



Quantum Techniques®

Teleclinic Guide

Beyond EFT and QT: How to Clear Frozen Emotional Fields that Won't Budge!



Introduction: Many times there is a frozen emotional field that blocks a person from healing a chronic physical or emotional issue. Typical successful treatments with EFT, TFT, and Quantum Techniques seem unable to heal certain issues. Here is a new, very successful technique. It does require you to be able to muscle test.

Hosted by: [Beth Daniel](#) and [Dr. Stephen Daniel](#)

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Section I:

I want to explain this in a metaphor. Gunpowder has been used for centuries. When used safely, it is very safe and useful. Our emotions are like the gunpowder in a big firecracker or cherry bomb. In its constricted space, it can be explosive and dangerous. If I cut open the firecracker or cherry bomb, place the gunpowder on concrete and light it, I am in no danger. It will cause a flash of light and smoke. It may make my eyes tear up and I might cough, but the smoke will dissipate and no harm is done. I can safely walk through this smoke.

Frozen emotional fields that originate with someone else, are more like walking into a block of ice instead of walking through smoke. Frozen emotions tend to feel solid and not move, even with EFT and QT. This is how to test for and treat this issue.

Steps to test and clear:

- I. Make sure you are not reversed. Then hold the belly point while doing all the testing. These are simple yes/no, strong/weak muscle tests.
- II. Is the issue (physical or emotional) I am focusing on a frozen emotional field?
- III. If you get a yes, what is the emotion? Ex: rage, anger, fear, terror, disgust, shame, depression, etc.
- IV. How old was I when I first started taking this frozen emotion into my body to make the world safe? The first time is usually very young, less than 3 years old, often in utero.
- V. What percent of that original emotion was mine, actually created inside of my body? This is almost always less than 20%.
- VI. What percent did I take in from another person or persons?



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- VII. Whose emotion did I take in at that time? Most always a family member or a perpetrator of some kind of abuse. Almost every healer has this issue and many had a parent or other family member with depression or other emotional/mental issues.
- VIII. Come back to the present moment and the present symptom. Whose emotion am I carrying now? What percent is mine? What percent is theirs?

One of the problems with this pattern of taking on others' unhealed emotions, is that it almost always begins very early and is unconscious. This is typically before speech develops and most often begins prior to age 18-36 months, when we begin to experience ourselves as separate from others. This means that this pattern becomes a reflex that until made conscious becomes our primary way of dealing with disturbed fields in others. That means that the moment we come in contact with a disturbed energy field in a person, we unknowingly take in that energy. That is typically negative emotional states, but can also be pathogen states such as viral and bacterial fields. Typically people love to be around you. They walk away feeling lighter and better, but you go away feeling heavy and exhausted. This is another reason why many caregivers and healers have poor health. Leave all painful emotional states exactly where you find them! They are the truth that person needs to process with their Divine connection for their healing.

- IX. Use the following affirmation: "I resign. My body is an exclusive vessel for only the love, joy, peace, gratitude, truth and abundance the Creator has made." Then focus on the frozen emotion, using a great Guy Finley metaphor, say, "thank you for coming; now you best be on your way", and send the emotion back to whom it belongs to. That person needs it for their own growth and truth. You have just gained awareness and freedom from this opportunity.

As you do this repeatedly, you will break this habitual reflex pattern and enjoy much better physical, emotional, and spiritual health.

- X. Test to see if there are other times in your life where this occurred that need to be addressed now. Remember the goal is always to stay in the present moment, only bringing into awareness what has been unconsciously undermining your healing. This way, you can awaken to the truth of what is your higher self, and live above the hurtful level of negative mechanical energy states and frozen emotional fields.

Notes:
