



BUNDLE BED'S

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# INDOOR CAMPING

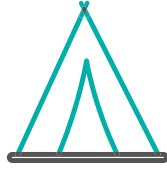


FOR FAMILY FUN & ADVENTURE  
WHILST AT HOME

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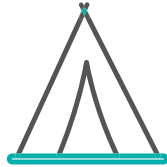


# BUNDLES OF FUN...



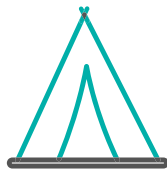
## INTRODUCTION FOR PARENTS

A note from us...



## KIT LIST

What you'll need...



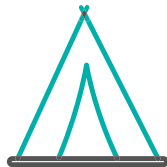
## CAMPSITE NAME & SIGN

Name your family campsite...



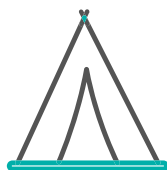
## BUNTING FOR THE TENTS

Add some colours to your tents or dens...



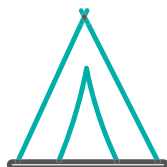
## BUILDING YOUR CAMPFIRE

Sticks, stones & flames for campfire fun.



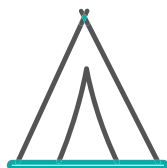
## CAMPFIRE MEALS

Something tasty for your camping dinner.



## STARGAZER SKY

Create some stars for stargazing.



## THE SET UP

Time to pitch your tents...



# INTRODUCTION FOR PARENTS

It's not a time to talk about holidays and visiting friends, but perhaps instead camp-outs in the living room, den-building or just cosy film nights. So we thought, why not bring the adventure to your own home by setting up an indoor campsite - you could even work up to it with home school activities throughout the week?

## *The how, why & what...*

Firstly, well done for surviving so far... We used to talk about a juggle before this virus, and now we've got the added element of being a teacher to our kids too!

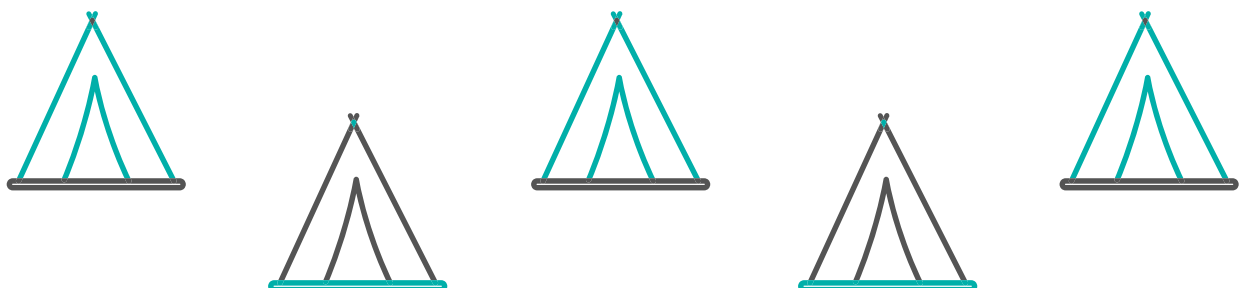
I think the one thing that is keeping me sane is the realisation that we're not meant to be nailing it... We're meant to be doing what we can. Realising that we can't be superheros (like all of the NHS staff!) and reigning in our expectations, so that we're just trying to have as much fun as possible, whilst hopefully teaching our kids a few life skills.

After a bit of time thinking about what we can do to help, we came up with an "Indoor Camping" plan. We've been told that making an indoor campsite actually uses lots of skills; from science & maths (how to make everything balance & talking about light and shade), to arts & crafts (making the add ons), and cookery (for the campfire treats)... I'd say that's a day full of knowledge right there, but carried out in a really fun and engaging way. PLUS, there should be a few moments to sit down and enjoy a cuppa whilst you're on your camping adventure!!

The next page gives you an idea of what you might need, but the reality is that you can pick and choose what you do... If it's easier, just make a den and have some fun. Spread these activities out across the week and have this as a weekend adventure. Or pile it all into one day and go mad...

Good luck & Happy Camping!

Team BB x



# KIT LIST

## *What you'll need...*

### **Campsite Sign**

- Cardboard box or paper
- Scissors
- Felt tips
- Paints
- AND/OR markers
- Sellotape
- OR a "sign post" (cardboard tube or a stick)

### **Bunting**

- Plain or coloured paper or card
- Felt tips
- Paints
- AND/OR markers
- String or ribbon (as long as you want your bunting to be)
- Hole punch
- OR a parent to help cut the holes out

### **Campfire**

- Sticks & stones (to collect when out on a walk)
- OR cardboard tubes, brown paint & grey paper
- Red, orange & yellow tissue paper
- OR red, orange & yellow paint & white paper
- An LED candle (optional)



### **Meals**

- 2 tbsp butter, plus 1 tbsp melted
- 350g spiral or other short pasta
- 1 garlic clove, finely chopped
- 1 tsp English mustard powder
- 3 tbsp plain flour
- 500ml whole milk
- 250g mature cheddar, grated
- 50g parmesan, grated
- 4 Sausages (we love HECK)
- 4 hot dog rolls
- Sauces (ketchup, mayo, etc).
- Marshmallows
- Bamboo skewers
- Chocolate Digestives

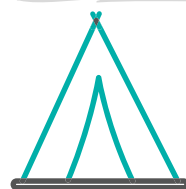
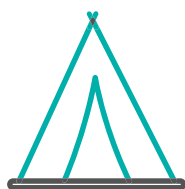
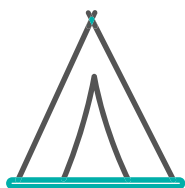
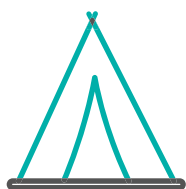
### **Stargazer Sky**

- Glow in the dark stars
- OR Black paper/card & white chalk, pens or crayons
- Something to stick it to the ceiling

### **Tent / Den Building**

- Blankets & sheets
- Chairs, table or washing line for the support
- Bundle Beds
- OR cushions, sleeping bags/duvets & pillows





# CAMPSITE NAME & SIGN

1

*Think of a fun name for your family  
campsite...*

You can start with Camp... XXX  
Does your surname work?  
Have a look at some ideas for other campsites  
around the world...

CAMP  
BUNDLE



*What logo will you have?*

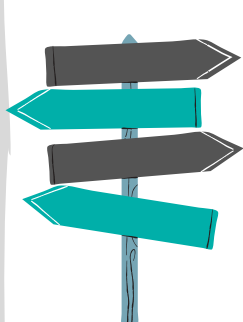
Is there an image that you can use on  
your sign to make it more fun?  
Can you create a logo for your campsite?

2

3

*Make the sign...*

Use an old cardboard box, card or paper.  
Cut it to the size and shape that you want  
(ask an adult to help you with this!) and then  
decorate with paint, felt tips & markers.



*Stick up your sign*

Ask an adult for help with this.  
Use tape on the door, or you could add a  
sign post using a cardboard tube or a stick...

4

# BUNTING FOR THE TENT

1

## *Cut out your triangles.*

Use this triangle as your template. Cut along the dotted lines, and either cut or hole punch the corner holes too. Draw around the paper template onto the cereal box card and mark where the holes are. Then use this to draw and cut out lots of triangles (you'll need about 5 per metre).

2

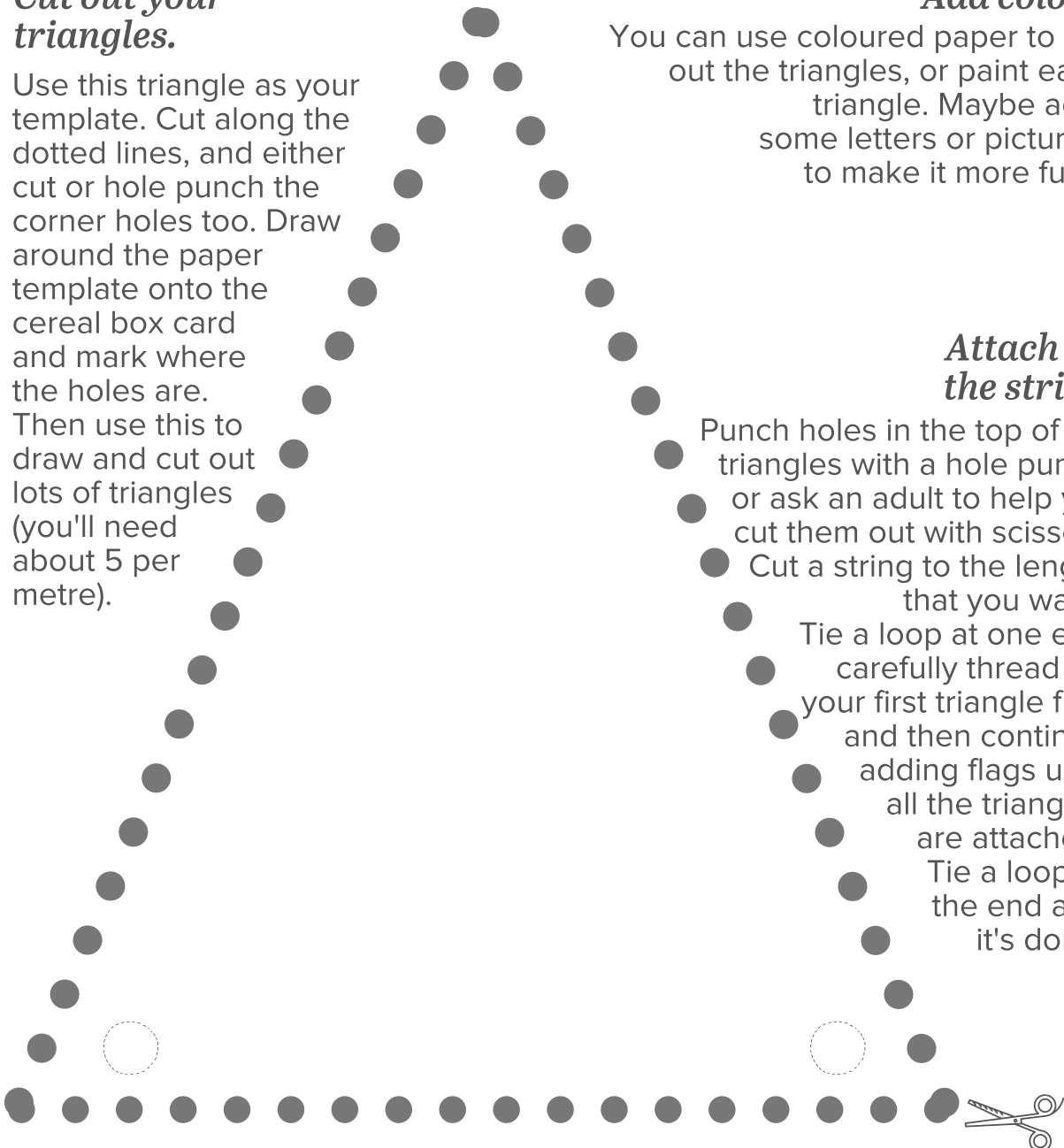
## *Add colour*

You can use coloured paper to cut out the triangles, or paint each triangle. Maybe add some letters or pictures to make it more fun?

3

## *Attach to the string*

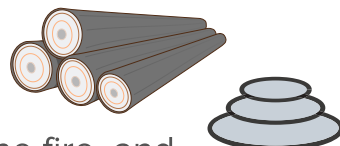
Punch holes in the top of the triangles with a hole punch, or ask an adult to help you cut them out with scissors. Cut a string to the length that you want. Tie a loop at one end, carefully thread on your first triangle flag and then continue adding flags until all the triangles are attached. Tie a loop at the end and it's done!



# BUILDING YOUR CAMPFIRE

1

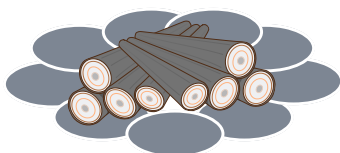
*Collect or make your sticks & stones...*



You'll need some stones for a circle around the fire, and sticks for the centre. You can either collect these on a walk or in your garden, or make them;

STICKS: use cardboard tubes with brown paint.

STONES: scrunch up some grey paper or newspaper.



*Set up your circle of  
stones & sticks...*

2

Create a circle of stones to be the base of your campfire. Then stack your sticks on top of one another to create a pile. Try to leave enough space between the logs/sticks so that you can add the flames in.

3

*Make the flames...*

You can either scrunch the centre of red, orange and yellow tissue paper to make them into flames...

... OR cut out some flame shapes on white paper and then paint them with red, orange and yellow flecks. Then add your flames between the sticks.



*Add some extra glow...*

4

If you have an LED candle or tealight, you can put it under the sticks & flames, in the centre of the stone circle to add a realistic glow to the fire.

**! DO NOT USE A REAL CANDLE OR FLAME !**

# CAMPFIRE MEALS

No camping trip is complete without delicious food eaten around the campfire... so, your tissue paper flames might not be the best at cooking, but why not prep and cook these in the oven, and then eat them on a picnic blanket by the fire - it's almost as good!

## Mac 'n' Cheese



### Ingredients (serves 4)

2 tbsp butter, plus 1 tbsp melted  
350g spiral or other short pasta  
1 garlic clove, finely chopped  
1 tsp English mustard powder  
3 tbsp plain flour  
500ml whole milk  
250g mature cheddar, grated  
50g parmesan, grated

Heat oven to 200C/fan 180C/gas 6.  
Boil 350g spiral or short pasta for 2 mins less than stated on the pack, then drain.

Meanwhile, melt 2 tbsp butter in a saucepan. Add 1 clove finely chopped garlic and 1 tsp English mustard powder, cook for 1 min, then stir in 3 tbsp plain flour. Cook for 1 min more, then gradually whisk in 500ml whole milk until you have a lump-free sauce. Simmer for 5 mins, whisking all the time until thickened.

Take off the heat, then stir in 250g grated mature cheddar and 25g grated parmesan.

Stir the pasta and some seasoning into the cheesy sauce.

Tip into a large ovenproof dish, or 4 individual dishes.

Scatter over the remaining 25g grated parmesan, then bake for 20 mins until crisp and golden.

Spoon into your camping bowls, head to the campfire & tuck in!

## Hot Dogs



### Ingredients (serves 4)

4 Sausages (we recommend HECK 97% sausages)  
4 hot dog rolls  
sauces

Ask a parent to help you cook the sausages.

Pan-fry: Pre-heat a pan on a medium heat. Add a little oil & pan-fry for 14-16 mins.

OR grill: Place on the middle shelf under a pre-heated medium hot grill for 16-18 minutes.

Once they are ready, pile them into a dish & head to the picnic blanket with rolls & sauces & create your own hot dogs... YUM!

## Toasted Marshmallows



### Ingredients (serves 4)

Marshmallows  
Bamboo skewers  
Chocolate Digestives

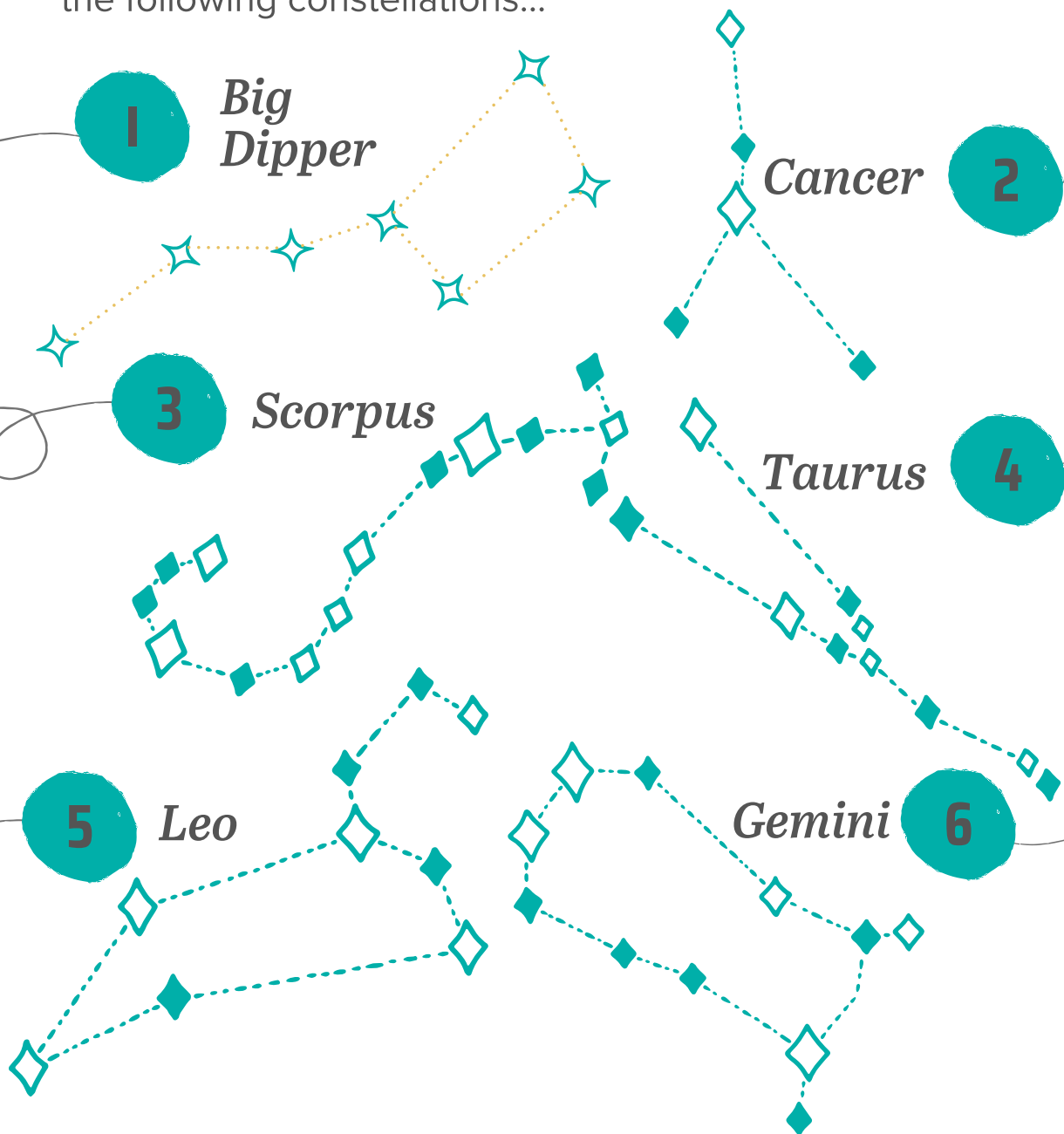
Line up marshmallows on a baking tray with greaseproof paper & grill in the oven until the tops are toasted golden brown. Turn them over and toast that side until golden brown. Pop them on a skewer or squish between chocolate digestives - ENJOY!

OR Try The Naked Marshmallow Co marshmallow toasting kit!

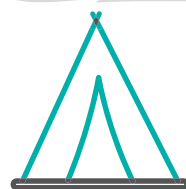
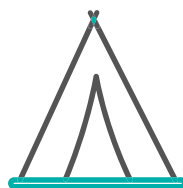
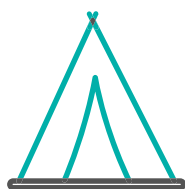
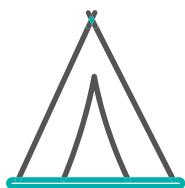
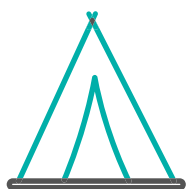


# ★ STARGAZER SKY ★

The challenge is to create a starry sky so that you can stargaze at your campsite. You can use glow in the dark stars, or black paper and white crayon or chalks to create the following constellations...



Or why not try and make your own constellations?

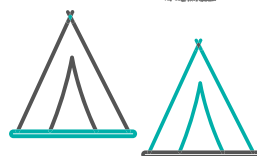


# THE SET UP



## *Create your campsite...*

Make a space in the middle of your living room or room in the house with enough space for tents & a campfire.



## *Pitch your tent...*

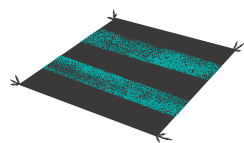


Set up your tents in the living room. If you don't have real tents, kid's teepees work well or you can just put a blanket over a couple of chairs a table or a washing line/clothes horse to make a fort.



## *Make the beds...*

Roll out your Bundle Beds, or use cushions and sleeping bags or duvets. Make it cosy inside with blankets, cushions and soft toys.



## *Set the scene...*



Add in your campfire, picnic blankets outside the tents, and put up your stargazer sky... Now you're ready for bundles of fun on your camping adventure!



# A FEW EXTRA IDEAS

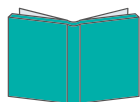


1

## *Movie Night...*



Face the tent door towards the TV and set up a family movie night, with popcorn & sweets (we can recommend Popcorn Shed & Ask Mummy & Daddy for yummy treats!).



## *Bedtime Stories...*

2

Take books & torches into the tent and read bedtime stories by torchlight. If you can make the tent dark and you have older kids, you could even tell some spooky ghost stories, or do shadow puppets...

3

## *A Family Hike...*



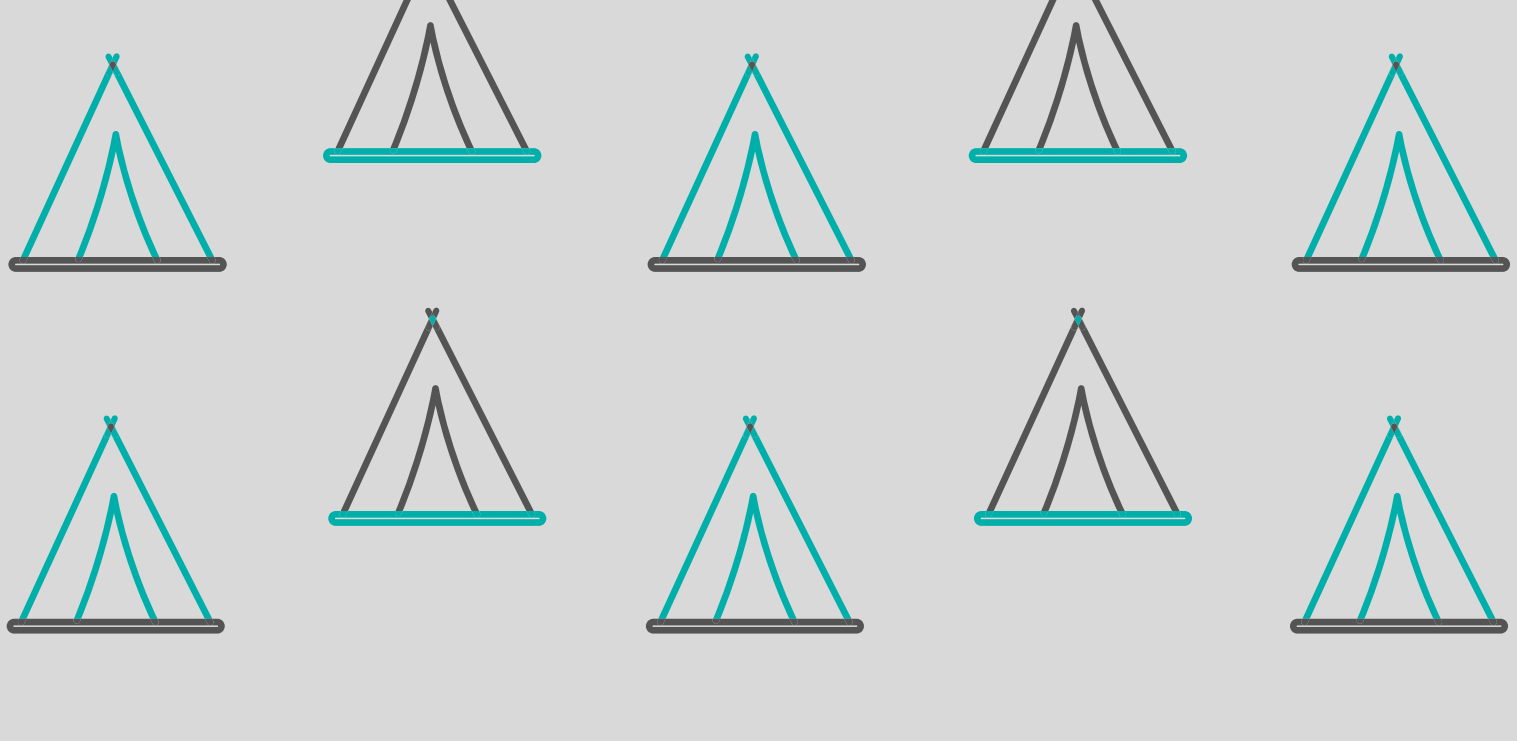
Why not go on a "family hike" up the stairs or around the house and make up different things that you see. Or plant some soft toy animals in each room for some "wildlife spotting".



## *Walkie Talkies...*

4

Do you have walkie talkies at home? If so, you can go on adventure to different rooms and send each other messages or instructions.



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# HAPPY CAMPING!

FROM  
TEAM BB XX

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