**Spiritual Simplicity Viewer Guide**

**Session 2: What’s Love Got to Do with It?**

**Discussion Questions**

* In what ways have you tried to simplify your life? What were the results?
* What are some of the negative residual effects of a performance mentality? How much has being driven and having a focus on performance been a struggle in your life?
* Chip said that materialism is rooted in a belief system that if we just had a little more, we would be satisfied. How can materialism complicate our lives? What are some practical ways you can combat materialism in yourself and in your family?
* Chips said the secret to simplifying your life is focus. But it is easy for life to get busy and for us to lose our focus. As you assess your life today, how well are you doing at living a life that is focused? What helps you keep your life in focus?

**Going Deeper**

* How does coming before God daily and spending time with him help keep your life in focus? How are you doing at consistently spending time alone with God?
* How could the people in this group support you and help you to live a life of focus?
* What is one relationship or area of your life where you could be more loving? What practical step will you take?