

IELTS READING/WRITING LESSON 7-17/18-2019

Section One Vocabulary

Match the correct word in column A with the definition in column B, then use in a sample sentence

Column A	Column B
VOCABULARY	DEFINITION
1. Voyage (Noun)	A. A journey or excursion, especially for pleasure.
2. Circumnavigate (Verb)	B. (of a place) situated far from the main centers of population; distant
3. Sail (Verb)	C. Showing willingness to allow the existence of opinions or behavior that one does not necessarily agree with
4. Trip (Noun)	D. A long journey involving travel by sea or in space:
5. Ecotourism (Noun)	E. travel in a boat with sails, especially as a sport or recreation.
6. Tremendous (Adj)	F. tourism directed towards exotic, often threatened, natural environments, intended to support conservation efforts and observe wildlife.
7. Resourceful (Adj)	G. To travel all the way around (something, especially the world)
8. Tolerant (Noun)	H. Very great in amount, scale, or intensity.
9. Remote (Adj)	I. Having the ability to find quick and clever ways to overcome difficulties.

Section Two Reading

ARTICLE A

Source

1. Reasons for travelling

There are many reasons why individuals have travelled beyond their own societies. Some travelers may have simply desired to satisfy curiosity about the larger world. Until recent times, however, travelers did start their journey for reasons other than mere curiosity. While the travelers' accounts give much valuable information on these foreign lands and provide a window for the understanding of the local cultures and histories, they are also a mirror to the travelers themselves, for these accounts help them to have a better understanding of themselves.

2. Means of transportation

Modern life is impossible without travelling. Thousands of people travel every day either on business or for pleasure. They can travel by air, by rail, by sea or by road. Of course, travelling by air is the fastest and the most convenient way, but it is the most expensive too. Travelling by train is slower than by plane, but it has its advantages. You can see much more interesting places of the country

you are travelling through. Modern trains have very comfortable seats. There are also sleeping cars and dining cars which make even the longest journey enjoyable. Speed, comfort and safety are the main advantages of trains and planes. That is why many people prefer them to all other means. Travelling by sea is very popular. Large ships and small river boats can visit foreign countries and different places of interest within their own country.

3. Around-the-world traveler

Mike Perham was just 16 when he set off to circumnavigate the globe. He celebrated his 17th birthday alone in the Indian Ocean on his 50-foot racing yacht. A birthday party for one might not sound like much fun to the average teen. Other less enjoyable parts of the trip included numerous stops to repair the yacht's rudder and autopilot, accidentally falling overboard into the water and terrible storms in open sea. One of the most tedious aspects of the trip was having to put up with a diet of 'icky' freeze-dried food. Against these odds' British teenager, Mike completed his 28 000 mile sea voyage in 9 months and became the youngest person to sail solo around the world in August 2009. Many people say that 16 is too young to sail around the world alone. But Mike's father was confident that his son had the physical strength, mental capacity and technical ability necessary for the trip.



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ARTICLE B

Source

Ecotourism

Ecotourism is the opposite of mass tourism. People travel to remote areas and visit faraway places without destroying or ruining the environment. Ecotourism is intended for small groups of tourists who want to learn more about nature in a certain area and help people who live there. Eco tourists travel to places where plant and animal life is the main attraction. They want to know more about how people live side by side in a natural habitat.

Ecotourism makes people aware of how beautiful the land and countryside is. Local tour guides show visitors how important our environment is. They know how the region has developed over time. Tourists stay in small local houses, as opposed to gigantic hotel complexes in mass tourism regions.

Other aims of ecotourism are:

- Helping conserve nature in a faraway place
- Educating tourists about the place they are travelling to
- Respecting the culture of people who live there
- The conservation of animal and plant species that are in danger of becoming extinct
- Minimizing the impact of tourism in the area
- Helping people who live there
- Leaving a small carbon footprint

ARTICLE C

Source

Did you know that travelling can make your life better and happier in several ways? Read this list to find out what the top benefits of travelling are!

1. Traveling Improves Your Health

From cutting down on stress, to lowering your chances of developing a heart disease, the health benefits of traveling are huge. You may stay sitting on a chair all day long at the workplace: including some walking to your trip is sure to make your body feel better.

Traveling more is likely to have a tremendous impact on your mental well-being, especially if you are not used to going out of your comfort zone. Trust me: travel more and your doctor will be happy.

2. Traveling Makes You Smarter

Get used to picking up new words in a different language every time you travel and you will see improvements in your brain capacities. Even more than "just" languages, traveling helps you learn about yourself. You might run into challenging situations where you need to be resourceful and think differently.

3. Traveling Improves Your Understanding Of Other Cultures

Being more understanding and tolerant about a culture different than ours is part of being smarter, but I consider it as a benefit of traveling in itself. There is a quote by Saint Augustine, which goes "The world is a book, and those who do not travel read only one page". You could think of it this way: if you read what's in the news or watch the news on TV and don't question it, you're missing on a ton of information

4. Traveling Creates Lifetime Memories

If you travel, you can experience things that you could never experience at home. You may see beautiful places and landscapes that do not exist where you live. You may meet people that will change your life, and your thinking. You may try activities that you have never tried before.

No matter how insignificant it may seem, the fact that you've had an experience abroad, something that was out of the ordinary, creates a memory that you will remember for a long time

5. It teaches you about yourself

You can learn a lot about yourself through travelling. You can observe how you feel being far from your country. You will find out how you feel about your homeland. You will realize how you really feel about foreign people. You will find out how much you know/do not know about the world. You will be able to observe how you react in completely new situations. You will test your language and social skills. You will not be the same person after returning home.

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