**OUTLINE**

**FEAR NOT**

**Part 3 - FEAR OF THE DARK**

**2 Timothy 1:7 “**For God has not given us a spirit of fear, but of power and of love and of a sound mind.”(NKJV)

**IN DARKNESS . . .**

* **I become disoriented.**

John 12:35 “The man who walks in the dark does not know where he is going.”

**IN DARKNESS . . .**

* **I become disappointed.**

**Job 30:26** “I hoped for happiness and light, but trouble and darkness came instead.” **(GN)**

**IN DARKNESS . . .**

* **I become distressed.**

**Psalm 22:1** “I have cried desperately for help, but still it does not come.” **(GN)**

**IN DARKNESS . . .**

* **I become depressed.**

**Lamentations 3:19-20** “The thought of my pain...is bitter poison. I think of it constantly, and my spirit is depressed.” **(GN)**

**Matthew 1:23** “The virgin will be with child and will give birth to a son, and they will call him Immanuel” --which means, “God with us.”

**2** Samuel 22:29 “You Lord, are my light; you dispel my darkness.” (GN)

1 John 1:5 “...God is light; in him there is no darkness at all.”

**THE LIGHT OF GOD IS THERE . . .**

**1. To guide me when I’m disoriented.**

**John 8:12** “I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.”

**Psalm 119:105** “Your word is a lamp to my feet and a light for my path.”

**THE LIGHT OF GOD IS THERE . . .**

**2. To encourage me when I’m disappointed.**

Psalm 34:18 “The Lord is near to those who are discouraged; he sees those who have lost all hope.” (GN)

Jeremiah 29:11 “For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

**THE LIGHT OF GOD IS THERE . . .**

**3. To strengthen me when I’m distressed.**

Psalm 23:4 “Even though I go through the deepest darkness, I will not be afraid, Lord, for you are with me.” (GN)

Philippians 4:13 “I can do everything through him who gives me strength.”

**THE LIGHT OF GOD IS THERE . . .**

**4. To change me when I’m depressed.**

1 John 2:8 “...the darkness in our lives disappears and the new light of life in Christ shines in.” (LB)

John 12:46 “I have come as a Light to shine in this dark world, so that all who put their trust in me will no longer wander in the darkness.” (LB)