



Welcome to Russian Food Vocabulary PDF Part 1.

There are 99 words in total for you to learn.

For each word, there's the Russian (cyrillic) meaning of it, as well as the romanization, or the English writing/pronunciation of the word.

After each category, there's an exercise section where you can fill out the words you've just learned.

It may be a lot more effective to print them out and write the words out by hand.

✓ Recommended: And if you want to learn the Russian language with Audio & Video Lessons from real Russian teachers - be sure to check out RussianPod101.com at the link below.

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[\(Free App upon signup\)](#)

- 1. Drink/Beverage**
 1. напиток - napitok
- 2. Water**
 1. вода - voda
- 3. Tea**
 1. чай - chai
- 4. Juice**
 1. сок - sok
 1. Apple Juice
 1. яблочный сок
 2. Orange Juice
 1. апельсиновый сок
- 5. Coffee**
 1. кофе - kofe
- 6. (Hot) Cocoa**
 1. какао - kakao
- 7. Soda/Cola**
 1. кола - kola
- 8. Milk**
 1. молоко - moloko
- 9. Lemonade**
 1. лимонад - limonad
- 10. Liquor**
 1. ликер - likyor
- 11. Wine**
 1. вино - vino
- 12. Beer**
 1. пиво - pivo
- 13. Vodka**
 1. водка - vodka
- 14. Champagne**
 1. шампанское - champanskoye
- 15. Tequila**
 1. текила - tekila
- 16. Rum**
 1. ром - rom
- 17. Whisky**
 1. виски - viski
- 18. Cognac**
 1. коньяк - коньяк
- 19. Martini**
 1. мартини - martini
- 20. Brandy**
 1. бренди - brendi

Write down the Russian meaning across the cells for extra practice. Try it without looking at the page above.

Drink						
Water						
Tea						
Juice						
Coffee						
Cocoa						
Soda						
Milk						
Lemonade						
Liquor						
Wine						
Beer						
Vodka						
Champagne						
Tequila						
Rum						
Whisky						
Cognac						
Martini						
Brandy						

21. Fruit
 1. Фрукты - Frukti
22. Apple
 1. яблоко - yabloko
23. Pear
 1. груша - groosha
24. Orange
 1. апельсин - apelsin
25. Grapes
 1. виноград - vinograd
26. Banana
 1. банан - banan
27. Peach
 1. персик - persik
28. Plum
 1. слива - sliva
29. Strawberry
 1. клубника - klubnika
30. Watermelon
 1. арбуз - arbooz
31. Melon
 1. дыня - dinya
32. Cherry
 1. вишня - vishnya
33. Lemon
 1. лимон - limon
34. Apricot
 1. абрикос - abrikos
35. Pineapple
 1. ананас - ananas
36. Kiwi
 1. киви - kivi
37. Raspberry
 1. малина - malina
38. Blueberry
 1. черника - chernika
39. Grapefruit
 1. грейпфрут - greypfroot
40. Coconut
 1. кокос - kokos
41. Pomegranate
 1. гранат - granat

Exercise Sheet

Write down the Russian meaning across the cells for extra practice. Try it without looking at the page above.

Fruit					
Apple					
Pear					
Orange					
Grapes					
Banana					
Peach					
Plum					
Strawberry					
Watermelon					
Melon					
Cherry					
Lemon					
Apricot					
Pineapple					
Kiwi					
Raspberry					
Blueberry					
Grapefruit					
Coconut					
Pomegrante					

42. Vegetables

1. овощи - ovoshi

43. Cucumber

1. огурец - ogurets

44. Tomato

1. помидор - pomidor

45. Potato

1. картофель - kartofel'
2. картошка - kartoshka

46. Eggplant

1. баклажан - bahklazhan

47. Cabbage

1. капуста - kapoosta

48. Cauliflower

1. цветная капуста - tsvetnaya kapoosta

49. Broccoli

1. брокколи - brokkoli

50. Pumpkin

1. тыква - tikva

51. Carrot

1. морковь - markov'

52. Onion

1. лук - luk

53. Bean

1. фасоль - fasol'

54. Pepper

1. перец - perets

55. Celery

1. сельдерей - sel'derey

56. Lettuce

1. салат - salat

57. Mushroom

1. гриб - grib

58. Pea

1. горох - goroh

59. Avocado

1. авокадо - avokado

60. Corn

1. кукуруза - kookoorooza

61. Garlic

1. чеснок - chesnok

62. Asparagus

1. спаржа - sparzha

Write down the Russian meaning across the cells for extra practice. Try it without looking at the page above.

Vegetables					
Cucumber					
Tomato					
Potato					
Eggplant					
Cabbage					
Cauliflower					
Broccoli					
Pumpkin					
Carrot					
Onion					
Bean					
Pepper					
Celery					
Lettuce					
Mushroom					
Pea					
Avocado					
Corn					
Vegetables					

Meat, Eggs, Seafood

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- 63. Meat
 - 1. мясо - myaso
- 64. Chicken
 - 1. курица - kuritsa
- 65. Turkey
 - 1. индейка - eendeyka
- 66. Pork
 - 1. свинина - svinina
- 67. Lamb
 - 1. ягненок - yagnenok
- 68. Beef
 - 1. говядина - govjadina
- 69. Ham
 - 1. ветчина - vetcina
- 70. Bacon
 - 1. бекон - bekon
- 71. Burger
 - 1. Бургер - burger (patty)
- 72. Sausage
 - 1. сосиска - sosiska
- 73. Eggs
 - 1. яйца - yaitsa
- 74. Seafood
 - 1. морепродукты - moreproduckti
- 75. Crab
 - 1. краб - krahb
- 76. Lobster
 - 1. омар - omahr
- 77. Shrimp
 - 1. креветка - krevetka
- 78. Sushi
 - 1. суши - sooshi
- 79. Salmon
 - 1. лосось - losos'
- 80. Tuna
 - 1. тунец - toonets

Exercise Sheet

Write down the Russian meaning across the cells for extra practice. Try it without looking at the page above.

Meat					
Chicken					
Turkey					
Pork					
Lamb					
Beef					
Ham					
Bacon					
Burger					
Sausage					
Eggs					
Seafood					
Crab					
Lobster					
Shrimp					
Sushi					
Salmon					
Tuna					

- 81. Soup
 - 1. суп - soup
- 82. Bread
 - 1. хлеб - hleb
- 83. Rice
 - 1. рис - ris
- 84. Oatmeal
 - 1. овсянка - ovsyanka
- 85. Pancake
 - 1. блин - blin
- 86. Pie
 - 1. пирог - pirog
- 87. Cake
 - 1. торт - tort
- 88. Muffin
 - 1. булочка - boolochka
- 89. Cookies
 - 1. печенье - pecheniye
- 90. Cereal
 - 1. зерновой - zernovoy
- 91. Yogurt
 - 1. йогурт - yogoort
- 92. Sandwich
 - 1. бутерброд - booterbrod
- 93. Hamburger
 - 1. гамбургер - gahmboorger
- 94. Salad
 - 1. салат - salat
- 95. Cheese
 - 1. сыр - sir
- 96. Butter
 - 1. масло - maslo
- 97. Pizza
 - 1. пицца - pittsa
- 98. Candy
 - 1. конфеты - konfeti
- 99. Ice Cream
 - 1. мороженое - morozhenoye

Exercise Sheet

Soup						
Bread						
Rice						
Oatmeal						
Pancake						
Pie						
Cake						
Muffin						
Cookies						
Cereal						
Yogurt						
Sandwich						
Hamburger						
Salad						
Cheese						
Butter						
Pizza						
Candy						
Ice Cream						