**Viewer Guide**

**Session 3**

**Group Discussion**

Take a few minutes with your group members to discuss what you just watched and explore these concepts in Scripture.

1. What are some choices in your life that you are glad you made? How do you think your life has been better as a result of mak­ing those wise decisions?
2. What are some choices in your life that you regret making? How do you think your life would be different today if you had taken a different course of action?
3. In 1 Peter 5:8, we are warned to be alert to the schemes of the devil. What are some ways the enemy has tried to attack you? How do you stay alert to his schemes?
4. In Matthew 6:12, Jesus told his disciples to ask God to for­give their sins just as they had forgiven those who had sinned against them. Why does forgiveness play such an important part in our ability to gain freedom from the wounds of the past?
5. In Genesis 11:31-32, Terah (the father of Abraham) was unable to move on from the city of Haran to the land where God wanted him to settle. What are some relational wounds in your past that you have found difficult to move on from? Why?
6. How do you think your life would change if you were willing to move on and forgive those people who wronged you? What do you see as your "Promised Land"?