

CONSCIOUS LEADERSHIP FORUMS F.A.Q.

What is a Conscious Leadership Forum?

It is a laboratory: a place to practice consciousness and conscious leadership with a group of like-minded leaders. The intention is to support each member to live his or her life's purpose in a way that is deeply enjoyable. Forums are led by certified CLG facilitators in contrast with peer moderated groups such as YPO and WPO.

What is the unique value of a Forum experience?

This particular group format provides unrivaled learning experiences and outcomes:

- The group feedback process is invaluable for revealing and remedying long hidden blind spots and unconscious commitments. Issues that have been recycling can then come to resolution.
- An unwavering commitment to transparency allows everyone's most authentic self to come forward.
- A group dedicated to aligning with the 15 commitments-the core methodology of The Conscious Leadership Group listed below-creates a rare climate of trust that sets the stage for unprecedented transformation.

Who can participate?

People who:

- Take conscious responsibility for their influence in the world and therefore claim themselves as leaders.
- Commit to curiosity, value learning over being right and are open to giving and receiving feedback.
- Are dedicated to living in alignment with the 15 commitments of conscious leadership.

Do I need to be a business leader to participate in a forum?

No, our forums are available to those who are leading others in a wide variety of ways.

How many people are in a forum?

Forums are made up of 7-10 members and 1-2 facilitators.

What is the time commitment?

Ten monthly four hour meetings over the course of one year, and a two day offsite retreat

How long is the commitment?

One year with the opportunity to recommit annually.

Where do forums meet?

In a home, office or other meeting space of a forum member or the facilitator.

How much does it cost?

\$7200 per year, plus food and lodging for the retreat.

Are scholarships available?

Yes

What is the refund policy?

At the end of the first forum meeting, members will be given the opportunity to leave the forum with a full refund. After that, there is no refund of any kind.

Is there an attendance policy?

Yes, every member agrees to attend at least 8 of our 10 forum meetings and the two day retreat.

Are there other requirements?

1. Every forum member agrees to have a personal meditation practice.
2. Every forum member agrees to have a learning partner from the forum with whom they talk at least 30 minutes a week.
3. Every forum member agrees to post on the private forum webpage once a week giving a status update and to comment on other member's updates (30 minutes a week time investment).

How is a CLG forum different from other forums?

CLG forums focus on context. Most groups focus on the content of a member's issue. We listen in order to understand the content but our primary focus is on the context from which the content arises. In doing so, we support members in permanently resolving issues. Watch this video to learn more about the relationship between content and context.

We believe that the deepest transformation comes when a facilitator has mastery in both the 15 commitments and coaching others. Therefore, all of our forums are facilitated by trained and certified CLG coaches. Our forums prioritize self awareness over socializing, giving business advice, or networking.

What do current forum members say about their experience?

“CLG Forum is a YPO/WPO forum on steroids. Most folks are all too comfortable telling the same story, both to themselves and others, again and again. With CLG, I've seen real transformation. The honesty, authenticity, freedom and integrity I find in this forum is unlike any other forum experience I have had. It's life changing, and not just for the participants. Friends, co-workers and, most importantly, family and significant others are all happier. It's the real deal”

Jeff Brothers

President, Sol Orchard

“I intellectually grasped consciousness before joining CLG, but often struggled to maintain it in my everyday life. CLG Forum provided me with a community of supportive like minded leaders who are committed to practicing together. Friends and family reflect that I'm more present, relaxed and enjoyable to be around. My experience is that I make better decisions and feel much lower levels of stress.”

Jim Placio

Senior Managing Director, Macquarie Bank Ltd

“CLG Forum has given me a level of calmness and awareness that I didn't know existed. It's truly changed my outlook and approach to life.”

David Blair

Executive Chairman, Accountable Health, Inc.

“I spent several years in a YPO forum meeting wonderful people and creating great memories, but it has been my CLG Forum has been a catalyst for massive change in every area of my life; personally, professionally, financially and spiritually. I now experience more love and joy on a daily basis than at any other time in my life.”

Nathan Olivas

Former CEO, Progeny

CLG Forum is a place where forward-thinking, conscious people come together to explore conscious leading and living. Ten people with one goal. Forum is an amazingly supportive environment where life-long friendships are made.

Peter Verros

Partner, Verros, Lafakis & Berkshire, PC

My CLG forum is a safe place to process, grow and change from the inside-out. There are already ripple effects in the organization that I lead. Since being in this group I can see how the culture of our organization is unfolding into a more productive and playful place. I highly recommend joining a CLG Forum. it will dramatically change your life and leadership.

Jeanne Stevens

Lead Pastor, Soul City Church

“The CLG forum has provided me the opportunity to practice the 15 commitments with other leaders in a thoughtful, playful and fun environment while exploring serious business and personal issues; issues which end up seeming silly when approached in the forum framework. The friendships created and bonds formed with fellow CLG members are amazing and like none other I have ever experienced.”

Chris Ekstrom

Managing Director, Macquarie Group

Conscious commitment begins the process of positive change and relational and organizational resolution. We define commitment using its Latin origin, *committere*, which means to gather one's energy and move it in a chosen direction. Using this definition, we view commitment as an energetic experience and not a moral issue. We invite you to

1. I commit to taking full **responsibility** for the circumstances of my life, and my physical, emotional, mental and spiritual wellbeing. I commit to support others to take full responsibility for their lives.

2. I commit to growing in self-awareness. I commit to regarding every interaction as an opportunity to learn. I commit to **curiosity** as a path to rapid learning.

3. I commit to feeling my **feelings** all the way through to completion. They come, and I locate them in my body then move, breathe and vocalize them so they release all the way through.

4. I commit to saying what is true for me. I commit to being a person to whom others can express themselves with **candor**.

5. I commit to ending **gossip**, talking directly to people with whom I have an issue or concern, and encouraging others to talk directly to people with whom they have an issue or concern.

6. I commit to the masterful practice of **integrity**, including acknowledging all authentic feelings, expressing the unarguable truth and keeping my agreements.

7. I commit to living in **appreciation**, fully opening to both receiving and giving appreciation.

8. I commit to expressing my full magnificence, and to supporting and inspiring others to fully express their creativity and live in their zone of **genius**.

9. I commit to creating a life of **play**, improvisation, and laughter. I commit to seeing all of life unfold easefully and effortlessly. I commit to maximizing my energy by honoring **rest**, renewal and rhythm.

10. I commit to seeing that the **opposite of my story** is as true or truer than my original story. I recognize that I interpret the world around me and give my stories meaning.

11. I commit to being the source of my **security, control and approval**.

12. I commit to experiencing that I have **enough** of everything... including time, money, love, energy, space, resources, etc.

13. I commit to seeing all people and circumstances as **allies** that are perfectly suited to help me learn the most important things for my growth.

14. I commit to creating **win for all** solutions (win for me, win for the other person, win for the organization, and win for the whole) for whatever issues, problems, concerns, or opportunities life gives me.

15. I commit to **being the resolution** or solution that is needed: seeing what is missing in the world as an invitation to become that which is required.