

## **Taking Responsibility for Your Life Session 1: Let the Blames Begin**

### **Discussion Questions:**

1. “Am I taking responsibility for my life ... Really?” At this point in your life, how would you answer that question?
2. Do you ever feel you have a right to be irresponsible, that you can do and say whatever you want and no one can hold you accountable? When are you most tempted to feel this way, and why?
3. As you look at others around you, in what ways do you see irresponsibility being rewarded? How does this affect you?
4. In what significant ways have you experienced the truth that we’re happiest doing a good job at something we’re responsible for?
5. What do you consider to be your most significant areas of responsibility in life?
6. How have you seen personally that irresponsibility creates conflict-both within ourselves and with others around us? If so, what have you learned from this?