**2 Timothy 1:7 “**For God has not given us a spirit of fear, but of power and of love and of a sound mind.” **(**NKJV)



**Part 3: Fear of the Dark**

**IN DARKNESS . . .**

* I become \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* John 12:35 “...The man who walks in the dark does not know where he is going.”
* I become \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* Job 30:26 “I hoped for happiness and light, but trouble and darkness came instead.” (GN)
* I become \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* Psalm 22:1 “I have cried desperately for help, but still it does not come.” (GN)
* I become \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* Lamentations 3:19-20 “The thought of my pain...is bitter poison. I think of it constantly, and my spirit is depressed.” (GN)

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**THE LIGHT OF GOD IS THERE . . .**

1. To \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ me when I’m disoriented.

* John 8:12 “I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.”
* Psalm 119:105 “Your word is a lamp to my feet and a light for my path.”

2. To \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ me when I’m disappointed.

* Psalm 34:18 GN “The Lord is near to those who are discouraged; he sees those who have lost all hope.”
* Jeremiah 29:11 “For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

3. To \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ me when I’m distressed.

* Psalm 23:4 “Even though I go through the deepest darkness, I will not be afraid, Lord, for you are with me.” (GN)
* Philippians 4:13 “I can do everything through him who gives me strength.”

4. To \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ me when I’m depressed.

* 1 John 2:8 “...the darkness in our lives disappears and the new light of life in Christ shines in.” (LB)
* John 12:46 “I have come as a Light to shine in this dark world, so that all who put their trust in me will no longer wander in the darkness.” (LB)

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