

# Journey CHURCH

Pastor James Greer

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## Life is \_\_\_\_\_. Leader Guide

Session 6: Life is to enjoy God.

### Video Teaching

The following is a few key thoughts to note as you watch session 6. Use the space provided to jot down personal observations or applications.

Much of our satisfaction in life comes from learning to truly enjoy God, and that starts with us believing he enjoys us.

No matter how petty or insignificant something might be, if it's a big deal to us, it's a big deal to God. He listens to us because he loves us and enjoys being with us.

The story of Jesus healing the lame man in John 5:1-15 is a picture of the chaotic, dog-eat-dog society we live in. Sometimes we think the only way to get ahead is to be better, stronger, and faster than everyone. It's a stressful way to live, but Jesus offers a better way.

Jesus introduced an entirely new world to this man. He simply told him to get up and walk. The man didn't understand who Jesus was or how he would be healed, but he was healed anyway.

Jesus offers us a new way of existing. We can rest in him. We can enjoy him and enjoy life. He will take care of us.

In Matthew 11:28-30, Jesus describes this new life. He has a course and a plan for us, but his burden is light. It is doable. It is enjoyable.

We get to live as Jesus-followers, and our lives are characterized by righteousness, peace, and joy.

### Discussion Questions:

1. Is it hard for you to believe God really enjoys being with you or cares about the details of your life? Why?

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2. Have you ever felt like life belongs to whoever is first, fastest, or most manipulative? Is that an enjoyable way to live?
3. What areas of life are most stressful for you? How does knowing God help you enjoy life?
4. How does Jesus deal with the problem of sin in our lives? How does this set us free to enjoy life more?
5. If we truly believe God is in control of the heavens and earth, how should we face the needs and cares of day-to-day life?
6. What does Jesus say in Matthew 11:28-30 about our lifestyle when we follow him? Are you experiencing this? Why or Why not?