

The Consciousness of Christ is Linked to Health

Transcript – Emerson Ferrell

I'm so happy you've taken the time to be with us. So we want to really enter into what the Lord is doing, because every season He's releasing His glory in a fresh way. And I think our understanding has increased to the level where we can be sensitive to what He's doing. And it becomes less of cliches, less of religious language, and more of an experience each time we come together as His corporate body. So that excites me, and that gives me great expectation for what's about to unfold.

And, you know, you might have heard me speak a lot about “being conscious”. And I think that consciousness of what He has done, who He is, (all of those things) give us a new perspective of our position on this planet, the circumstances that we are going through, because there's not anything, and hear this, there's not anything that you can go through that He hasn't made a way for. You understand? **What He did in His resurrection, provided our absolute victory over this life.** So, whatever condition you're in today, whatever circumstances you're facing, whatever situations may be coming in the future, He's already made a way for you to be victorious. And it's only when you come into that place of rest, when you understand what He's done, can you live in that peace and in that rest and in that knowledge of that.

Because this is what separates us from the people that don't know Him. It's not theology. It's not the name of your church, it's not the name of your doctrines. It's your actual understanding of what He's done. If that doesn't give you the peace and the security and the understanding and victory over every situation, then you need to really get alone and recognize who He is and what He's done.

No one can do that for you. We can give you tools, we can pray for you. We can do all those things. But in the end, it's your relationship with your Creator. That's the only thing that works.

And today I want to share with you what the Lord has put on my heart about divine health, because the older we get, the more we're going to have to face this subject and these circumstances that all of us will go through because of our age and because of the physical bodies that we're walking around in. So these tabernacles, these temples of the Holy Spirit, must be maintained with the spiritual understanding of what Christ has done. And part of that understanding comes from understanding our spiritual nature. I can remember when I was a child, it was just accepted that if you didn't feel good, you went to the doctor. I can remember at six years old, my mother, taking me to this doctor who took my temperature, asked me why I didn't feel good, what was wrong, what were the symptoms, and those kinds of things. And immediately before anything was out of my mouth, he already had his syringe out with the medication that he was going to inject in me. Usually it was penicillin back in those days, and it was very painful. I don't know what it did, but over the next couple of days, the symptoms started to leave. So we just assumed, “okay, this guy is the person you go to see when you have any kind of pain.” At a young age, we learned to draw that parallel between pain and a doctor. The doctor is the one you go to to get rid of your pain.

So all of this at an early age, became just indoctrinated inside of us as children. And it's passed on to every generation. I've seen it. And the problem is, those kinds of medications, those kinds of antibiotics, don't do anything to give you health. They remove the symptoms, but over time, they start to create an

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imbalance inside of your body. They start to disrupt the natural flow that God had set up for every human being to live in perfect health. And we've come to understand that some of the pains and discomforts we're feeling is part of the body detoxing itself. So when you add chemistry to a natural process that God has already put inside of us to clean us, then it really starts to contaminate and corrupt the natural cell development inside of our bodies. We start to have disruptive connections between the organs in our body and those chemicals that are inside of our body start to break down other organs.

So, it's very important for us to take a step back when we're feeling any kind of discomfort. And don't automatically connect your discomfort with something that is wrong and needs to be fixed by someone else. See, that's where our trust has to really come under scrutiny. Do we trust God with everything of who we are, of what we are created to be? And if we do, then we can trust Him with our bodies. Now, He will give us "right" directions when it comes to what we put in our bodies.

And **I've seen over time that the wrong foods have created the wrong choices.** In fact, I wrote this book called, *Quantum Fasting*, that gives you a little bit of understanding and some tools on some of the things that you need to put in your body, some of the things you don't need to put in your body, because ***the connection with your thoughts and your blood are a dynamic interaction with choices you make.*** You see, your blood is your life flow, it is what keeps your body alive and when that blood is contaminated, then it affects all parts of your body. And not anything from the outside can fix that. That has to be fixed from the inside, because the blood didn't come from the outside, it came from Heaven. It's part of the spiritual DNA of who you are.

That's why it's so important, really important to understand the blood, and that's why Jesus had to shed His blood. So that's a different message altogether.

But it is something that you need to really dig into, and that's why *communion* is so important. That's why you eat His body and you drink His blood. And you do that symbolically. But spiritually, it plays the most important, dynamic role inside of your "being" that will absolutely change your physical condition. So, if you haven't read Ana's book, *Eat My Flesh, Drink My Blood*, I highly recommend it. It will give you a spiritual understanding as well as a practical understanding of why you take communion. And it's a very, very important process of changing your spiritual and your physical being.

So today, let's look at a few scriptures that talk about physicians, that talk about how Jesus interacted with that dynamic. So let's look in Matthew 9. Let's read this verse. We've probably all read it or heard it several times. It's **Matthew 9:12.**

When Jesus heard that, He said to them, "Those who are well have no need of a physician, but those who are sick."

So we know there were sick people in Jesus' time. And we know that the physicians of that time did not rely on the same kinds of chemistry and synthetic drugs and pharmaceuticals, and things of that nature.

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In fact, let's look at **Luke 4**.

And you remember Luke was a physician.

Luke 4:23

He said to them, "You will surely say this proverb. (This is Jesus speaking) 'Physician, heal yourself. Whatever we have heard done in Capernaum, do also here in your country.'"

So Jesus is talking about a "physical healing" here. He's talking about in Capernaum, where He did all of these miracles, where people's blind eyes were open, where demons were cast out of people. So Jesus is using a physical metaphor to talk about a spiritual condition, which is really interesting to understand because the physician is designed, I believe, to keep the physical body naturally functioning, not synthetically, not pharmaceutical wise, but natural. In other books, that are not in this bible, talks about how Luke used the bark of a willow tree and its leaves to take care of fevers and discomfort. And if you look at the pharmaceuticals of Bayer aspirin, it comes from the willow tree. It's the exact same chemistry that they synthetically reproduce in aspirins from the willow bark.

So the natural things in the earth, which was designed to take care of man's condition, have been used by the pharmaceutical companies to reproduce their synthetic drugs. So physicians during the time of Jesus, understood how things in nature operated to keep the physical body in a physical homeostasis or balance with nature. Because your physical body works in harmony with all of God's creation. You see, when you're in harmony with what God's created, you really don't have any enemies.

I know that sounds very strange, but there are lots of books and stories of people who had animals that rescued them, who had situations where they were not doing well and the animals in the forest took them to safety or kept them fed. There's all kinds of stories like that. So when your body is operating in harmony with nature, with God's creation. Everything in nature knows what's in harmony, what's breathing the air of God and the frequency and vibrations of Heaven. There's no threat, there's no confrontation, there's no enemies. That's the way God designed this planet to work in harmony with everything. So if you're out of balance, then your body is going to be out of balance. You're going to have fear. You're going to have all this anxiety. There's going to be all of this stuff that your body emits that "nature" knows is not in harmony and does not want to be infected by that mentality or that disease. So you are this antenna that's either producing life or it's a frequency of fear, doubt, unbelief, all of the things that oppose what God has created in nature.

Luke 8:40-45

So it was, when Jesus returned, that the multitude welcomed Him, for they were all waiting for Him. And behold, there came a man named Jairus, and he was a ruler of the synagogue. And he fell down at Jesus' feet and begged Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. But as He went, the multitudes thronged Him.

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Now a woman, having a flow of blood for twelve years, who had spent all her livelihood on physicians and could not be healed by any, came from behind and touched the border of His garment. And immediately her flow of blood stopped. And Jesus said, "Who touched Me?"

You see, Jesus is demonstrating that the real connection between your life and your health is in your blood flow. And physicians don't have the solution for anything that's wrong with your blood. That takes a Divine intervention. Listen to me.

And if you go down to the root, you dig down to the problems of physical ailments in people's bodies, you'll discover that it's connected with the blood in some way. And your blood has been dynamically and Divinely given to each human being by the Creator. The DNA in your blood, the way it's constructed, the cells, all of that comes from your Heavenly Father. And when you corrupt that blood through wrong thinking, through wrong eating, through anything that happens to interrupt that Divine connection between you and your Heavenly Father, it's going to produce an imbalance, it's going to produce symptoms. It's going to make you not feel right.

And we have become so sensitive to what *feels wrong* that we miss out on what feels right.

Did you hear me?

We have trained ourselves from an early age to be so sensitive to what doesn't feel right that we miss out nine tenths of our day on what feels right. So what the Lord is trying to get us to understand here today is that *if we start becoming conscious of all the goodness that He's doing, all the right things that He's protecting us from or keeping us surrounded with, we'll become less sensitive to what's not in balance and more sensitive to what He's doing to keep us close to Him.* And that begins with your blood. So when this lady touched the hem of the garment of Jesus, she was healed instantly. Why? Because she believed that this Man was carrying something that the physicians didn't have any understanding of, and that this Man came from God, that this Man was carrying something. She trusted Jesus.

So the minute we stop trusting what Jesus has done is a path that will lead us further and further away from our Divine destiny, from the balance that He's created us to live in, all of the things that come instantly when you touch the hem of His garment. And that, to me, is a metaphor for coming into the presence of God, coming into the presence of Christ, understanding what He's done for us. And that instantaneous healing may have to be worked out in your consciousness, in your body, but when He touches you, you're whole instantly.

But you see, because of all the images that we've created for illness and sickness and disease, we have to go through all of those pictures, all of those experiences, to deactivate them, to delete them from a computer imagery that we formed inside of us because of all the things that happened to us.

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We connect the dots to those experiences that say, *“Okay, that reminds me of, that connects me back to those days when I felt this, and it always led to this sore throat or this runny nose or this kind of condition.”*

You see, we really have to delete all that junk that we've stored up as our reality, because that's not our reality. That's not who you were created to be.

You were created to live in **Divine Health**. And it's the same way with salvation. You don't come to Jesus saved, right? You come to Him so that that salvation process can start to change your condition. And it's the same way with your Divine Health.

You don't get divine health immediately in your physical body until that process that you have to go through in that salvation starts to change you. You have to get rid of the other stuff. You have to delete that stuff. You can't be attached to it. The minute you start to attach feelings with some experience in the past, you're not conscious of what He's done for you.

If you stay conscious of what He's doing for you, you'll start breaking the connections of what you felt when you weren't conscious of what He's doing for you. So everything is our responsibility, isn't it? Everything depends on us. And the minute you start putting your trust in someone else to make you feel right, to make you lose those symptoms, is the minute you lose that ability to stay conscious of what He's already done for you. And I think that's a very important understanding that we need to really, really practice every day, because it's very easy to be sidetracked and distracted.

That's what this whole planet does. It distracts you, because the same way we have this cause and effect is the same way we start drawing wrong conclusions. And that's what the early physicians did. You know, they were all trained in Greece.

And in Greece the physicians were trained to tell the people, *“Listen, you're sick because the gods are punishing you.”* Did you know that? That's what the early Greek physicians were trained to believe. *“It's the gods that are punishing you.”*

Now, Hippocrates, (that's the oath that the physicians take) he started breaking away from those traditions of the Greeks, and he started to explain to the people, *“You're in this condition because of wrong living, wrong eating, wrong behavior.”*

So he became one of the first people to start talking about *cause and effect* in the medical industry. That's why all of these pharmaceutical drugs and why everyone in the medical industry says, *“Okay, you're this way. You need this drug to fix that.”* It's not the gods punishing you per se, but the drugs become the gods, right? That's why it was called pharmaceuticals.

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So they took it out of the *fairy tale* attitude of “the gods punishing you” and put it in the hands of the pharmaceutical industry, saying, “this is your solution.” That’s how it moved from the Greek “gods punishing you” into the pharmaceutical industry through that whole *cause and effect* mentality.

It’s not *cause and effect* when you enter into the kingdom of God, there is no longer cause and effect. If there was, Jesus wouldn’t say, “*Look at the birds, they don’t sow or reap, and your Heavenly Father takes care of them.*” (see Matthew 6:26)

You see the difference? The kingdom of God is like the birds. Your Heavenly Father knows what you need and He takes care of you so you don’t have to sow to reap what your Heavenly Father does. And that’s the mentality of most Christians.

“I’ve got to do this in order to get the favor of my Father.”

No!

You have to be conscious of what He’s done so that you can already see what you have.

You’re not missing anything except the presence of God in your daily life. And when we’re conscious of that, “all of these things” that we’re striving for, that’s what Jesus says, “*All the things you’re striving for, your Heavenly Father has already given you when you enter the Kingdom.*”

Entering the Kingdom of God is the same thing as being in the presence of Christ because He is the Kingdom.