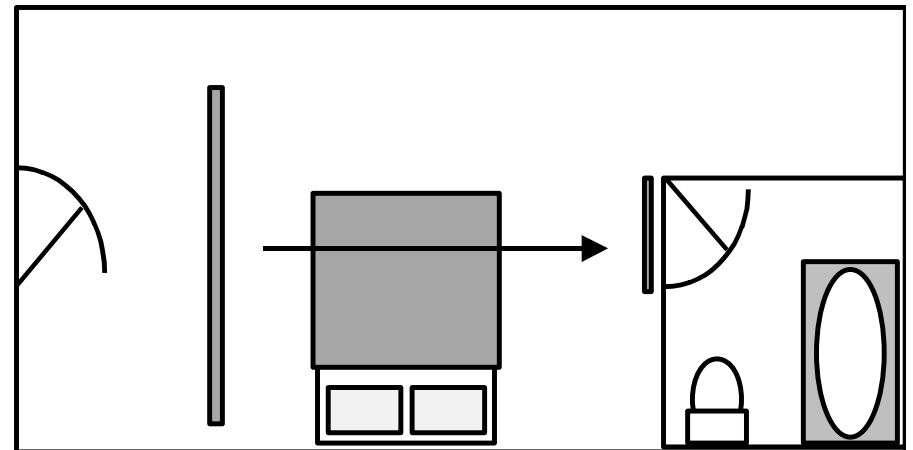
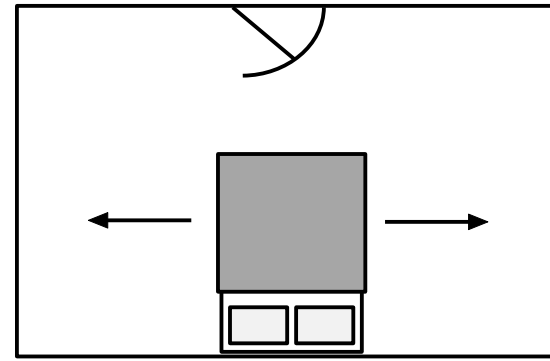
Bed position

- The bed position is very important. If it is bad then there may be marriage, health and concentration problems.
- Always try to have a solid wall behind the head of the bed.
- If you need to have the bed at a diagonal (due to an auspicious Compass School sleeping direction) it is better to have a solid headboard behind.
- A solid headboard (not ironwork) is always better as it gives support from behind.
- You should not have a window behind the head of the bed as this gives a lack of support. If there is no way to change it then close the window and draw the curtains at night.
- Note that the benefit of the auspicious sleeping direction far outweighs the effect of sleeping in a corner.



Bed position

- Do not have the foot of the bed facing the bedroom door. This is called the 'Death' position. Do not allow this under any circumstances. If the door leads to an attached bathroom or toilet, the effect is even worse. Move the bed to one side in this case.
- If the bed is between the bedroom door and the bathroom door this is a double dose of negative energy. Place a screen and a curtain.





Master bedroom

- A heavy curtain over the attached bathroom door is always good. Always keep bathroom and toilet doors closed and lids down.
- Feet pointing towards a window is also bad.
- Do not position the head of the bed to a wall that is shared with a toilet.
- Do not sleep under a toilet, or beams, fans, sharp cornices as previously mentioned.
- Do not have a water tank above any bedrooms. If the bed is under a tank then move the bed.
- Never put fish tanks in a bedroom. Water in the bedroom as a Feng Shui enhancer does not work and may well cause harm.



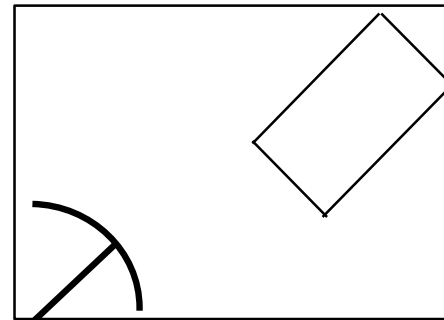
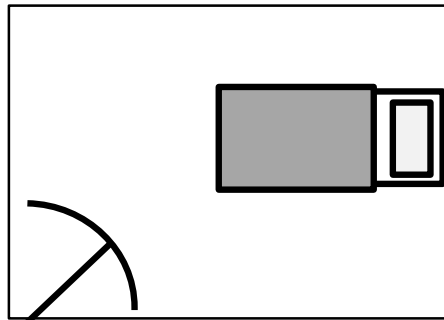
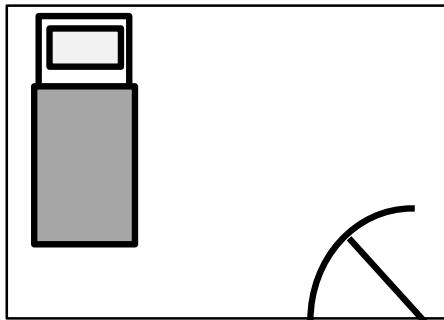
Master bedroom

- Mirrors in the bedroom are very harmful to any marriage or relationship, especially when they reflect the bed. Symbolically, they increase the number of people in the bedroom.
- Mirrors inside cupboards are OK.
- Place dressing tables elsewhere if possible - at least not facing the bed.
- Remember to keep the energy predominantly Yin.
- A television in the master bedroom is not good (for kids it is OK).



Master bedroom

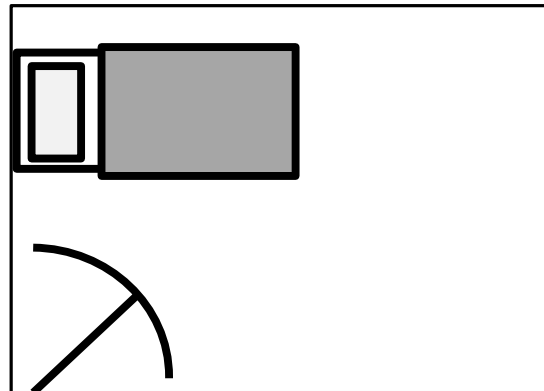
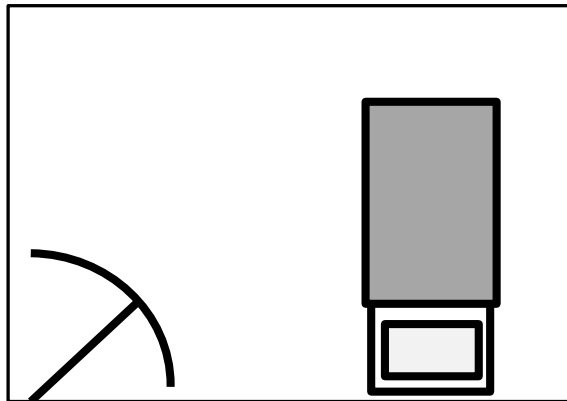
- The bedroom should have a predominantly feminine energy.
- Use pink sheets for subtle Yang energy.
- Have a pair of porcelain or wooden ducks in the bedroom.
- Other symbols are hearts, candles and crystals in the Southwest of the bedroom.
- These are good orientations of the bed in relation to the door.





Master bedroom

- This is bad even if the bed is in the best Compass School direction.
- These are bad orientations of the bed in relation to the door.



This is bad even if the bed is in the best Compass School direction.



Master bedroom

- Also bad to have your feet towards a shrine - in fact it is better not to have holy objects in a bedroom.
- Again, do not use mirrors, plants and water in the bedroom to correct Feng Shui problems. Mirrors create unbalanced energy, plants are too Yang and water is simply unacceptable. A dragon picture is too Yang.
- Use screens, drapes and furniture to solve problems with poison arrows. Put built in cupboards to close off irregular shapes in the room.



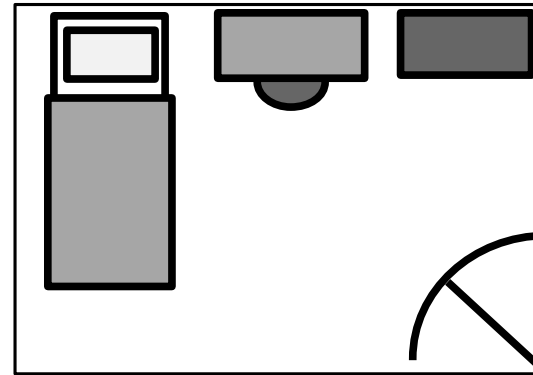
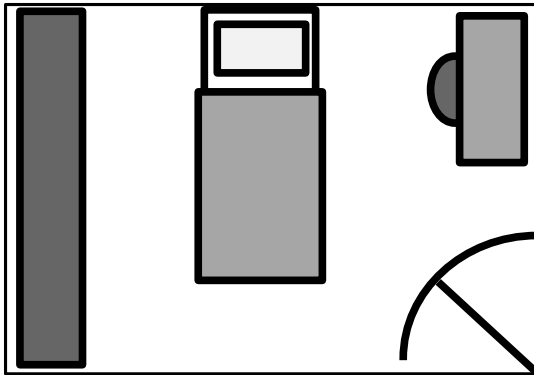
Children's bedrooms

- Should be more Yang than Yin. This is because they are growing and should be full of energy. So television, stereo and bright colours are all good.
- This does not mean that there should be total absence of Yin energy. Arrange the lights so that there is some Yin around the bed, or Yin colours for bedding.
- Avoid pictures of aggressive animals or symbols of war. Keep war toys stored away.
- The bed should always be in the Compass School growth direction for children.
- Desks should face the growth/development direction.
- Avoid having a window or door behind the chair.
- Avoid poison arrows, especially beams, corners of cupboards, exposed shelves, hooks and nails.
- Do not have a tree growing too close to the bedroom window.



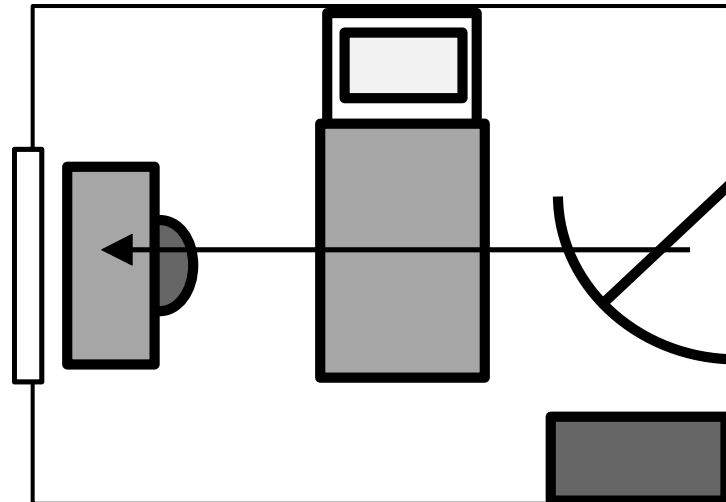
Children's bedrooms

- Good arrangement of furniture.





- Bad arrangement of furniture





Children's bedrooms

- Use a compass to find the Northeast of the room.
- Hang a crystal pendant to catch the light in the NE.
- Put a lamp with a glass shade (Tiffany lamp) in the NE.
- Put metal trophies in the West or Northwest.
- Put wooden objects in the East and Southeast for health and wealth.
- Put a picture of a turtle or tortoise in the North (no water in the bedroom)



Living room

- It is good if the front door opens into the living area or through a lobby (bright hall) into the living area.
- Balance the Yin and Yang
- If the room is split level, have the living room lower than the dining room and bedrooms.
- Mirrors are OK but should not reflect the front door, staircase or toilet.
- Put enhancing features in the living room.
- Plants and flowers in the SE, E and S.
- Ceramics in the SW, NE, centre, W and NW.
- Metal in the N, W and NW
- Picture of mountain or water in the North.
- Aquarium in the SE with eight gold fish and one black fish.
- Disarm poison arrows.
- A rounded arch is good between the lobby and the living area - it helps to direct the Chi.



Dining room

- Ideally the dining room should be in the centre of the house.
- Each family member should face a good direction at the dining table.
- The table should have the shape of the element of the sector where the dining room is located. Centre/SW/NE - square (rounded edges, marble), E/SE/S - rectangular (rounded edges, wood), W/NW/N – round, metal or white.
- A glass top is not so good. An oval shaped table is good.
- Not in view of the main door - put a screen in between.
- The dining area should be separate from the kitchen. Use a screen if necessary.
- A large mirror next to the dining table is very good - it symbolically multiplies the food.
- The area should be Yang, not Yin - so well lit, bright colours, stereo, T.V.
- Not under a toilet or near a toilet.
- Painting of fruit and other food.



Kitchen

- Kitchens should be Yang.
- Kitchen should be in the inner half of the house
- Fire and water should not be in conflict - so keep the stove, sink and refrigerator all separate.
- Never put fire at heaven's gate, that is, in the NW of the house or in the NW of the kitchen. This makes success difficult for the man of the house. There is a risk of the house catching fire.
- Close off shelves with cupboard doors.



Toilets

- Everyone thinks that it is very luxurious to have a large bathroom/toilet but it creates major Feng Shui problems.

If the toilet is located in:the effect is
NORTH	Bad luck in your career. Promotions hard to come by and there are few opportunities.
SOUTH	Bad reputation. Respect is hard to come by.
EAST	Health suffers. Problems could be severe.
WEST	Bad luck for the children of the household.
CENTRE	There is discord and bad luck in the family.
NORTHEAST	Educational pursuits have little luck.
SOUTHEAST	There could be extreme bad luck in money matters. Income suffers.
NORTHWEST	Mentor luck will be totally lacking. Do not expect help from your superiors.
SOUTHWEST	Marriage luck suffers and singles have a hard time finding love and romance.



Toilets - Cures

- Keep the toilet room as small as possible.
- Keep the lids down.
- Keep the door closed and covered with a curtain if practical.
- Build a low wall to separate the toilet from the rest of the bathroom.
- In the SW/Centre/NE use boulders to symbolically press down on the bad luck.
- In the W/NW/N hang a large metal six rod wind chime.
- There is no real cure for other areas. If possible do not use toilets in the E/SE.
- Do not have pictures of children or symbols of success in the toilet.



Store rooms

- Yin energy collects in such rooms.
- Air them, tidy them, visit them regularly - generally get out the stale air.
- If they contain mops and brooms keep them closed at all times.

Garages

- Here, the energy is more Yang.
- Basement garages are better than the ground floor under a building. Such buildings lack a foundation.
- It is better if the garage is separate from the main house.
- Garages are considered empty rooms - so rooms above lack support.



Apartments

- Apartment blocks should have solid ground underneath - not a car park on the ground floor. Basement car parks are OK.
- No water on the roof - as previously mentioned, a swimming pool on the roof is dangerous.
- Avoid apartment blocks with missing corners - however, most have them.
- Beware of poison arrows hitting the main door of the apartment block.
- If the front door of your apartment faces the same direction as the main door it is good from a Flying Star Feng Shui point of view (if the main door is auspicious then it pervades the apartments with the front door in the same direction). Big Chi and small Chi.
- The same principles apply for an apartment front door as that of a house.
- Check the Feng Shui for the lobby, stairs, corridors and so on. The same principles apply.



Office

- The front door of the office building, the door to the suite of offices and the door to your personal office should ideally all face your good personal directions.
- Your desk should face one of your good directions.
- Make sure you have support behind - not a window or a door. Put a picture of a mountain.
- Watch out for poison arrows.
- Have desks with rounded edges.
- Do not have exposed shelves next to your desk. Put doors on them.
- Beware of pillars and beams.
- Workstations should not be in straight line otherwise a centipede is created and squabbling results. Hang a picture of a Rooster.
- Use all the other Feng Shui enhancers already explained - put plants in the SE for wealth and so on.



Compass directions and their attributes

- These apply to the land as a whole.
- To the whole house
- To the living room
- To each bedroom
- To your office

SE Eldest daughter Wealth	S Middle daughter Reputation	SW Matriarch Relationships
E Eldest son Health	Centre Luck of the whole family	W Youngest daughter Children
NE Youngest son Knowledge	N Middle son Career	NW Patriarch Mentors



To enhance these areas:

SE Small wood and water	S Fire and wood	SW Big earth and Fire
E Big wood and water	Centre Earth and fire	W Small metal and earth
NE Small earth and fire	N Water and metal	NW Big metal and earth



Avoid:

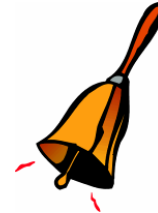
SE Metal and fire	S Water and earth	SW Wood and metal
E Metal and fire	Centre Wood and metal	W Fire and water
NE Wood and metal	N Earth and wood	NW Fire and water

Remember - no water or plants in the bedroom



Feng Shui Tools

- Metal bells and wind chimes - To enhance the W/NW/N. They should have five or six hollow metal tubes.
- Plants and wood - To enhance the SE/E/S sectors. Silk fake flowers are OK.
- Crystals/ceramics/boulders - SW/Centre/NE/W/NW. Boulders are used for controlling negative influences such as toilets.
- Lights/candles - S/SW/Centre/NE.
- Fish tanks and fountains - N/SE/E.
- Compass - Use a good quality compass with a strongly magnetic needle. A small compass is good for a quick check.
- Lo Pan is not necessary - only for advanced practitioners and consultants. It is hard to find a genuine one.





Jampa Ludrup' s Essentials of Form School Feng Shui Course





Colours

- It is good if you can use the auspicious colours in each sector. It does not mean that the whole area should be in that colour, but you can have a feature that uses it, it is good.

Sector	Dominant colours	Secondary colours	Negative colours
North	Black/blue	White/metallic	Yellow/beige
North East	Yellow/beige	Red/orange	Green/brown
East	Green	Black/blue	White/metallic
South East	Light green	Light blue	White/metallic
South	Red/orange	Yellow/green	Black/blue
South West	Yellow/beige	Red/orange	Green
West	White/grey	Yellow/ochre	Red/orange
North West	White/metallic	Yellow/ochre	Red/orange




The top ten tips

- Mountain behind/water in front.
- Keep a Turtle in the north.
- Protect your front door from poison arrows.
- Do not have the kitchen in the Northwest.
- Use cures on those troublesome toilets.
- Keep plants in the Southeast and East for wealth and health.
- Use the water tips to attract wealth and use your good fortune to help others.
- Make the Chi wander.
- Avoid houses and apartments with missing corners
- Avoid negative staircases, especially spiral ones.



Jampa Ludrup' s Essential Compass School Feng Shui Course

- Understand the basis of Compass School Feng Shui.
 - Use the formula to determine your good and bad directions.
 - Learn how to use Compass School techniques for success with Wealth, Health, Reputation, Mentors, Children, Romance, Career and Knowledge.
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- Understand the importance of Flying Star Feng Shui and identify the locations of three major negative time influences.