

My Morning Routine

1. Wake Up



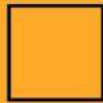
2. Meditate



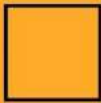
3. Eat Breakfast



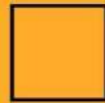
4. Brush Teeth



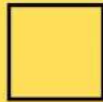
5. Play with Toys



6. Snack Time



7. Art



8. Lunch

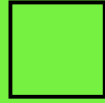


9. Nap Time

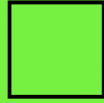


My Night Routine

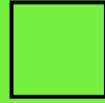
1. Get up From Nap



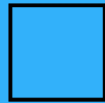
2. Get a Snack



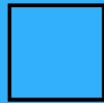
3. Play Game



4. Go Outside



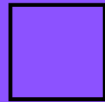
5. Sensory Play



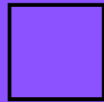
6. Do a Chore



7. Dinner



8. Brush Teeth



9. Bedtime

