**Spiritual Simplicity Leader Guide**

**Session 1: All You Need is Love**

**The “Silicon Valley” Shuffle**

Bigger

Better

Faster

More

(Repeat)

Our desires to “do it all”, and “have it all” produces \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

The resulting complexity produces a life that:

* Moves too fast
* Delivers too little
* Demands too much

**The symptoms of a complex life**

* Fatigue is high
* Margin is thin
* Relationships are shallow
* Families are fractured
* Marriages drift
* Kids are neglected
* Deep, authentic relationships are absent

Is the good swallowing up the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

Is it really possible to break out of this high pace, high demand, guilt-producing disease and simplify your life?

**Two Diagnostic Questions**

1. What do you want to be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for?
2. If you had to choose\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ word to be associated with your name, what word would you choose?

The Bible says the word we should be known for is\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing.

**1 Corinthians 13:1-3**

There is a way that appears to be right, but in the end it leads to death.

**Proverbs 14:12**

The key to Spiritual Simplicity is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Discussion Questions**

* To what degree are you doing the “Silicon Valley” Shuffle? How much is it impacting your life?
* Over the last 25-30 years, what are some things that have come along that have made our lives more complex?
* Chip listed seven symptoms of a complex life. Share a symptom of your complex life. It might be one of the ones chip listed, or it might be something different.
* Chip shared a couple of questions that get at the core of what drives us. One of those questions was, “What do you want to be known for?” if someone has been watching how you lived your life the last 5 years, what would they say you wanted to be known for?

**Going Deeper**

* Read 1 Corinthians 13:1-3 out loud to the group from a couple different translations. What stands out to you most from this passage?
* To be more loving and to simplify your life, what do you sense God might want you to change?
* What are some practical ways that you could encourage and change one another when it comes to living the complex life of the “Silicon Valley” shuffle?
* How could simplifying your life help you be more “missional” in your everyday life?