Remembering with Gratitude

Overflow Church - Sunday, November 1, 2026

"For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, 'This is my body, which is for you; do this in remembrance of me.'" — 1 Corinthians 11:23-24

1. Give Thanks in Every Season

- In the shadow of the cross, Jesus gave thanks**.**
- If Jesus could find a reason to praise God on the night He was betrayed, we can always find a reason to praise Him, no matter our current circumstances.

2. Remember What Jesus Has Given Us

Praise the Lord, my soul; all my inmost being, praise his holy name. ² Praise the Lord, my soul, and forget not all his benefits— ³ who forgives all your sins and heals all your diseases, ⁴ who redeems your life from the pit and crowns you with love and compassion, ⁵ who satisfies your desires with good things so that your youth is renewed like the eagle's. ***Psalms 103:1-5 NIV***

- We must remind ourselves to praise God even in challenging circumstances.
    - We remember what is Important to us.
- There are always more benefits to serving God. We must pause and remind ourselves.
- True thankfulness is a byproduct of remembering what Jesus paid to rescue us.
- Our forgiveness is freely given to us, but it was costly to Him. Communion calls us to pause, remember that cost, and say, **"Thank You, Jesus."**

  *Don't let receiving the blessing replace remembering the sacrifice.

3. Carry Gratitude Beyond the Table

- Because His body was broken, we are made whole; because His blood was shed, we are restored.
- Let thanksgiving be more than a day on our calendar—let gratitude become the posture of our hearts.