

REFERRAL GUIDE FOR CONCIERGE PHYSICIANS

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Harvard-Trained Clinical Psychologist & Attorney

Specialized Teletherapy for
**Executives, Professionals &
High-Net-Worth Individuals**

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WHY REFER TO MY PRACTICE?

Many of your concierge patients face profound stressors—executive burnout, relationship conflict, life transitions, or high-conflict divorce—that impact performance, well-being, and family dynamics. As a dual-credentialed psychologist and attorney with 30+ years on Harvard Medical School's Psychiatry faculty and 25 years as a Family Court Psychologist, Dr. Rosen offers targeted, results-oriented support that complements your holistic care.

CLINICAL BENEFITS

- ▶ **Broad Access:** PSYPACT-authorized telehealth across 43 jurisdictions — no geographic barriers for traveling executives or multi-state families.
- ▶ **Executive Focus:** C-suite challenges, relationship discord, infidelity, separation/divorce, and custody/co-parenting in high-asset cases.
- ▶ **Evidence-Based:** CBT, IFS (trained with founder Richard Schwartz), Gottman Method, and Relational Life Therapy for rapid insight and actionable change.
- ▶ **Discreet & Efficient:** HIPAA-secure telehealth; most patients seen within 1 week; 24-hour referral response; collaborative updates with patient consent.
- ▶ **Law/Psychology Lens Where Needed:** Unique advantage for divorce-related issues: helps patients manage court processes and co-parenting without compromising therapy.

COMMON REFERRAL SCENARIOS

- ▶ Executive burnout, professional stress, or performance anxiety, motivation issues
- ▶ Marital/relationship conflict, infidelity, or life transitions
- ▶ Depression, anxiety, or mood issues amid high stakes demands
- ▶ High-conflict divorce, custody disputes, or co-parenting challenges
- ▶ Self-criticism, self-sabotage, or internal conflicts affecting success

FEES & LOGISTICS

Out-of-network; superbills provided upon request.

- ▶ Individual / Couples Sessions (45–60 min): \$300–\$400
- ▶ Divorce Consulting / Strategy / Support: \$300–\$400
- ▶ Sliding scale available case-by-case

HOW TO REFER

1. Contact Dr. Rosen at (617) 921-0332 or via adamrosenphd.com/referrals.
2. Expect a response within 24 hours and scheduling assistance for your patient.
3. Free 15-minute referrer consultation available to discuss fit or collaborative care. Call to discuss.

Patients often report reduced distress and improved functioning within 8–12 sessions — empowering them to thrive personally and professionally while you maintain oversight of their overall health.

Thank you for trusting me with your patients' mental health needs.