**Spiritual Simplicity Leader Guide**

**Session 3: Love is the Answer**

**Three Ways Love Simplifies Your Life.**

Love provides \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Love frames your\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Love diffuses\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

The important becomes trivial and the trivial become important when love is minimized and trivial is maximized.

**What Does It Mean to Love?**

Love is giving another person what they need the most, when they deserve it the least, as great personal cost by power of the Holy Spirit living in you.

**How Does Love Respond to Hurts?**

* Truth –

Love is patient, love is kind.

**1 Corinthians 13:4a**

Love is patient = love has a long fuse

* Practice – When you are wounded, you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the blow (pillow) and you give them a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (kindness).

**Discussion Questions**

* Is there any wound or bitterness in your life that is robbing you of spiritual simplicity? If so, share that with the group. If you aren’t currently dealing with a hurt, share a time from your past that you had to deal with bitterness and what you did to resolve it.
* Chip said “Love is giving another person what they need the most, when they deserve it the least, as great personal cost by power of the Holy Spirit living in you.” What most strikes you about that definition? How is Chip’s definition different from the world’s view of love?
* Patience in love means “absorbing the blow”. What are some biblical, historical, or contemporary examples of someone “absorbing the blow” when they were wronged?
* What does it look like in your life to absorb the blow?

**Going Deeper**

* Chip said showing kindness in love means doing something generous for the other person. Jesus said,

“But to you who are listening I say: Love your enemies, do good to those who hate you, 28bless those who curse you, pray for those who mistreat you.

**Luke 6:27-28**

Is there somebody you are having trouble with that you need to bless and “do good to”? What is the next step that you will take?

* How can this group support you and hold you accountable to being more patient and kind?
* Think of someone you know that isn’t a Christian. How could you show them the love of Jesus through patience and kindness? Be Specific.