



1) Name of Mother and Father :

Name of mother

Name of father

2) Name of the children :

Name of child 1

Name of child 2

Name of child 3

Name of child 4

Name of child 5

3) Parental responsibility :

Parental responsibility gives you the right to make decisions regarding your children. Eg. opportunity to move with the child abroad, name changes, obtain passport and adoption. If you are not sure what is registered, you can contact the [National Registry](#). If you want to change parental responsibility, it can be done by filling out [this form](#).

4) The child's / children's permanent residence will be at:

After the [Children Act § 36](#).

Enter the child's /childrens's permanent address. Children must be registered to one address even if there is shared custody .

5) Set up the visitation schedule here:

Odd weeks (1,3,5, etc.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Other
With Mother								Visitation schedule is described in Section 6)
With Father								

Even weeks (2,4,6, etc.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
With Mother							
With Father							

Odd weeks is week 1, 3, 5, etc. Even weeks is weeks 2, 4, 6, etc. Do this to be able to plan far a head. If you have several children with different visitation schedules, fill out a form for each of them. Below you can see how much time the child spends with the mother and father in percent. N.B. [NAV](#) estimates visitation based on the number of [overnight stays](#). If this form does not cover the planned visitation schedule, you can fill in a written visitation schedule at section 6).

% With Mother % With Father

[Click here](#) to see what kind of impact it will have on your care benefit.

6) Time of pickup and delivery :

Write time and place of pickup and delivery. Specify whether it is during the day or with overnight stays. You should arrange time for pickup and delivery in a way that the other parent will not have to wait all day. This can also be entered in a [separate calendar](#) .

7) Who will pick up the child/children:

The general rule is that the one who has right of visitation to the child / children are responsible for driving and pickup. The [costs of transport](#) will be shared by both parents.

8) Summer holiday:

* One parent has the first choice to chose the holiday the even numbered years (2014, 2016, ect.). Whoever has the first choice that year must notify the other parent before the 1. of February. The other parent gets first choice in odd numbered years (2015, 2017, etc.).

9) The child's birthday:

Specify how the child's birthday should be celebrated. This may include whether or not both parents will be present, who from the family and school class? Where should the birthday be, and should both parents cooperate with the arrangements?

10) The Christmas holiday:

Specify when the Christmas holiday is. Many divide it like this: First parent has the child from the last school day to the 27th of December at 16:00 (first part). Second parent from that date to the 2nd of January(second part).

11) Easter holiday:

Write how the easter holiday should be divided between the parents.

12) Autumn vacation:

13) Winter vacation:

14) Other holidays and festivals:

Eg. 17th May and Id. When does it start? The night before or the same day?
Many people have different opinions about this. For example, you may want to have clarified who should be responsible for their nice clothes?

15) If the child is ill:

What happens if the child / children are ill before visitation with the other parent? Should the visitation schedule be put on a hold, should it be removed or should it continue as usual? It may nevertheless be smart to discuss this if the child / children is very ill. Potential [Care benefits](#) are shared based on the access agreement between the parents.

16) If the parent is ill:

What happens if the parent who should have access to the child / children is ill?

17) Meeting between parents to see if this agreement works well for your child:

Insert date (dd/mm/yyyy):

It is recommended that parents meet to evaluate the visitation schedule after approximately three months to see how it works. Depending on the age of the child, it may be entitled [to be heard](#) regarding the agreement.

18) Other terms relating to this agreement:

Eg. agreement in regards to providing information from physician/school, the introduction of new partners, meeting situation for pickup and delivery, use of babysitter, etc.

19) Parents signature:

The agreement is valid from (dd/mm/yyyy):

Place/date

Signature of mother

Signature of father