

# **Teach Your Child Chess in Ten Easy Lessons**

**It's the fun, fast and easy system of  
teaching your child to play the game of  
chess.**

**For ages 3 and up**

**By National Master**

**Stephen Colding  
Activity Book**

**Dedication:**

*To my mother Rosemary O'Neil Colding who always believed in me even when I didn't believe in myself. I miss ya, Ma.*

## To parents and educators:

Congratulations you have made a wise investment in your child's future.

This book is for you and your child to experience quality time together and at the same time teaching your child a skill which will serve them all their lives.

Chess teaches many things how to think ahead, delayed gratification, problem solving, etc.

You should consider this workbook an experience and adventure. You can use it if you know how to play or not. In addition it improves and practices other skills which young children will need whether they're preparing for school or have already begun.

This is the same program which I and my staff have used to teach ten of thousands of youngsters.

There are a couple of things you need to know right away:

- 1) The program works best when you approach it from the viewpoint of doing an activity together. Do not make it work for the child or something they have to do as that will take all the fun out of it.
- 2) There are rewards in the form of tokens which give 1000 points each. Use these liberally. Children are satisfied with any little positive reinforcement that you can give them. Compliment them often and you will build their confidence and a bond between you which will be priceless.
- 3) Have fun. This is time you have together and these activities have more value than just learning chess.
- 4) Track their progress but never ever be disappointed if they do not master a skill. Some skills are a matter of maturity and not intelligence. If a child doesn't get something don't stress out just come back to it later. Chances are that they will get it if we give them enough time.
- 5) Don't over reward them. Let the child enjoy the sense of accomplishment from fulfilling challenging tasks. They will remember how much fun it is to rise to a challenge and apply this in their life.

Our children are our most precious resource and chess will train their minds. Chess is said to be the gymnasium of the mind. It teaches good thinking habits and reinforces introspection and deep thought. In this crazy erratic world we need deep thinkers.

Thank you so much for your purchase and if you have suggestions about what we do wrong or right please visit [Chessforchildren.com](http://Chessforchildren.com) and leave your valuable input.

Sincerely, Steve Colding- Chess for Children – We make children smarter!





### Affirmation

When we learn chess

and then we play

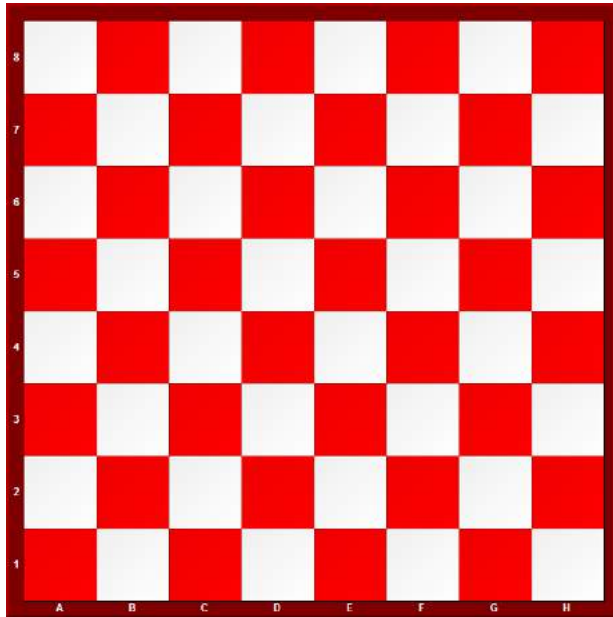
we get smarter every day.



Say this with your child/children before each class to get them in the mood to learn.

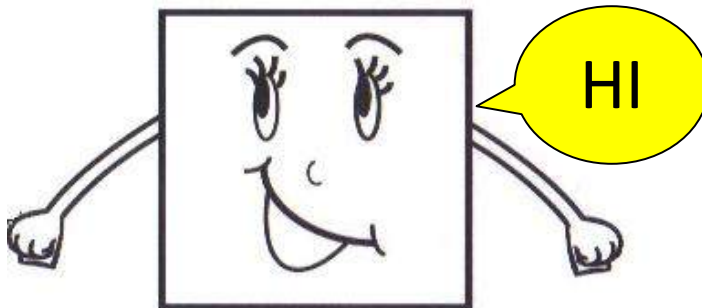
## Chapter 1-The Chess-Board

This is a chess-board.



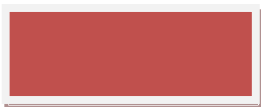
A square is just a little box that is colored light or dark.

The chessboard is made up of shapes we call squares.

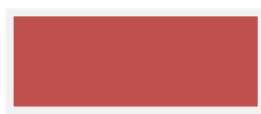


**Challenge #1- 1000 pts**

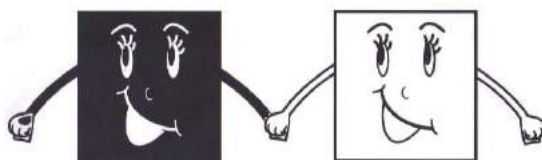
Can you name these shapes?

**Challenge #2- 1000 pts**

Pick out the squares:



The squares are colored light or dark so we can tell them apart.

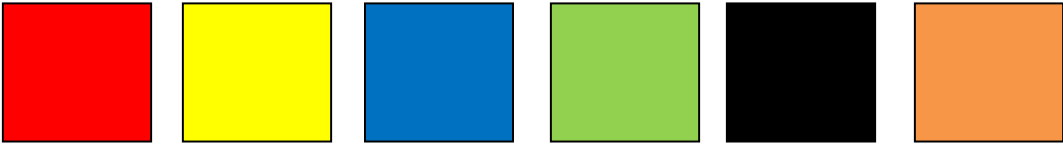


The chessboard squares can be any two colors you choose.

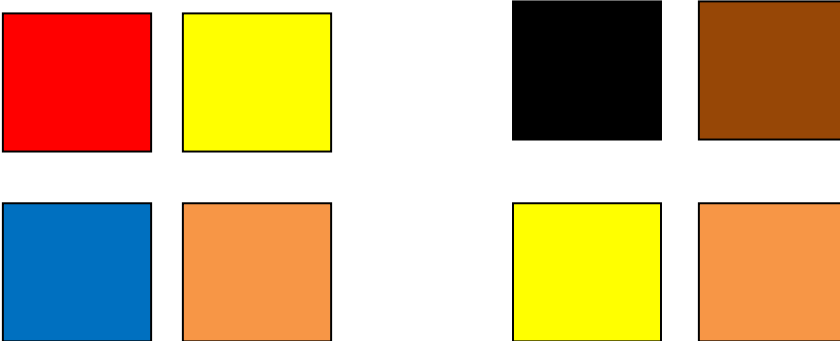


**Challenge #3- 1000 pts**

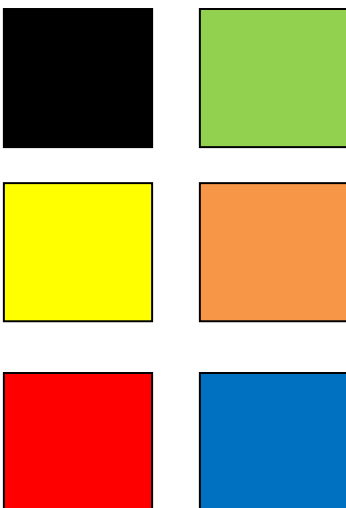
What is the color of these squares?

**Challenge #4- 1000 pts**

Which square is lighter than the other?

**Challenge #5- 1000 pts**

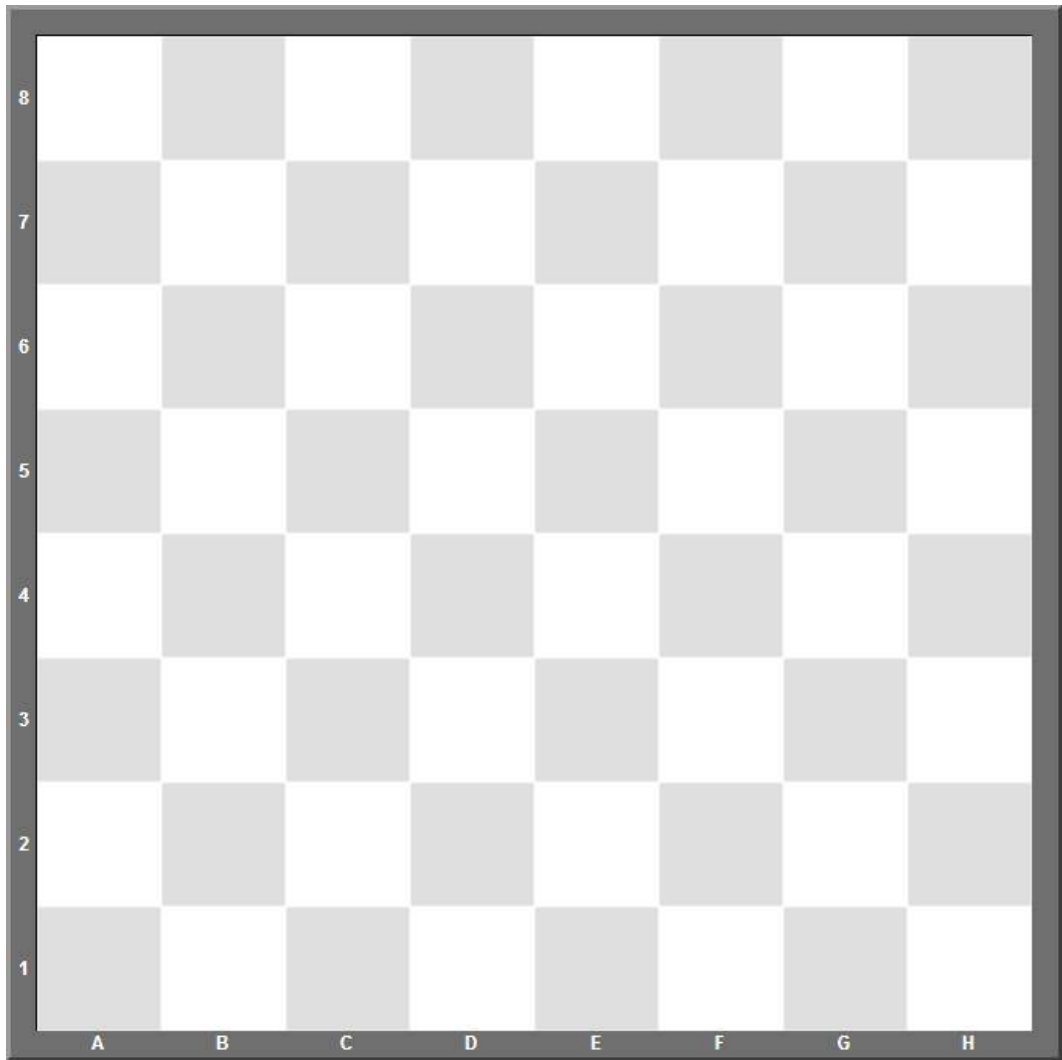
Which square is darker than the other?



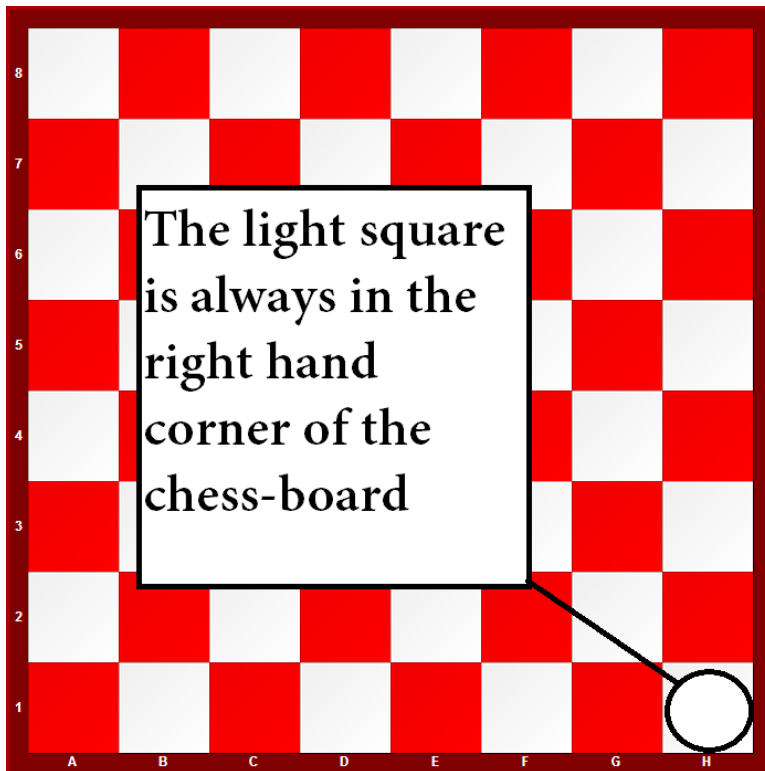
**Challenge #6 1000pts**

Color your own chessboard:

Take two crayons and color your own chess-board.

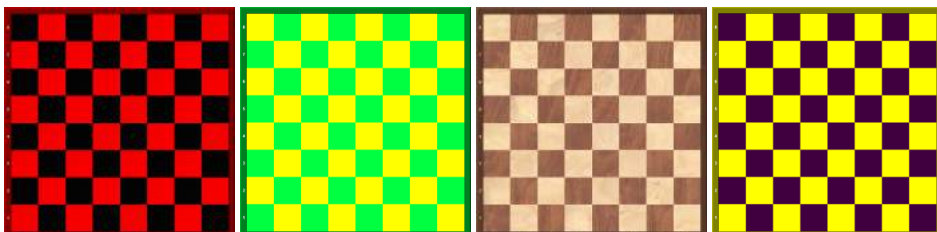


When a Chess-board is in sight, the light square's always on the right.



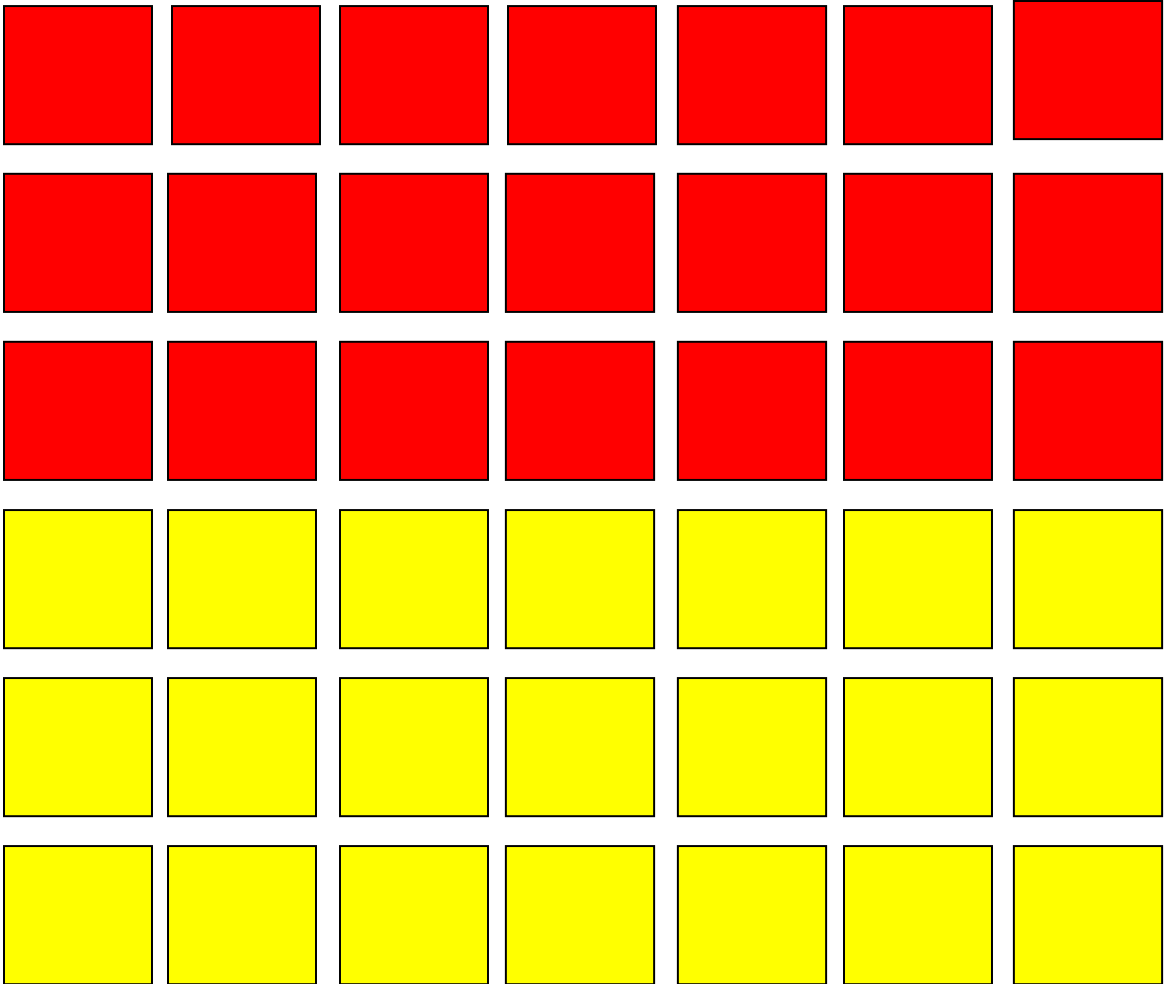
### Challenge #7:1000pts

Pick the chessboards that are set up correctly (light square on the right).

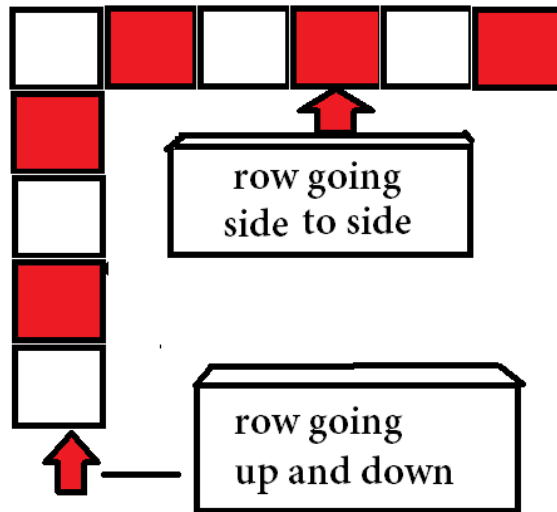


### Challenge #8-1000pts

Cut out the squares below:



A line is just a row of squares, a road that lead us here to there

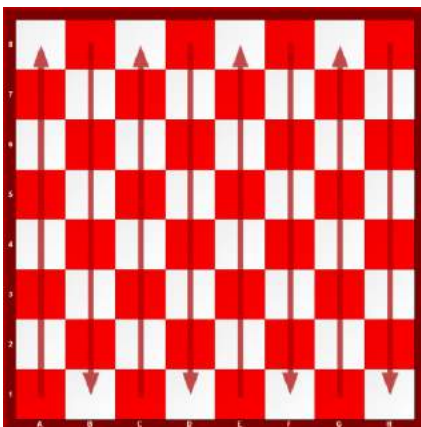


All rows are called lines.

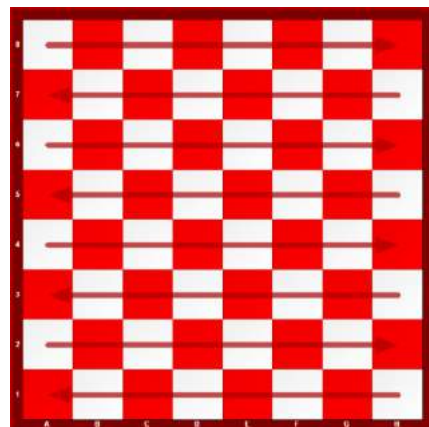
The lines on a chessboard are roads to travel across the board.

On the Chess-board you will find straight and diagonal lines.

### Straight Lines



The diagram above shows lines that go up and down.



The diagram above shows lines that go from side to side.

**Challenge #9: 1000pts.**

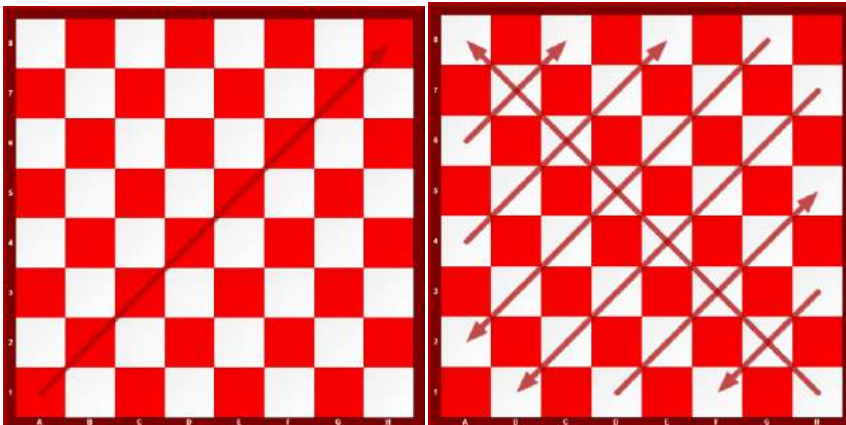
Use the squares you cut out to make row of squares going right to left on your chessboard.

**Challenge #10: 1000 pts.**

Use the squares you cut out to make a row of squares going up and down on your chessboard.

**Diagonal Lines**

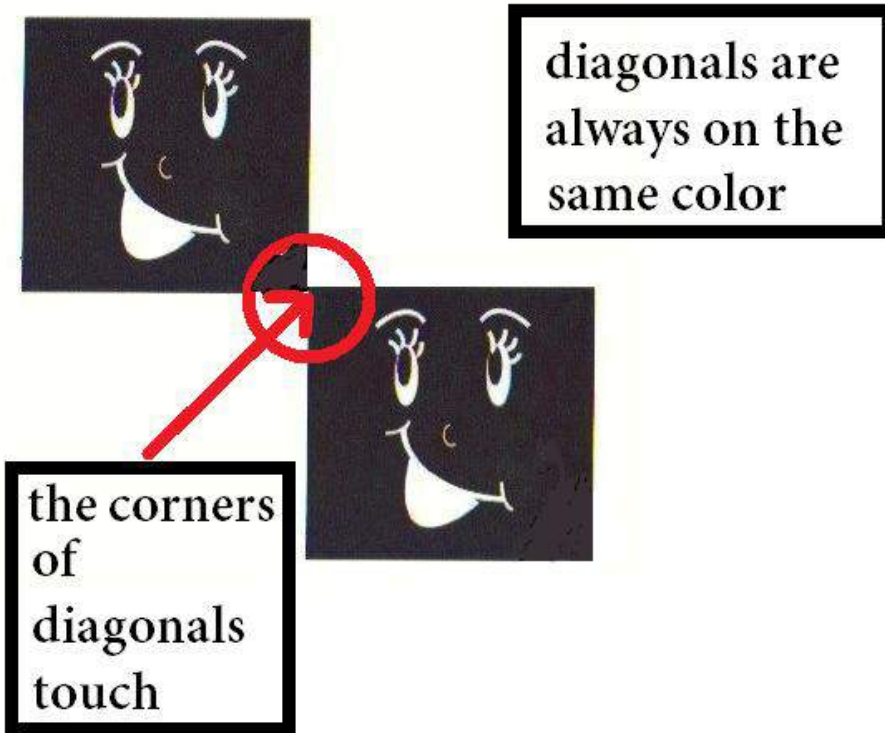
A diagonal is a slanted line that rides one color at a time.



The above diagram shows  
1 diagonal

The above diagram shows  
many diagonals

Color to color, tip to tip, that is how diagonals sit.



To make sure something is along a diagonal:

- 1) Make sure that the color of the squares are the same
- 2) Make sure the tips of those squares are touching. (see diagram)

**Challenge #11: 1000 pts.**

Use the squares you cut out to make several diagonal lines on your chessboard.

**Chess Jeopardy Challenge #12 2000 pts.**

Every Question must be answered correctly.

- 1) A square is just a little \_\_\_\_\_ that is colored \_\_\_\_\_ or \_\_\_\_\_.
- 2) A line is just a row of \_\_\_\_\_.
- 3) On the chessboard you will find \_\_\_\_\_ and \_\_\_\_\_ lines
- 4) A \_\_\_\_\_ is a slanty line that rides one color at a time.
- 5) Color to color, tip to tip, that is how \_\_\_\_\_ sit.
- 6) Straight lines go in what directions?
- 7) When a chessboard is in sight the light squares always on the \_\_\_\_\_.



**Challenge #13: 10,000 pts.**

**Warning!!!!** (Parents this set may be a choking hazard so use your own discretion about helping your child make this set. Never ever leave a young child alone with this set.)

Make your own chess set.

Things you will need:



- 1) 32 pennies
- 2) Glue
- 3) Safety scissors
- 4) Pages below
- 5) Sandwich baggie

Instructions:



Take the pages below and copy them or cut them out of the book.

Cut out all the chess pieces.





Take 8 of these  and 8 of these  and paste them onto the pennies picture side up.





Take 2 of these  and 2 of these  and paste them on to the pennies picture side up.





Take 2 of these  and 2 of these  and paste them onto the pennies picture side up.





Take 2 of these  and 2 of these  and paste them onto the pennies picture side up.



Take 1 of these  and 1 of these  and paste them onto the pennies picture side up.



Take 1 of these  and 1 of these  and paste them onto the pennies picture side up.



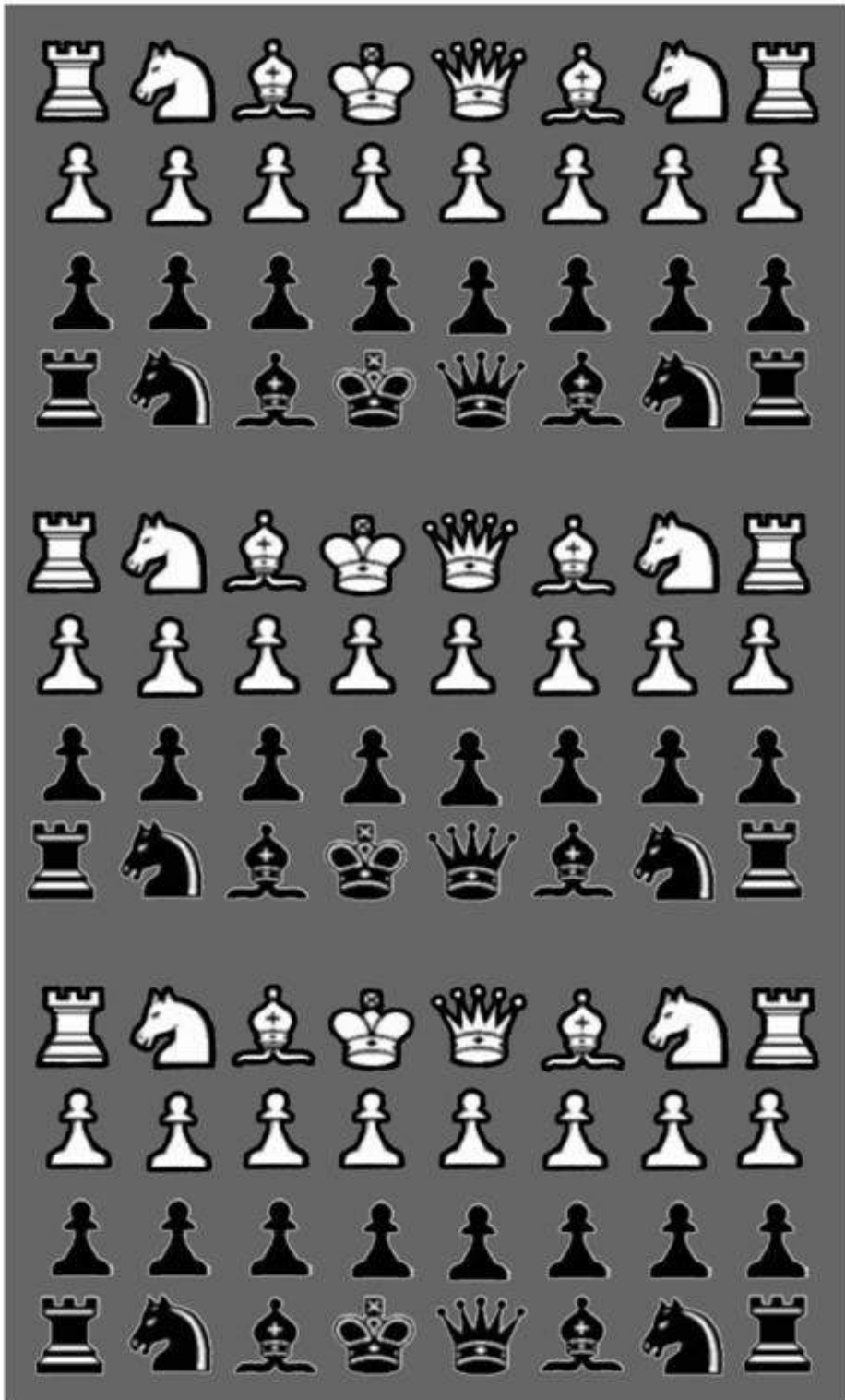
Wait for the paste to dry.

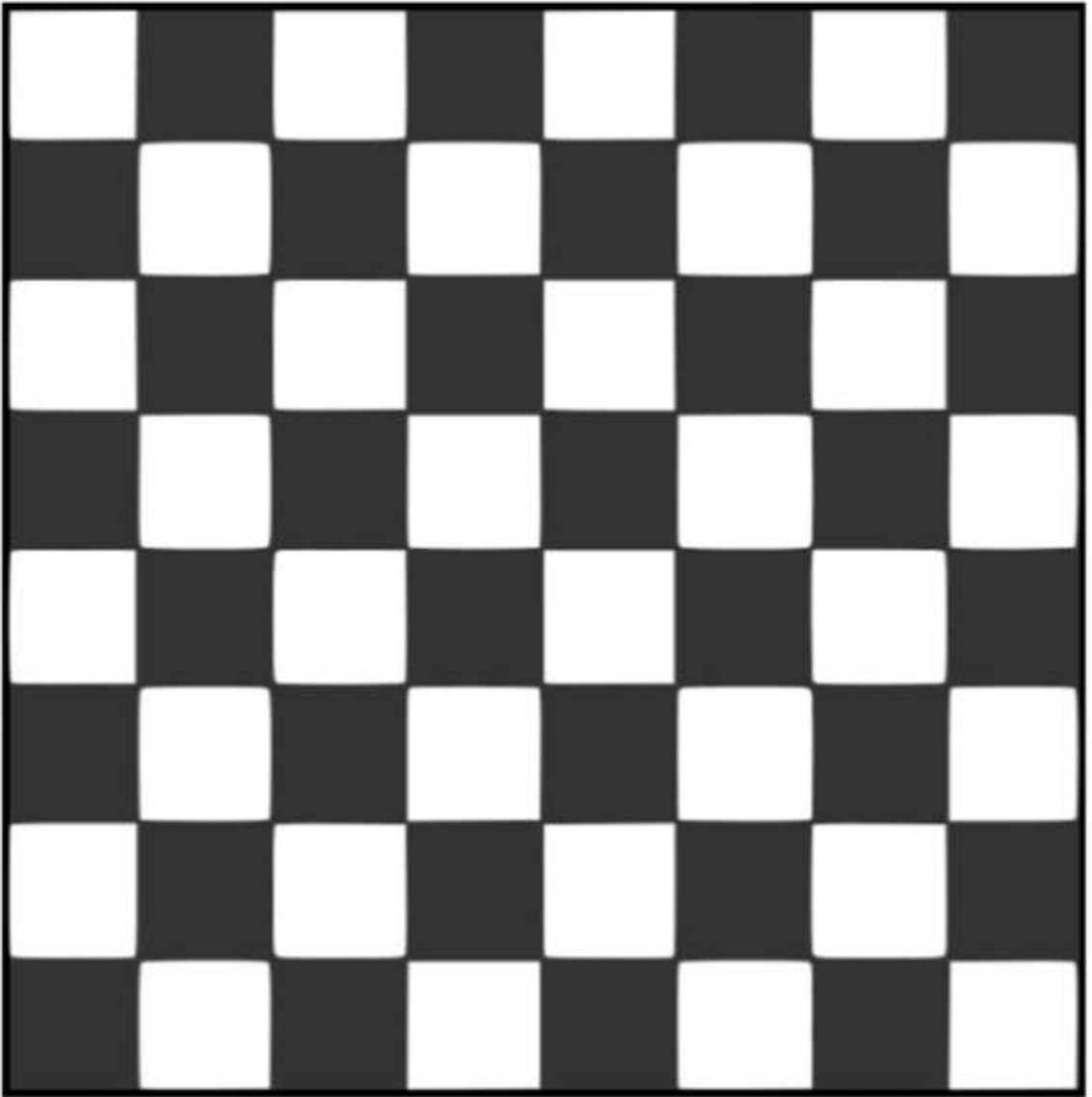
Print out or cut out the chessboard.

Place the chesspieces in a plastic baggie.

Put away until parents are around.

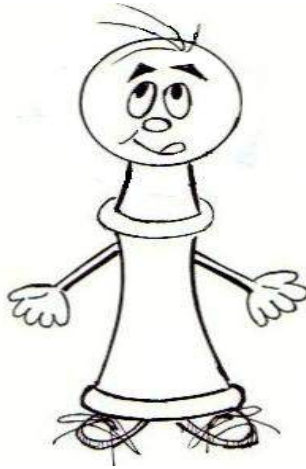
Now you have a chess set of your very own!



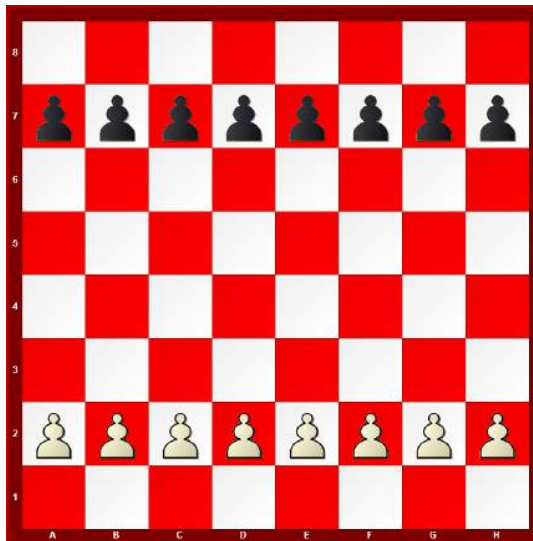


## Chapter 2-The Pawn

The Pawn is smallest that is true but he is kind and brave and true.



The White Pawns go on the 2<sup>nd</sup> row and the 7<sup>th</sup> is where the Black Pawns go.



### Challenge 15- 1000pts

Take out you chess set and set up all the Pawns in the correct places.

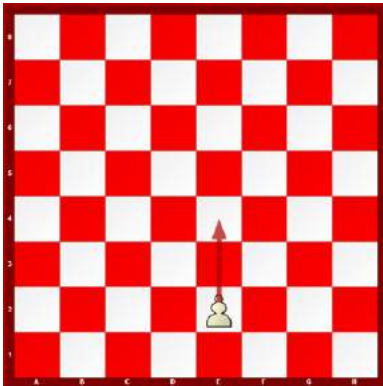
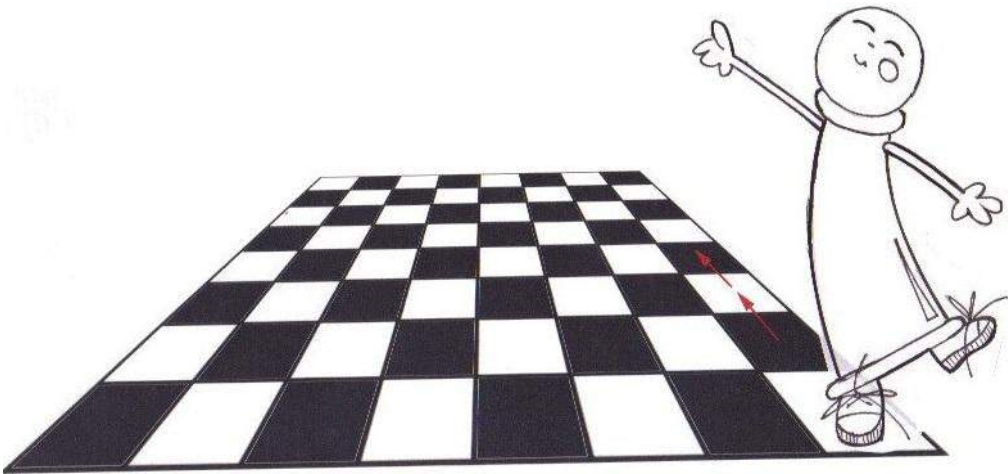
You have 8 Pawns to start the game and your opponent has the same.



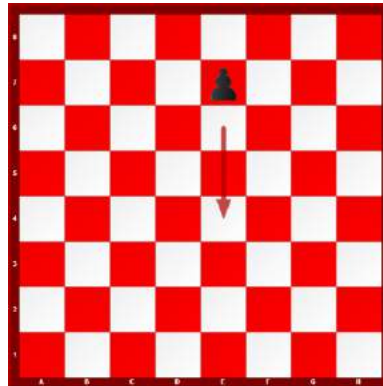
**Challenge #16: 1000 pts.**

Count the White Pawns and the Black Pawns.

The Pawn can move in just 1 way forward is the way they play.



The arrow shows how the  
White Pawn can move  
forward

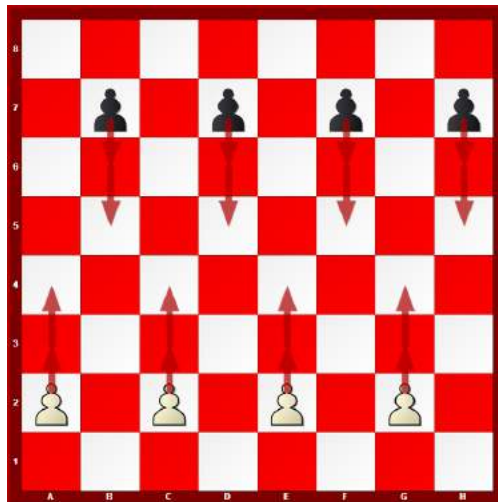
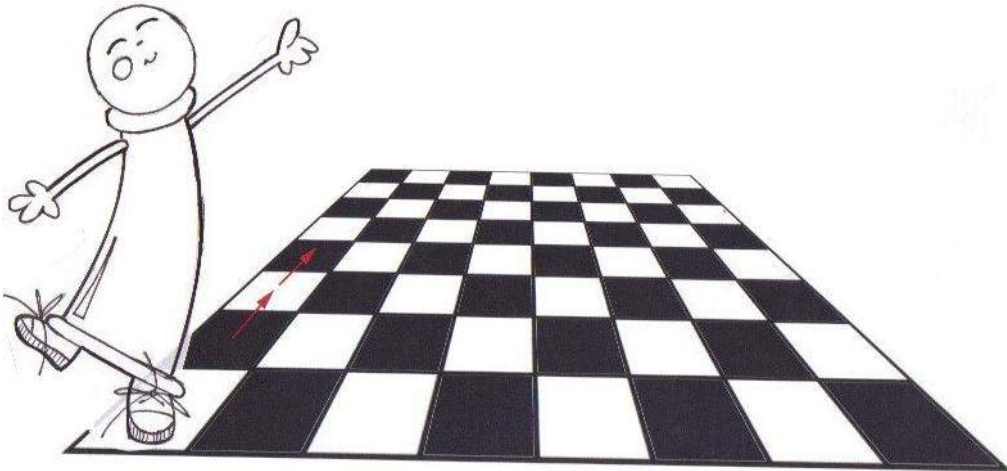


The arrow shows how the  
Black Pawn can move  
forward

### Challenge 17- 1000pts

Move all the White and Black Pawns forward.

A Pawn can move 1 square or 2, that is what a Pawn can do.



A Pawn can move 1 square or 2 squares

### Challenge 18- 1000pts

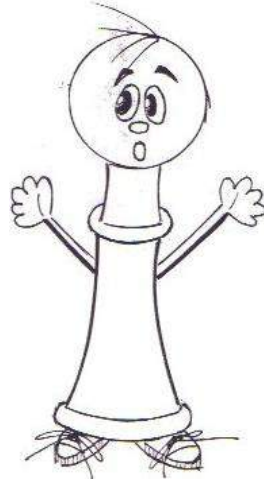
Move all of the White and Black pawns 1 square. Move all of the White and Black pawns 2 squares



If a Pawn has moved before it can't move 2 squares anymore.

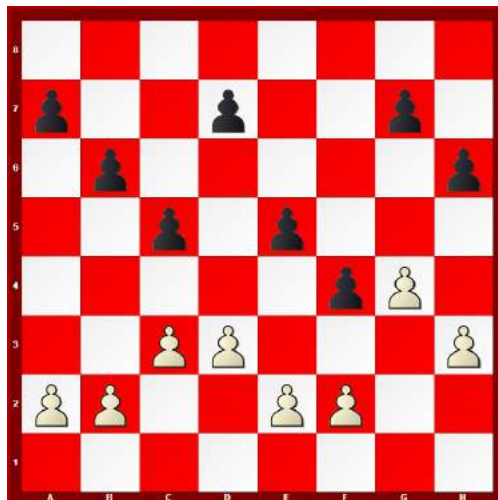
A Pawn can on move forward 2 squares only if it on it is starting square.

White Pawns can move 2 squares only if they are on row 2. Black pawns can move 2 squares only if they are on row 7.



Only the circled Pawns can move 2 squares.

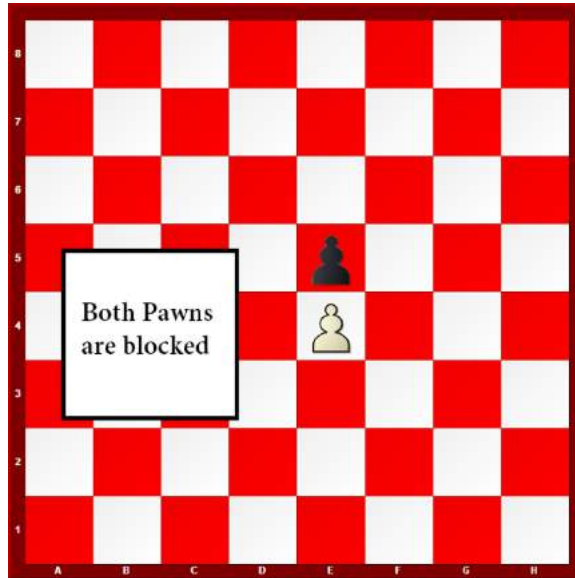
### Challenge 18: 1000 pts



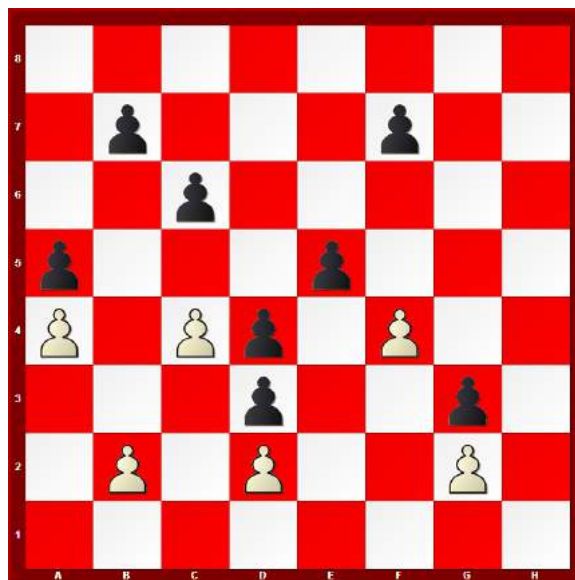
Circle only the Pawns that can move 2 squares.

If something on the next square stopped, then you know your Pawn is blocked.

Pawns cannot move if something is directly in their forward path.

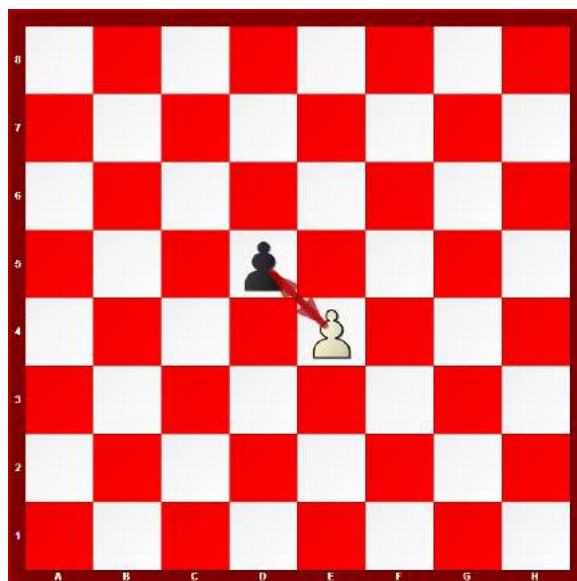
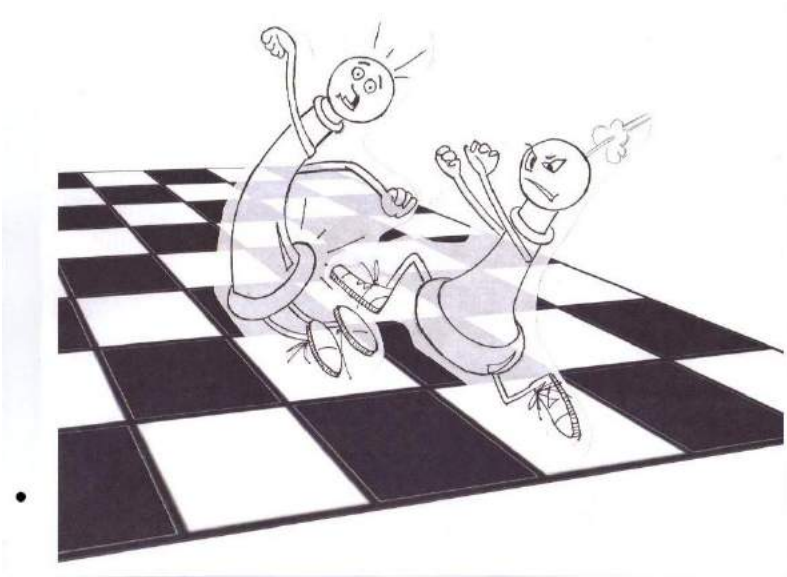


### Challenge 19-1000pts



Circle only the blocked Pawns.

If you look then you will see that Pawns take things diagonally.

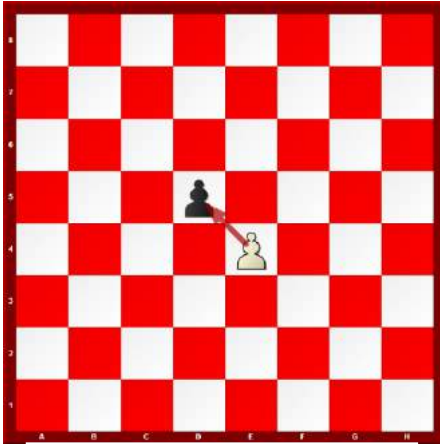


Pawns take things diagonally

Each Pawn can take the other if it is their move.

A Pawn cannot jump a man; it takes a piece right where it stands.

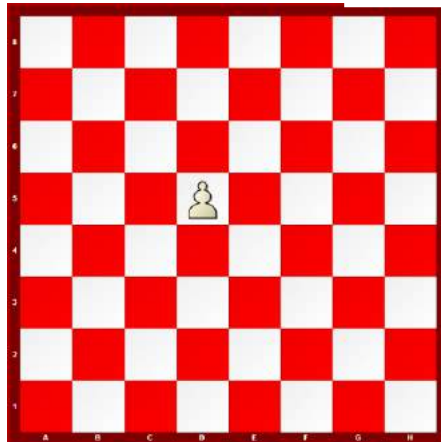
### How to take a Pawn



1) The White Pawn attacks Black's Pawn

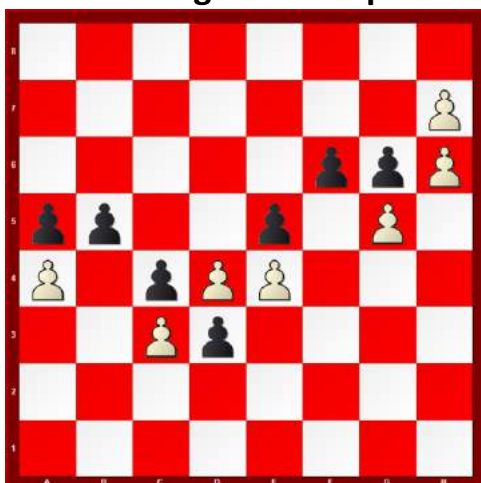


2) The White Pawn goes on the same square as the attacked Black Pawn



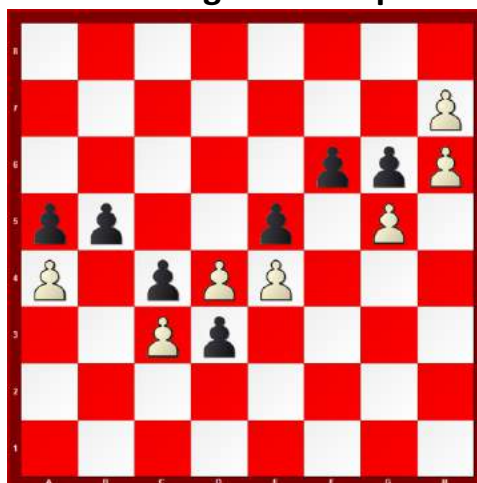
3) White replaces Black's pawn and the Black pawn goes off the board.

### Challenge 20-1000pts



Circle the Black Pawns that White can take

### Challenge 21-1000pt



Circle the White Pawns that Black can take

**Challenge 22-5000pts****Let's Play a Game – The Pawn Game**

- 1) Set up the Pawns on both sides of the board
- 2) Choose who has White and who has Black.
- 3) Play until someone has all the Pawns or 1 Pawn gets to the other side of the board.
- 4) Switch colors
- 5) Play again.
- 6) Have Fun!

**Challenge 23-3000pts****Chess Jeopardy- Answer all the Questions Correctly**

- 1) A Pawn can move in just one way \_\_\_\_\_ is the way they play.
- 2) A Pawn can move \_\_\_\_ square or \_\_\_\_\_ that is what a Pawn can do.
- 3) If a Pawn has moved before it can move \_\_\_\_\_ anymore
- 4) If something on the next square stopped then you know you Pawn is \_\_\_\_\_.
- 5) If you look than you will see that Pawns take things \_\_\_\_\_.

**I hope you and your child enjoyed these activities geared towards teaching your child how to play the wonderful game of chess.**

**If you want to see the rest of the book it can be purchased from Amazon.com or from our website:**

**[www.chessforchildren.com](http://www.chessforchildren.com)**