



South Manchester
Down's Syndrome Support Group
Fulfilling Potential



Registered Charity No: 1147397

Supporting social development and behaviour in children and young people with Down's syndrome

Speaker: Gillian Bird Education

Training and Assessment Adviser for the Down's Syndrome Association

Tuesday November 25 2014, 9.30am-3.15pm

A training and learning day for parents of children and young people with Down's syndrome aged 3-16 years and for all education, health and social care professionals who work with children who have Down's syndrome in this age group.

Premier Inn, Old Trafford, Watersreach, Trafford Park, Manchester M17 1WS **Near Old Trafford Stadium**

www.premierinn.com/en/hotel/MANOLD/manchester-old-trafford?DCMP=KNC_D_BND

This training day will look at social development and behaviour in more detail than our education conferences normally allow. We will start by considering the social and emotional development and needs of children and young people, then look at how to change unwanted behaviours, how to encourage positive behaviours and how to promote the development of self-help skills, independence and self-esteem. The approaches, strategies and resources discussed and demonstrated will benefit other children who have similar language and learning difficulties and visual learning strengths.

Costs:

Bookings received before November 5

SMDSSG members: £30

Parent/Carer non-members: £40

Professionals: £60

Low income: £15

Bookings received after November 5 £100

Cheques must be received and cleared before training or the £100 fee is payable.

Bookings:

To book a place, please complete a booking form and return to South Manchester Down's Syndrome Support Group (SMDSSG), PO Box 307 Manchester M21 3BR or email to contact@dsmanchester.org.uk. Please ensure booking forms **reach us no later than November 5** and only assume you have a place upon receipt of a confirmation. We cannot accept responsibility for postal delays.

This training day will take place if we have sufficient delegates to make it financially viable by the time of the lower fee deadline. Confirmations will be sent out two weeks before the event.

phone: 07593 542 107 email: contact@dsmanchester.org.uk website: dsmanchester.org.uk

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- 9.00 **Arrival and refreshments**
- 9.25 **Welcome to the day**
- 9.30 **Setting the scene**
- Understanding strengths and weaknesses
 - Good practice and working together
- 10.00 **Social understanding and social skills**
- What is social understanding?
 - Supporting friendships
 - Social skills for growing up, including relationships and sexuality education
- 10.50 **Break**
- 11.05 **How to change difficult to manage behaviours**
- Observation, recording and functional analysis
 - Understanding behaviour
 - Strategies for change
 - Creating behaviour plans together
 - Group activity and feedback
- 12.00 **Lunch**
- 1.00 **Supporting positive behaviour**
- Developing communication skills
 - Offering choices
 - Play and leisure skills
 - Setting expectations and providing rules, including 'social stories'
 - Using rewards
 - Teaching and learning activities in school
 - Group activity and feedback
- 2.00 **Break**
- 2.15 **Self help skills and independence**
- Practical competence and self esteem
 - Developing independence
- 3.00 **Summary, evaluation and resources**
- 3.15 **Close**