

**Part 1: Fear of Intimacy**

Fear: *An anxious feeling, caused by our anticipation of some imagined event or experience.*

**Fear of Intimacy:**

1. Comes from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

* Luke 1:30  But the angel said to her, “Do not be afraid, Mary, you have found favor with God.”
* Luke 2:10 But the angel said to them, “Do not be afraid. I bring you good news of great joy that will be for all the people.”

1. Comes from our hidden \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

* Genesis 3:9-10 But the LORD God called to the man, “Where are you?” He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid.”
* 2 Corinthians 4:2 (MSG) We refuse to wear masks and play games...Rather, we keep everything we do and say out in the open, the whole truth on display, so that those who want to can see...

1. Comes from our desire for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

* Proverbs 29:25 Fear of man will prove to be a snare, but whoever trusts in the LORD is kept safe.

1. Comes from our past \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

* Job 19:19 All my intimate friends detest me; those I love have turned against me.
* Hebrews 4:15-16



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**Overcoming the Fear of Intimacy**

Psalm 34:4 I sought the LORD, and he answered me; he delivered me from all my fears.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ God’s love and forgiveness.

* Matthew 11:28-29  Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.
* Luke 2:10-11 But the angel said to them, ‘Do not be afraid. I bring you *good news of great joy* that will be for all the people. Today in the town of David a Savior has been born to you; he is Christ the Lord.”
* Titus 3:7 (NLT) Because of his grace he declared us righteous and gave us confidence that we will inherit eternal life.

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ issues with God and others.

* 1 John 4:18 There is no fear in love. But perfect love drives out fear...
* Romans 15:7 Accept one another, then, just as Christ accepted you, in order to bring praise to God.

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on my relationship with God.

* Revelations 3:20 Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me.
* Psalm 91:1-16

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