



"An Ounce of Prevention"

Osage Nation Prevention Programs Newsletter

December/January

HAPPY NEW
YEAR!

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Saying Goodbye to 2013

ONPP has continued to work toward a healthy drug free reservation by partnering with community, school, tribal and civic organizations in 2013. As we look back over 2013 we wish to thank our many partners who are dedicated to a Healthy Osage Nation

Events

ONPP has once again actively participated and helped to plan events themed for Red Ribbon Week. Young Native Youth were educated on the true meaning of this national campaign which was to honor those law enforcement officials and others who have lost their lives fighting the drug war by pledging to be drug free.

ONPP hosted the *Annual Red Ribbon Week Kickoff Carnival*. The carnival is the first event in a series of community events in celebration of living a drug free lifestyle focusing on anti-substance abuse activities occurring throughout the Osage Reservation. The Carnival is a free event and is open to the entire community. Families with children of all ages are especially encouraged to attend. This event provides a place for families to bring their children for clean family fun, drug and alcohol education and awareness, as well as Red Ribbon Week awareness. Native youth and their families were especially encouraged to attend and received print and market materials concerning the joys of living drug free. Materials were evidence based and distributed to all in attendance.

Also included in the week long festivities was a *Red Ribbon Door Decorating Contest*. The contest was a collaborative activity with Osage Reservation School Districts, Osage County Systems of Care, Osage County Sheriff's office and City of Pawhuska Police Department that encouraged schools to take action during Red Ribbon Week and educate native elementary school age youth and boys on the benefits of living drug free.

In conjunction with the Osage Nation Counseling Department, ONPP actively participated in the *Red Ribbon Annual Pow-Wow*. ONPP Grant Coordinator Daisy Lee Spicer (Ioway, Osage) was asked by the Osage Nation Counseling Center to be Head Lady Dancer for the event. Daisy has been instrumental in working with the reservation's native young women and youth. ONPP was especially excited that the young youth Daisy works with were able to see her in such a culturally honorable position. The tradition of a head lady dancer is an honor within the Osage and other Native American Cultures. Since the Pow Wow is attended by many members of the community it was also an honor for ONPP to have a highly visible member of the Prevention Department staff be recognized as a warrior in the fight to rid the reservation of drugs. It is estimated that around **600** individuals attended the Red Ribbon Week Pow- Wow.

Another event serving **86** people occurred during Red Ribbon Week. The event was the *Honoring Our Sisters* dance. This special event emphasized the importance of female role models within our community in the war against substance abuse. ONPP partnered with the Domestic Violence Center to host this dance to honor Osage Women in the tribe and highlight the roles Osage Women play in informing young native women of their self-worth. Speakers were recruited to speak during breaks about their different roles (i.e. mothers, grandmothers, aunts, daughters, sisters, cooks, bead-ers, cradle makers, artists etc.). A traditional meal was served and the committee gave gifts to the head staff to honor them. The final speaker spoke of the importance of "giving away" to honor people that serve and help. The theme was to honor those native women who do so much to serve others.

The ONPP continues to offer *informational booths* at community events. ONPP had informational booths at the Wynona Fall Festival, Wynona JOM Native American Day, Red Ribbon Week Events and the Youth Disc Golf event. All booths contained anti-drug, substance abuse prevention information and referral sources. .

2013 in Review Continued

ONPP distributed over **102 "Talk. They Hear You"** pamphlets to families during the Indian Camp Elementary parade and **21 "50 Things You Should Know About Alcohol"** brochures were distributed to elementary aged Native Youth and their classmates.

Evidence Based Curriculum & Cultural Classes

The evidence based curriculum "**Strengthening Families**" was introduced to native youth in the area Boys & Girls Clubs. Part of the agreement between the ON Boys & Girls Club and ONPP is to provide evidence based curriculum to all children in attendance. **252** boys and youth participated in the Strengthening Families curriculum. The Strengthening Families Program (SFP) is a nationally and internationally recognized parenting and family strengthening program for all families, especially those at risk. SFP is an evidence-based family skills training program found to significantly reduce problem behaviors, delinquency, and alcohol and drug abuse in children and to improve social competencies and school performance. For the parents, the curriculum has also been shown to decrease child maltreatment and assist parents to strengthen bonds with their children and learn more effective parenting skills.

ONPP also continued the life skill evidence based curriculum "**Too Good for Drugs**". The lesson was about bonding with community and family and was presented to the Pawhuska Boys & Girls Club. **52** native youth received the lesson. "Too Good For Drugs" has proven to be an effective curriculum in the fight against drug abuse.

Osage Storytelling was offered at area Boys & Girls Clubs across the Osage Reservation. Osage elders created and conducted the classes as part of an Osage Traditional Summer. Many classes were offered but some were especially created for Native Youth such as crafting bone necklaces and why Osage Women wear them as part of their regalia. Healthy traditional Osage lifestyles were encouraged in the curriculum using traditional animal stories. This technique was age appropriate and well received by the ON B & G Club participants. Over the summer break **181** Native Youth received Osage Storytelling classes.

ONPP is a big believer in giving our young native youth the tools to lead healthy productive lives. In keeping with this belief ONPP offers throughout the year Life Skill Classes the following Life Skill Classes were given to area native youth:

- "Choices" at Hominy B&G Club (**31 youth**)
- "Planning/Choices" at Hominy B&G Club (**22 youth**)
- "Manners" at Pawhuska B&G Club (**9 youth**)
- "Manners" at Hominy B&G Club (**26 youth**)
- "Manners" at Pawhuska B&G Club (**27 youth**)
- "Planning" Future Goals at Pawhuska B&G Club (**23 youth**)
- "Respect" at Pawhuska B&G Club (**27 youth**)
- "Health & Fitness" at Pawhuska B&G Club (**28 youth**)
- "School Success" at Pawhuska B&G Club (**27 youth**)



Training the Community for our Native Youth & Coalition Building

In the process of working with Native Youth we look for ways to effect change in the surrounding community to give our Native Youth a safer environment to live. In that respect the ONPP actively participates in training the community on becoming leaders to change our reservation for the better in that spirit the following training for the community was offered and implemented.

- Native Youth Youth Mentor Training (**5 – 2 Osage Women Mentors**)
- Drug Endangered Children webinar for Drug Free Team members
- Drug Endangered Children Training with ON Social Services Resource Parents (**10**)
- Strengthening Families Program Training (**2 Community Members**)

A Busy 2014!

Too Good for Drugs	Pre-tests are being conducted for participating school districts. Fairfax ISD, an additional school, has requested to participate.
Osage Nation Prevention Youth Mentors	18 Youth Mentors have received training and are preparing to teach curriculum in the schools.
Strengthening Native Girls	Collaborating with OJA and PHS to recruit participants and schedule 10 weeks of classes to be taught over the Spring Semester. Tentative start date the beginning February.
Strengthening Families Program	We have trained 4 group leaders and are waiting for 4 family referrals from Osage Nation Social Services and Osage County DHS to begin the Strengthening Families curriculum.
Drug Endangered Children Trainings	We're currently working toward getting Sgt. Mike Fish of ONPD scheduled to begin training other organizations. We have also nominated two additional DFT members to attend the National DEC Training of Trainers.
2M2L (Too Much Too Lose)	A recruitment event for the ongoing program 2M2L was rescheduled due to weather. This program is a partnership with OSU Prevention coordinator Eric Smoot.
Pill Dump Days	Monthly drop-off sites throughout Osage county have been scheduled.
Social Host Media Campaign	We currently have one billboard on highway 20 and another one on 36th Street North plus two digital ads in area businesses and radio ads.
Responsible Beverage Sales and Services	In collaboration with OSU/Prevention, ONPD and Osage Casinos, ONPP will provide weekly RBSS training to Osage Casino employees.
ID Checking Guides	ID checking guides have been will continue to be provided to area retailers that sale alcoholic beverage. ID checking guides will also be provided through the RBSS trainings.
Drug Free Team Meetings	DFC meets the last Monday of each month to gather information about community needs and to strengthen the community through active participation.
Life Skills Curriculum	ONPP recently received carry over approval and will be acquiring the needed contractual people to start getting Life Skills scheduled back in the schools and the Boys and Girls clubs.
QPR	We are in the process of trying to get a quarterly QPR class scheduled for the public.



UPCOMING EVENTS

- ◇ **February**—Compliance Checks
 - ◇ **March**
 - ◇ Every Tuesday Three Classes “Too Good For Drugs” -Shidler & Pawhuska Elementary
 - ◇ Every Wednesday One Class “Too Good For Drugs” - Shidler Elementary
 - ◇ Every Thursday Four Classes “Too Good For Drugs” - Wynona Elementary/Barnsdall Jr. High

March 1, 2014 PREVENTION Youth Pow Wow

Osage Nation
Prevention Pro-
grams wish to
thank all of the
volunteers, sing-
ers and dancers
for the Annual
Prevention Youth
Pow Wow.
Thank you for
your continued
support.

AGRICULTURE BUILDING
OSAGE COUNTY FAIRGROUNDS
PAWHUSKA, OK

HEAD STAFF

Princess: Davyn Hinman
Head Singer: Anthony Kemble
Head Man Dancer: Kirk Shaw
Head Lady Dancer: Laramie Freeman
Head Young Man: Sam West Jr.
Head Young Lady: Jordan Nelson
Master of Ceremonies:
Michael Fish & Archie Mason
Arena Director: Joseph Pratt
Host Gourd Group: Osage Gourd Group

Contest Age Groups
Jr. Girls/Boys Ages 6-12
Teen Girls/Boys Ages 13-18
Tiny Tots: 0 – 5

Prize Money:
Jr. 1st - \$200, 2nd - \$150, 3rd - \$100
Teen 1st - \$300, 2nd - \$200, 3rd - \$100

For More Information Call 918-287-5595

OSAGE NATION



PREVENTION

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Visit us on the web
www.osagetribe.com/preventionprograms/



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If you would like to be removed from or added to our hard copy mailing list or our e-copy mailing list, please give us a call at (918) 287-5595 or e-mail sgillett@osagetribe.org Thank you!