

Leader Guide Session 4

WATCH

Play the video for session four. As you watch, use the following notes to record any thoughts, questions, or key points that stand out to you.

NOTES

Perseverance is a never-give-up attitude-a commitment to move forward when everything is conspiring to hold you back. When you persevere, you find ways to look beyond your ordeals and find opportunities-for growth, advancement, and productivity.

There are several biblical strategies that can help us persevere through difficult times. The first is to put our problems into per-spective by considering them in light of eternity.

The second strategy is to learn to tackle just today. We don't have to solve every problem, overcome every obstacle, or accomplish our entire journey all at once.

The third strategy is to surround ourselves with encouragers who will support us, pray for us, cheer us on, comfort us, and help keep us going.

The fourth strategy is to know when to rest. God rested after cre-ating the world, and Jesus took time to rest during His mission. We need to follow this example.

The fifth strategy is to cultivate a positive attitude. We can choose to be defined by the reality of Christ within us and the peace that He has provided.

The final strategy is to refuse to quit. God rewards our commit-ment to push through problems. We must trust that He will work through us to complete this stretch of our journey.

When we keep our eyes on Jesus, He gives us the ability to per-severe through challenges, the stamina to confront problems, and the strength to never grow weary or lose heart.



DISCUSS

Take a few minutes with your group members to discuss what you just watched and explore these concepts in Scripture. Use the following questions to help guide your discussion.

- 1. What is your definition of perseverance? What has motivated you to keep going through life's greatest challenges?
- 2. How does knowledge of God's Word help you to keep the proper perspective on your problems? How does maintaining an active prayer life help you see your difficulties from God's perspective and keep moving forward?
- 3. Jesus said, "Do not worry about tomorrow, for tomorrow will worry about its own things" (Matthew 6:34). What are some ways you have found that help you focus only on today's problems and not worry about the ones that may come tomorrow?
- 4. Who are some encouragers in your life? How do they help you persevere?
- 5. How has Christ's example of knowing when to rest, maintaining a positive attitude, and refusing to quit helped you persevere?