

Du'as for Protection

Key Du'as Made Easy to Learn



Du'as for Protection 1

Memory & Reading Skills

Age 5+

Keep Illness Away

'Al-Baras' is leucoderma which is a type of skin disease. In this du'a, you're asking Allah to save you from all bad diseases (sayyi'il as-qaam).



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبَرَصِ وَالْجُنُونِ وَالْجُذَامِ وَسَيِّئِ الْأَسْقَامِ

O Allah! I seek protection in You

Allahumma inni a'udhu bika

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ

from leucoderma,

minal-barasi

مِنَ الْبَرَصِ

insanity,

wal-junooni

وَالْجُنُونِ

leprosy

wal-judhaami

وَالْجُذَامِ

and bad diseases.

wa sayyi'il-asqaam

وَسَيِّئِ الْأَسْقَامِ

(Abu Dawood)



Explore more duas in **What to Say When...** the fun du'a learning game available at [LearningRoots.com](https://www.learningroots.com)

© Learning Roots 2020. All rights reserved. This publication is free for personal use and may be printed for personal use only. Otherwise, no part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form, or by any means, through social media, digital transfers, email, photocopying, video recording or otherwise without prior written permission from Learning Roots.

Discover more at:
[Learning Roots.com](https://www.learningroots.com)

Du'as for Protection 2

Stay Safe

Memory & Reading Skills

Age 5+

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ وَتَحَوُّلِ عَافِيَتِكَ وَفُجَاءَةِ نِقْمَتِكَ
وَجَمِيعِ سَخَطِكَ

The Arabic word **Al-'Aafiya** covers safety from all forms of harm in this world and the hereafter.

<input type="radio"/>	O Allah! I seek protection in You from	Allahumma inni a'udhu bika	اللَّهُمَّ إِنِّي أَعُوذُ بِكَ
<input type="radio"/>	Your Favours going away	min zawali ni'matika	مِنْ زَوَالِ نِعْمَتِكَ
<input type="radio"/>	and change in the safety You have given,	wa tahawwuli 'afiyatika	وَتَحَوُّلِ عَافِيَتِكَ
<input type="radio"/>	and the suddenness of Your punishment	wa fuja'ati niqmatika	وَفُجَاءَةِ نِقْمَتِكَ
<input type="radio"/>	and all that displeases You.	wa jami'i sakhatik	وَجَمِيعِ سَخَطِكَ

(Muslim)



Explore more duas in **What to Say When...** the fun dua learning game available at [LearningRoots.com](https://www.learningroots.com)

© Learning Roots 2020. All rights reserved. This publication is free for personal use and may be printed for personal use only. Otherwise, no part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form, or by any means, through social media, digital transfers, email, photocopying, video recording or otherwise without prior written permission from Learning Roots.

Discover more at:
[Learning Roots.com](https://www.learningroots.com)

Du'as for Protection 3

Memory & Reading Skills

Age 5+

No Harm

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ
وَهُوَ السَّمِيعُ الْعَلِيمُ x3

<input type="radio"/>	In the name of Allah Who,	Bismi l-laahi l-ladhi	بِسْمِ اللَّهِ الَّذِي
<input type="radio"/>	nothing is harmed	laa yadurru	لَا يَضُرُّ
<input type="radio"/>	with His name	ma'a smihi shay'un	مَعَ اسْمِهِ شَيْءٌ
<input type="radio"/>	on earth	fi-l ardi	فِي الْأَرْضِ
<input type="radio"/>	nor in the heavens	wa laa fi s-samaa'i	وَلَا فِي السَّمَاءِ
<input type="radio"/>	and He is The All-Hearing, The All-Knowing.	wa huwa s-sami'-ul-'aleem	وَهُوَ السَّمِيعُ الْعَلِيمُ

(Abu Dawood and At-Tirmidhi)

Say this
three times
every morning
and evening



Explore more duas in
What to Say When... the fun dua learning game
available at [LearningRoots.com](https://www.learningroots.com)

© Learning Roots 2020. All rights reserved. This publication is free for personal use and may be printed for personal use only. Otherwise, no part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form, or by any means, through social media, digital transfers, email, photocopying, video recording or otherwise without prior written permission from Learning Roots.

Discover
more at:
 Learning
Roots.com

Du'as for Protection 4

Your Shield

Memory & Reading Skills

Age 5+

x3 أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

I seek protection

A'oodhu

أَعُوذُ

with Allah's words

bi-kalimati l-laahi

بِكَلِمَاتِ اللَّهِ

that are perfect

ataammaati

التَّامَّاتِ

from the evil
He has created.

min sharri maa khalaq

مِنْ شَرِّ مَا خَلَقَ

(Muslim)

Say this
three times
every morning
and evening



Explore more duas in
What to Say When... the fun dua learning game
available at [LearningRoots.com](https://www.learningroots.com)

© Learning Roots 2020. All rights reserved. This publication is free for personal use and may be printed for personal use only. Otherwise, no part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form, or by any means, through social media, digital transfers, email, photocopying, video recording or otherwise without prior written permission from Learning Roots.

Discover
more at:



Du'a Said to Someone Unwell

The Prophet ﷺ said that whoever visits a sick person who is not about to die and says this du'a **seven times**, Allah will certainly heal him from that sickness.



x7 أَسْأَلُ اللَّهَ الْعَظِيمَ رَبَّ الْعَرْشِ الْعَظِيمِ أَنْ يَشْفِيكَ

I beseech Allah the Great,

As'alullahal-'Azima

أَسْأَلُ اللَّهَ الْعَظِيمَ

the Rabb of the Great Throne,

Rabbal-'Arshil-'Azimi

رَبَّ الْعَرْشِ الْعَظِيمِ

to heal you.

an yashfiyak

أَنْ يَشْفِيكَ

(Abu Dawud and At- Tirmidhi)



Explore more duas in **What to Say When...** the fun dua learning game available at LearningRoots.com

© Learning Roots 2020. All rights reserved. This publication is free for personal use and may be printed for personal use only. Otherwise, no part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form, or by any means, through social media, digital transfers, email, photocopying, video recording or otherwise without prior written permission from Learning Roots.

Discover more at:
LearningRoots.com

A Complete Cure

A'isha رضي الله عنها said that when anyone among them had an illness, the Prophet صلى الله عليه وسلم used to rub the area of the pain and recite this du'a.



اللَّهُمَّ رَبَّ النَّاسِ أَذْهِبِ الْبَأْسَ وَاشْفِ أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا شِفَاؤُكَ
شِفَاءً لَا يُغَادِرُ سَقَمًا

<input type="radio"/>	O Allah! The Lord of mankind!	Allahumma Rabban-nasi	اللَّهُمَّ رَبَّ النَّاسِ
<input type="radio"/>	Remove this disease.	adhhibil-ba'sa	أَذْهِبِ الْبَأْسَ
<input type="radio"/>	And cure (it). You are the One Who Cures.	washfi, Antash-Shafi	وَاشْفِ أَنْتَ الشَّافِي
<input type="radio"/>	There is no cure but through You,	la shifa'a illa shifa'uka	لَا شِفَاءَ إِلَّا شِفَاؤُكَ
<input type="radio"/>	a cure that leaves behind no disease.	shifaan la yughadiru saqama	شِفَاءً لَا يُغَادِرُ سَقَمًا

(Bukhari & Muslim)



Explore more duas in **What to Say When...** the fun dua learning game available at LearningRoots.com

© Learning Roots 2020. All rights reserved. This publication is free for personal use and may be printed for personal use only. Otherwise, no part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form, or by any means, through social media, digital transfers, email, photocopying, video recording or otherwise without prior written permission from Learning Roots.

Discover more at:
LearningRoots.com

Learning Duas is Fun

with What to Say When...



Learning
Roots.com



Let us know your
Feedback

