

Acai Bowl

Recipe The Larissa Monologues at larissamarks.com

Prep time: 5 minutes

Yield: 1 acai bowl

Ingredients

- 2 4-ounce packets of frozen acai puree
- 1/2 cup juice or milk
- 1/2 cup frozen fruit (such as berries or bananas)
- 1/2 cup of fresh fruit for topping (such as berries, sliced bananas, etc.)
- 3-4 tablespoons granola (here is my [Favorite Granola recipe](#))
- 1 tablespoon honey

Cooking Directions

Put acai packets under running water for about 5 seconds. Break up puree into pieces, and place into a blender. Add liquid and 1/2 cup of frozen fruit. Blend until thick and well-mixed.

Place blended puree into a bowl. Top with fruit and granola. Drizzle honey on top.