## The Trust Test The Trust Test 1Peter 1:6-7 He understands our emotions because He also has them. Flunking any test really stinks... God delights; Gen. 1:25,31, God grieves; Gen. 6:6, God is because it means you'll have to take it again! jealous; Exodus 20:5, God anguishes; Isaiah 42:14, God is What area of your life is easier or harder for you to trust angry; Jeremiah 30:24, God loves; Jeremiah 31:3, God is God in? compassionate; Hosea 11:8, God "Jesus" is sorrowful and troubled; Matthew 26:37-38, Jesus is deeply distressed; Mark 3:5, Jesus is joyful; Luke 10:21 Why should we trust God? Proverbs 3:5 He created us with the same emotions that He has. Ge 1:27 IWe know we can trust Him with our emotions. how do we better do that? Proverbs 3:6 2. Be honest with God, Psalm 139 Change your attitude with the right altitude. 1 Thessalonians 5:23,24 3. Philippians 4:6,7 Ephesians 3:20 Make a Thanksgiving List every day.

## Reasons we can trust Him with our emotions.

1. Hebrews 4:14-16

When we are honest with Him... when we focus on Him when we Thank Him...

The peace of God, which transcends all understanding, guards our hearts and our minds in Christ Jesus.