

# MIND TRAINING

## Affirmation Scripts

**LIFE UPGRADE**  
**LEARN TO LIVE BETTER**



## SUPER STUDY - AFFIRMATION SCRIPT

- I absorb large quantities of information quickly and easily
- I always perform well on tests
- I am a star student
- I am able to recall everything.
- I am always calm and collected during exams
- I am easily able to answer complex questions
- I am focused during class
- I am focused during exams
- I am very calm during tests
- I am very confident during tests
- I am very relaxed during tests
- I answer all questions with ease
- I answer questions precisely and accurately
- I answer questions quickly and correctly
- I choose to study
- I come up with brilliant answers to essay questions
- I easily pass my tests
- I easily remember complicated information
- I engage in super learning with hypnosis
- I enjoy studying because it makes me feel good
- I find it easy to concentrate
- I have an abundance of knowledge
- I have perfect recall during tests
- I learn and understand complicated information easily
- I love absorbing new information during class
- People are amazed at how quickly You learn
- Studying is easy and enjoyable
- Studying makes you feel competent
- Studying makes you feel confident
- Studying makes you feel disciplined and confident.
- The answers come easily to me
- The answers come easily to you
- You absorb large quantities of information quickly and easily
- You always perform well on tests
- You answer all questions with ease
- You answer questions precisely and accurately
- You answer questions quickly and correctly
- I love demonstrating my knowledge
- I love exercising my brain
- I love learning new things
- I love preparing for a test, it makes me feel good
- I love studying with hypnosis
- I love taking tests
- I remember everything
- I remember everything during tests
- I remember everything I hear
- I remember everything I read
- I remember everything with clarity
- I study very effectively
- I study with phenomenal efficiency
- I use hypnotic studying
- I want to study
- I write exams in a hypnotic state
- My brain power is amazing
- My brain power is incredible
- My essays are brilliant
- My IQ keeps on increasing
- My language is excellent
- My learning abilities are phenomenal
- My math skills flow naturally and easily
- My preparation for exams is comprehensive
- People are amazed at how quickly I learn
- You find it easy to concentrate
- You have an abundance of knowledge
- You have perfect recall during tests
- You learn and understand complicated information easily
- You love absorbing new information during class
- You love demonstrating your knowledge
- You love exercising your brain
- You love learning new things
- You love preparing for a test, it makes you feel good
- You love studying with hypnosis
- You love taking tests
- You remember everything

- You are very calm during tests
- You are very confident during tests
- You are very relaxed during tests
- You are a star student
- You are able to recall everything.
- You are always calm and collected during exams
- You are easily able to answer complex questions
- You are focused during class
- You are focused during exams
- You choose to study
- You come up with brilliant answers to essay questions
- You easily pass your tests
- You easily remember complicated information
- You engage in super learning with hypnosis
- You enjoy studying because it makes you feel good
- Your preparation for exams makes you feel calm
- You remember everything during tests
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