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Quantum Techniques Teleseminar

Autism and Quantum Techniques™ Part 1

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Steve: I am here with Kathy and Kathy has a daughter and it's Erin, did I pronounce it right?

Kathy: Yes, Erin.

Steve: Erin, who has autism. She's been autistic since birth I'm assuming.

Kathy: Yes.

Steve: OK, and so why don't you just take just a minute and describe what aspects of autism you're really struggling with with her.

Kathy: Well, um, pretty much the language is a big thing, both her receptive language and her expressive language are very severely affected, so her communication. It's difficult to communicate with her. It's difficult for her to express her needs. It's difficult for me to explain things to her and she has a lot of anxiety because of that, so the anxiety usually manifests itself in temper tantrums or some sort of aggressive behavior, um, grabbing people, or hurting herself. So I struggle with that a lot, um, very, very hyperactive, um, just moves all the time, um, always jumping around, never, can't really focus on anything, um can be destructive, um can't really pay attention in school very well, um, has absolutely no concept of danger. She would jump out of a window, or run in front of a car, so I always have to watch her by restricting her to keep her safe. It is very, very stressful.

Steve: Sure.

Kathy: Um, so those are really the main things that I'm struggling with right now.

Steve: And let me say this, I am not an autism expert but I'm really good at seeing and finding disconnected fields and putting them back on. I worked with a lot of autism and I look at autism as both a hardwired and a soft wired issue and um, I think most of the hardwired problem with everybody I've dealt with is a gut issue, OK, fungal infections, gluten intolerance, lactose intolerance, that's what I've seen mostly. OK, then there's what I call the software being knocked off and one of the things I want to say is that we have, somebody coming in here, my dogs, you might hear them in the background for a minute, um, I think we're built like a satellite, but like a, excuse me, a space shuttle, we have multiple redundant systems that information can flow through and with autistic kids, most or many of those information systems are off. If I get one back online they hardly look autistic but there's two aspects. One is we have to I'll say diagnose and put those systems back online. Then we have to diagnose where the things physical, emotional, spiritual, toxins, diet, that knock them offline. And that's why I'm really happy that you purchased the **Truth Techniques I™** off our website, you know www.quantumtechniques.com because I can teach you how to find out how to test for what knocked the treatment off and how to put it back in the treatment.

Kathy: That's great.

Steve: Then see ultimately then that saves you 95% of the cost of treatment.

Kathy: Right.

Steve: And once you learn how to do that if your child is having problems, you know, if you don't have a way to do this, you don't know, are they having a die-off reaction because you gave them a supplement that was too strong? Did I give them something that was a toxin? Do they have a brain virus? You don't know what is going on, because so many times you get the same symptom.

Kathy: Right.

Steve: So for me, my issue was severe migraines, so a toxin food I'd get a migraine. OK, a brain virus, I'd get a migraine. Killing off a mold, I'd get a migraine. Detoxing mercury, I'd get a migraine. Well, you know, that just adds to the puzzle, the power of the **Truth Techniques™** and then as we go along and I send you our charts, and I see us doing 3 or 4, like a series just as a gift to your family that we can use to model for other people to learn how to do a lot of this on their own.

Kathy: OK.

Steve: OK.

Kathy: My son is going to learn how to do it too and help people too.

Steve: Right, and that's why I really, if I'm going to do this kind of helpful pro bono kind of thing I want people to buy but at a very low fee but get that stuff so I can empower them.

Kathy: Exactly.

Steve: And that's really what our whole purpose is about. So first thing is and I would do this with anybody. I'm just checking for reversal, OK, so thinking for Erin, well first I'm going to check you, I want to be healthy, I want to be sick, you're not reversed.

Kathy: OK.

Steve: That means your meridians are not flowing backwards. If they are nothing works. While I'm testing anyone, you put all of the fingertips and thumb tips of one hand together like I am going to pick a rice grain off the table. Hold those on your belly, 2" above your belly button, and that can be right through clothing.

Kathy: OK.

Steve: And you're doing that with the intention of doing it for your daughter, OK?

Kathy: Yup.

Steve: So, now, what happens is even if your daughter was not reversed, if I hit a hot topic, she might reverse and then all my testing is hosed until we fix that, so by keeping your fingers there it doesn't happen. Now, for right now, pull it away from there, if I check Erin, I want to be healthy, I want to be sick, she's reversed, her meridians are going backwards.

Kathy: OK.

Steve: OK, and if you can't fix that then everything else you do NAET, all of that stuff does not work.

Kathy: And nothing has.

Steve: Right, because she's got a reversal.

Kathy: We've tried everything.

Steve: Mmm hmm, and again, you know a lot of people do kinesiology but we take it to another level of finding and clearing reversals. OK, so now put the fingers there now, OK, for her, checking for Erin, I want to be healthy, I want to be sick, for now that cleared the reversal.

Kathy: OK.

Steve: So a smart thing to do if you are doing any other kind of work, chiropractic, while she's getting it done you hold that belly spot on you for her.

Kathy: Oh yeah, so I hold it the entire time she is being treated?

Steve: If somebody else is treating her, yes.

Kathy: OK.

Steve: I have you hold it the entire time I do it and I also hold my belly spot to make sure I'm not reversed to keep the channel of information open, and then because this is an issue I would hold that belly spot whenever you read the code for her.

Kathy: OK.

Steve: You see.

Kathy: Should I keep it on right now the whole time?

Steve: Keep it on the whole time.

Kathy: OK.

Steve: OK, why? She's not reversed now but we may hit a hot topic and see by me holding my belly spot it will usually clear her but let's say I was fighting a virus or the delivery man came up and there was some diesel went in my room and I reversed and once in a while I had it like double up, like I was fighting a virus, OK, I'm working with you, you have a virus, it's still not clearing, I want to be healthy, I want to be sick, one of my Rottweiler's comes over and lays on the ground, I touch her belly spot with my toe and now we can get good data.

Kathy: Wow, OK.

Steve: Yeah, so, I mean...

Kathy: That's pretty powerful.

Steve: Right, the reason we are so specific with what we do is if your testing is hosed or the system is not open for new information, nothing works. OK, this little thing has blocked most of your treatments. So we're holding that... well, you spend a lot of money on treatments that don't work. OK so, I'm going to check her for cortical split, I want to be healthy, that means the right and left brain are talking to each other on that level. I want to be healthy, sphenobasilar is working, OK. So we're going to, what I'm doing right now is I'm putting different informational pathways in the brain online, and then I'm going to test for foods.

Kathy: OK.

Steve: Now, I'm going to describe something that's off for her for the recording and I'm going to correct it. This is true with almost everybody with a gut issue. I've not found a case where this was not true with autism. This specific treatment rarely gets knocked off but I'm going to teach you how to test for it and correct it

Kathy: OK.

Steve: OK, so if I clench my teeth, OK, and I hold my cerebellum point which is in our charts, you run your finger up the back of your neck to the little indent about C1, I'm doing this for Erin, and muscle test the statement I want to be healthy, it goes weak. OK, that means that the ileocecal/pyloric valves are not opening and closing properly in sync.

Kathy: OK.

Steve: And that causes her neurotransmitters to be reversed. If we step back for a minute and right now, I want to be healthy, I want to be sick, you will hear me do that a lot, making sure she didn't reverse, but right now, serotonin, serotonin I want to be healthy is reversed. GABA, GABA I want to be healthy is reversed, well, there's her 2 inhibitory neurotransmitters that are offline meaning instead of making her calmer they make her more agitated.

Kathy: Yeah.

Steve: Adrenaline, Adrenaline I want to be healthy, that's reversed. Epinephrine, Epinephrine I want to be healthy, norepinephrine, norepinephrine I want to be healthy, dopamine, dopamine

I want to be healthy, glutamate, glutamate I want to be healthy, taurine, taurine I want to be healthy, so almost every single major neurotransmitter instead of working as her friend is her enemy.

Kathy: Yes, that makes sense, mmm hmm.

Steve: So what's important that I'm going to write down here and in all I am just going to put, all neuro's reversed PR and I'm going to put digestive valves, because see when we get done today I should be able to go back and test. There should be things online, you should notice a behavioral difference today and those neurotransmitters should be clear.

Kathy: OK.

Steve: So that's my measuring stick. OK, so digestive valves there are two ways to do that, you clench the teeth and touch the cerebellum, I want to be healthy, it's weak. OK, there is a 4 step correction. I'm going to do this now and I'm going to put it in the code. I touch the cerebellum, I touch my temples, I touch the middle of my butt cheeks in back. Kind of like the middle of my pockets and I tap above both ears 5 times, and a lot of these things, not all of them come out of the brilliant work of Dr. Alan Philips with Neurolink. You can Google his work.

Kathy: I got that on the link you sent me.

Steve: Yeah, we adapt a lot of their things. The 2nd step: cerebellum, fingertips around the eyes on the orbit and then I touch those bones, those hipbones in front, kind of like you'd notice on a teenage girl wearing the real low pants, the little hipbones, touch those and tap above the ears 5 times.

Kathy: OK.

Steve: 3rd step: cerebellum, the hairline right in front, OK, and the pubic mound, tap above the ears 5 times, and see I'm doing this on me for her. You can do this on you to treat your daughter.

Kathy: OK.

Steve: OK, cerebellum, crown of the head like the little Jewish skull cap they wear, and then the bony triangle below your belt, the triangle formed by the curve of the butt cheeks and the belt and touch that and tap above the ears 5 times. Then you rescan, I clench my teeth, touch the cerebellum, I want to be healthy? That's clear. There's a 2nd part which is seeing if it is off with the limbic system, I clench my teeth, touch the hairline in front, I want to be healthy, that's fine. OK, now that alone may set the neurotransmitters because neurotransmitters come out of the gut field. OK, so I want to check a couple other things and I'm running through some manuals of some things we do. Should I do that first? OK, I should actually, let's go back, um, make a note here, what I want to do is test her on the major food toxins and intolerances, OK? So, and we take the testing in a different level. If I say wheat, wheat I want to be healthy, she is toxic on wheat.

Kathy: OK.

Steve: If I say, sprouted wheat bread, sprouted wheat bread I want to be healthy, she is toxic on sprouted wheat bread. It's highly likely we'll find in a few minutes she's gluten intolerant. So she is bad on all wheat. OK, now if I check, corn, corn, I want to be healthy, that tests bad. If I check organic blue corn, organic blue corn I want to be healthy, that's bad. So, again that's making me think there's a gluten issue there, and what people don't realize is there's several levels of gluten issues. If I say cow dairy, cow dairy I want to be healthy, test bad. OK, cow

yogurt, cow yogurt I want to be healthy, tests bad. Goat yogurt, goat yogurt I want to be healthy, test bad, raw cow's milk, raw cow's milk I want to be healthy, so all dairy. So all dairy is bad and that's typically the case. They are very casein sensitive, but let's come back, butter, even butter and I rarely see that. Usually butter is OK, um, but not for Erin. So let's go back now.

Kathy: She eats all these things of course that you are talking about.

Steve: Right, right, yeah, if we say tomatoes, tomatoes I want to be healthy, they're bad. Potatoes, potatoes I want to be healthy, so all nightshades. OK, and night shades I'll just tell you what those are: tobacco, white, red, yellow potatoes, tomatoes, peppers but not black peppers, eggplant, garbanzo beans, and chick peas. Chilies are OK. Soy, soy I want to be healthy, soy is bad, OK, soy sauce, so all soy even fermented soy.

Kathy: I don't give her soy.

Steve: OK, eggs, eggs I want to be healthy, eggs I want to be sick, is good. Citrus, citrus I want to be healthy, citrus I want to be sick is good. OK, so she's bad which we always find, in other words her body gets up to heal every day, she gets one of these foods and it starts her meridians going backwards and erases the Divine's attempts for healing that day.

Kathy: Yeah, and everything she eats is that, is that so?

Steve: Right, right, right, you'll have a remarkable different kid in a month, even a week if you get them off the foods. Let me say one other thing, I should of said this earlier, I want to test her for inflammation, on a scale of 1-10, hers is a 10. If I clear that as a curtain, I'll talk about what curtains are later, it goes up to a 30. So she's got, let me make another note here, inflammation is a 30 of 10 and what drives inflammation? Toxic foods especially, nightshades, high sugar, and then hidden pathogens. With an inflammation level that high I know I'm going to find a bunch of hidden pathogens plus her corticosteroids, when we said, adrenaline, adrenaline I want to be healthy, well that's what controls your inflammation so if your corticosteroid or adrenaline is toxic you don't have anything controlling inflammation, OK, so there's a lot of things we can do with that that will be helpful. Let's go into dietary intolerance, OK, and all this is in that **Truth Techniques I**™ but you know, energy toxin if you eat one molecule it can reverse you. Dietary intolerance is can my body digest it? So if you put the knife edge of your palm like I am going to karate chop myself right at the C1 spot, I hold it there, I say wheat, wheat I want to be healthy, it's bad. So she's bad on gluten. If I say rice, rice I want to be healthy, it's bad. So she's bad on the amount of gluten in rice. If you cook rice my way and it's browned, browned rice, browned rice I want to be healthy, browned rice I want to be sick, that's fine, and I'll talk about that in a minute. OK, anybody who's ever cooked rice my way never goes back the other way, even after they heal it up, and there is a lot of this we can heal. Milk is probably not something that is going to heal up but a lot of this we can heal up down the road.

Kathy: Otherwise she could starve to death.

Steve: Well, and what this ends up being is, you know, rice that has been browned, and we'll check the other non-gluten grains, vegetables, meats, she probably has a massive fungal issue, we'll check that in a minute, but if I say, cow kefir, cow kefir I want to be healthy, goat yogurt, goat yogurt, so again all dairy, so complete lactose intolerance, and we just check fat, you know rib eye steak, that's OK. OK, let's talk about how to cook rice. If you get a wok or your frying pan

and you dry brown rice for 8-10 minutes like you're making popcorn, or I like it better browned in coconut oil or olive oil. Both are fine for her. Then add your water, like I take a paper towel and put it in a rice steamer and steam it normally. It takes 100% of gluten and sugar out. The body interprets it as a protein.

Kathy: OK.

Steve: So that's, and that means that you right now at this level of gluten intolerance she can't have rice tortillas or rice pastas or rice breads. She can have rice cakes and rice crackers because that's kind of browned.

Kathy: OK.

Steve: And now if I check her on millet, quinoa, amaranth, buckwheat, steel cut oats, those are all OK, so all those non-gluten grains will be OK.

Kathy: OK.

Steve: But that's a big, I mean, see what happens is we can do this great work, but if she doesn't change her diet, you erase it every day.

Kathy: Mmm hmm.

Steve: And so what I'm saying is we're going to find the problems. We're going to put it back online but then we do detective work, if she starts losing treatments and you'll know from her behavior, we go back and we can test in time, why did she lose it? And I'm sure there is other food she's sensitive to. These are just the majors and so I really encourage you to do a food log every day.

Kathy: OK.

Steve: OK, it sounds like a lot of work but they get so much better so much quicker that it's really worth it. Um, so let me do this if I check here, one, good, I want to be healthy. OK, check here, I want to be healthy. OK, so we're not getting the other. It is interesting, we did not get as many brain system disconnects as we thought, but let me try something because I don't believe that. OK, I believe I am missing some information and there's something called curtains and I'm going to use an example for this. Imagine that I am playing a war game or whatever it is but I got 6 guys in military camouflage hiding in the forest and I'm trying to find them with my binoculars and I can't find them. OK, then somebody brings us and says "Hey, here's the pattern they're wearing" and they bring in their shirt. Oh, now that I know what I'm looking for I can find it. OK, it is possible that all of this is connected with the auditory and the aggression and things are simply from the neurotransmitter field, but typically there is some other pathways that are off, so what I'm going to do is clear the entire brain as a curtain, then as a lock and key curtain, meaning the entire brain with heavy metals, OK, and I'm not clearing it for the body, I'm clearing it so I can find it. The entire brain with virus, the entire brain with bacteria, the entire brain with a fungal issue, the entire brain with parasite/protozoa, and the entire brain with mycoplasma. OK, now, let's go back, cortical split is still in line, sphenobasilar is, left brain automation, right brain automation, OK, maybe it will show up later, and you know what, in doing this kind of work, if you are never wrong, then you are not testing the client you are testing your belief system.

Kathy: Right.

Steve: So, I like getting surprised, but if we check here, fighting a virus, now, don't be surprised at these high numbers. With her system not doing well, the body has not been able to find

pathogens, OK, and I think that's going to be especially true of brain virus. So if we say fighting a virus, more than 10, 20, 30, 40, 50, 60, 70, more than 80, more than 90, more than 100, 105, 106, 107, clear that, 107, 108, 109, 110, OK, we got 110 viral frequencies, OK, and we're going to show the body where those are. If we check here, a lot of them are in the brain and I'm taking a little more time to write down where they are in the brain. I don't have to that for treatment purposes but for teaching it is helpful. So, if I check there they are, auditory cortex, now doesn't that make sense?

Kathy: Mmm hmm.

Steve: Because that's where the issue is, so we touch the auditory cortex, in the charts and you do that just by putting your fingertips in your ears even, the cerebellum, tap above the ears 5 times is showing the body there's viruses in the auditory cortex of the brain. If we check premotor, visual, association, so association – we're touching that, limbic. OK, I'm going to write that down. OK, is it pons, motor, frontal, prefrontal, amygdala, again, there's that anxiety/aggression field, so here and here. Sensory cortex, I would expect it there because she can't handle you know, much sensory input, so we're going to clear that and then cerebellum which controls body chemistry and we know there has been a problem with body chemistry. OK, so we check here, now if we check, OK, I'm going to double check that one, it's a little hard to believe. Wow, it's not showing up anywhere but the brain. It's right here and here. 100% brain viruses. OK, fighting a bacteria, I don't get a hidden bacteria. OK, now she does have a fungal issue. It's not as bad as I would of thought but again you've been working with DAMS protocol and other things for a long time.

Kathy: Right.

Steve: You just haven't known the different levels of fungal issues like we do. So we're going to tell you where the fungal is. OK, it shows up in the large intestine, OK, and think she's probably had some constipation issues.

Kathy: She has in the past, she doesn't now, but she has in the past, yeah, very bad.

Steve: OK, also in the thyroid, but see that's the gluten issue. OK, also in the adrenals. OK, the thymus and the small intestine. OK, and we're pretty good at getting rid of you know, fungal infections. OK, here, here, bladder, OK, and kidney. Do you have her on any probiotics right now?

Kathy: Um, yes, she takes probiotics and she also takes Inulin powder which is supposed to help memory, heal, grow, flourish, in the intestinal tract.

Steve: OK.

Kathy: It's a prebiotic they call it.

Steve: Mmm hmm, you know another thing you can do that, does she like coconut?

Kathy: I mean the actual coconut? I do give her coconut oil but I don't think she would like coconut itself.

Steve: OK, I'm just saying you, just for, you can get like a kefir starter and mix half coconut water, or half coconut milk, in a quart jar and just leave it on your counter overnight, 24 hours later put it in the refrigerator and it makes a great coconut kefir. It's another good probiotic.

Kathy: Right.

Steve: But if you don't like coconut that's not helping.

Kathy: Yeah, she doesn't like, it's too like sour for her, you know, she doesn't like anything sour like that.

Steve: OK.

Kathy: Um, we can put, but are you talking about the body ecology diet which is, I think that's like based on what is coconut kefir, fermented and things like that.

Steve: It is just one of the things that we've seen people that can't do, you know, can't do dairy, um, she also shows mycoplasma. We are going to see where is that and that's an atypical bacteria without a cell wall. OK, so if we go here for her, is it here, yes. OK, large intestine, OK, and I actually treat this where we go long, so I'm actually treating at this moment and time and then when you actually read the code it's like I retreated her. OK, we also have something called a broadcaster that we developed. It's similar to the Church of MC Squared and but the difference is we do individual treatments and we load it in the broadcaster and that's like holding it in a space where I'm treating it say, 24 hours a day, and what that does is it allows more rapid healing and you tend to lose a treatment far less often. OK, so I'm just writing down, we found the mycoplasma so far, large intestine, stomach, thyroid, adrenals, thymus, kidney, hypothalamus, OK, so we're going to check and see if there's more on that. Let's try here and here, OK, that's clear. So that's our, that's really our pathogen field and our big diet issue. I do want to since we're moving nice and quickly, so we can you know, we can teach other things, OK, she has something called sensory overload which, and that's a specific scan, out of a very advanced Neurolink, but you already know that.

Kathy: Yeah.

Steve: OK, but if we check, we want to see where, so first of all, OK, it's, it's much more auditory, I want to be healthy, and kinesthetic than it is visual, OK, so mostly auditory, kinesthetic, that doesn't make it, a difference for how I'm going to treat it, so we need to find out what gland that's involved in. OK, is it here, no, is it here, yes, so interesting, it comes up as the liver field. OK, and we need to find out here, OK, is it 1, 2, 3, 4, and 6, 5, 7, 8, is it 8, yeah, so it's the liver and cranial nerve 8. So, I'm going to connect those two. OK, we are going to try it again. OK, and I didn't, ah, I didn't ask you, didn't say this for the recording but you do have a little blood sample, right?

Kathy: Yeah, actually it was easy because she lost a tooth so I just got some of the blood.

Steve: Great, great, and where is that on her?

Kathy: It's on her thymus.

Steve: Great, if you couldn't do that, I only need that for one scan. A lot of times I work with autistic children and we don't have to have it for everything, but it's really important for like showing the body where these viruses are. You can put a Band-aid and put it right in the middle of her back, you know.

Kathy: On her back?

Steve: I'm saying yes, but for the thymus one, for the microchemerism I need it on the thymus, you've got it on the right spot, but I'm saying when you read the treatments, it's going to be good to have a blood sample and change it out twice a week. An easy place to put it is on a little Band-Aid on the middle of her back.

Kathy: OK, so and leave it there all the time?

Steve: Yeah, I would and I'd change it out twice a week and you know, she's not bumping her

head or something; I would get those little diabetic lancets. They can be asleep and you can do them on the heel of their hand or the heel of the foot. They don't even notice it on a tiny Band-Aid.

Kathy: OK.

Steve: Now what's interesting is with the two head injuries you talk about she didn't not show any cortical split or things knocked offline there but now what I'm looking at is cranial sutures and that's a pretty big issue for head injuries. I haven't actually done a lot of that with autistic children because that's fairly new but I've done it with a couple, so I'm just going to check, if we check here, OK, that's looking clear. That's clear. OK, so we do have a cranial suture to what we call a brain engine that's offline, clear, clear, clear, and what I'm testing for right now is which suture is it? OK and it's the Bregma, that's the Bregma suture and I want to see and it's the amygdala, I can see that. OK, so again that should help, if we go here, here, OK, let's try it again. OK, there's another one off. OK, is it here, so it's the Sagittal suture, OK, and let's see, is it, is that um, is that clear, clear, OK, it's clear, clear, clear, clear, so it's the pons, OK, which again is the thinking part of the brain in the way that I do this. OK, now, OK, that's testing OK, that's OK, that's OK, that's OK. If we check here, that's OK, that's OK. Stuff that's beyond what I can teach because of where our charts are, I'm just moving quickly. If I find something I'll tell you what I got.

Kathy: OK.

Steve: But if um, if not then I move pretty quick.

Kathy: OK.

Steve: Um, so if we just check, OK, yeah, now let's check the microchemerism an microchemerism again is the brilliant work of Dr. Allan Phillips and osteopath, research, he's a brilliant guy down in New Zealand that again, that's www.neurolinkglobal.org, but if we check there is a microchemerism field and you know, what I'm going to get this with the methylation system it's probably going to be a liver field but we'll just see, that's just my theoretical guess. So if I check her, OK, OK, is it here, no, is it here, yes, is it the liver, yes. Again so it's the, which kind of makes sense, so we're going to clear that. OK, and do this, OK, there's still another field. Is it here, no, is it here, no, is it here, yes, so there's something with the brain, so I'm going to clear that and they've had good luck with MS and ALS doing this, Parkinson's, but the brain field could be anything from stroke to depression, MS, you know, schizophrenia, autism, OK, it could be just something involved with the brain, depression, OK, that field is clear. Protein scan is clear. DNA scan is clear, meaning like I said, any damage is in the gut, there is not a hard wire problem with the brain. We just got to put informational pathways back online. OK, so if I do that, that's clear. OK, should I do more on this field, no. OK, so, I want to try something now, and what I'm testing now, when I go back, I'm going back to my measuring stick, and then I want to teach a couple other things, you know my measuring stick was all of those neurotransmitters were reversed.

Kathy: OK.

Steve: And if we don't change that, OK, then we can't help her, so what we've done is put a lot of things online. We've identified the major food toxins and now we're testing if those are out of her diet. OK, um, and we've got this huge brain virus load. I was very surprised to see her gut be as clear as it is. I mean there was some fungal there.

Kathy: We've been working on it.

Steve: Yeah, and that's very obvious. You've had some really good help cleaning up the gut. I just think a lot of the energy work could not go through because of the reversal field.

Kathy: Yeah, that makes sense. That makes perfect sense.

Steve: And let me just say this because it is part of my story. I went to the #1 rated, in fact he was the first homeopathic MD in the state of Arizona, worked with him for 12 months, didn't get better. OK, and I was taking about \$800 of supplements a month.

Kathy: Wow!

Steve: When I learned this level of testing and he was testing on you know, the electric acupuncture machines. He had me on 21 medications or supplements. When I learned to test the level that we're testing, all 3 levels and then testing with dietary intolerance and then we even take the testing further, which is testing against a specific symptom, 19 of the 21 reversed my meridians.

Kathy: Wow!

Steve: But his machine only measured 2 levels. They only reversed it on the 3rd level.

Kathy: OK.

Steve: That's how important this is.

Kathy: She's a homeopath, she does muscle testing but ...

Steve: But they don't do all 3 levels.

Kathy: Right.

Steve: So the level that you're learning in *Truth Techniques I*™ will take it further, but let's go back, let's just check our measuring stick. I want to be healthy; I want to be sick, right now serotonin, serotonin I want to be healthy, serotonin I want to be sick is clear. GABA tested the same way is clear. Epinephrine is. Norepinephrine is. Dopamine is. OK, good let's try taurine and glutamate is. Let me just check the other ones, PEA, OK, histamine, OK, agmatine, OK, good, so we know, we put, we got the digestive valves fixed which was huge, the brain virus field, we get toxic foods out this is going to be very different picture, but let me take it a step further, when I say serotonin, serotonin I want to be healthy, serotonin I want to be sick, let me try this, I'm testing to see is there adequate serotonin that's not toxic outside of the cell, and that's very important, but that doesn't tell us is it getting inside the cell. If I say functional serotonin, functional serotonin I want to be healthy, is testing toxic. Now, all that means is something is blocking serotonin from getting to the inside of the cell. Let's just try this, functional, if I say GABA, which we already know is fine, functional GABA is bad. OK, so we have functional GABA. Let's try this, functional adrenaline, that's actually OK. Functional norepinephrine that's OK. Functional dopamine is not. OK, so let's try this functional taurine, that's OK. Functional glutamate, that's OK. So, 3 of her neurotransmitters, serotonin, GABA, dopamine, something is blocking them to getting to the cell wall. I'm going to muscle test for that in order of um, what we usually find, first one is manmade, medications, OK, that's usually antibiotics, antidepressants, vaccinations, steroids, other things, birth control pills, manmade metals, OK, then it goes next typically to pathogen frequencies. So, let's just ask how many different things are blocking the 3 cell surface receptors? More than 5, more than 10, more than 11, so I get 11. Let's clear that as a curtain, more than 11, more than 12, more than 13,

more than 13, so there's actually 13 things that are blocking this and some of those and she can get them in utero. I mean if you had a vaccination in utero she could get it there.

Kathy: Well, that's what happened.

Steve: OK, well let's ask, how many of these are manmade? More than, OK, 10 of these are manmade. OK, how many of these are medications? More than 1, more than 2, more than 3, more than 4, so we have 10 manmade, 4 medications, was one of them the vaccination in utero? Yes. Is one of them an antibiotic? No. Has she had any other vaccinations?

Kathy: Yes, she had Hep. B at birth, yeah, all of her infant vaccines, so we figured out what was going on.

Steve: OK, so let's ask are all 4 of these manmade ones vaccinations? So, all 4 are vaccinations.

Kathy: OK, that figures.

Steve: Yeah, and you don't have to know that a lot of the time. I just think it's helpful for us in this case to know.

Kathy: Yeah.

Steve: The other 6 manmade are they metals? Yes, mercury, yes, copper, yes, aluminum, yes, lead, no, chlorine, yes, arsenic, no, fluoride, yes. I think I got 5 of them, let me just write that down. So I know I got aluminum, copper, OK, mercury, chlorine, OK, fluoride, OK that's 5, I may have said another one, I don't remember. Um, is there another metal? Yes. It's not arsenic, zinc, plutonium, it's cadmium. What did you say?

Kathy: Titanium.

Steve: Titanium, I'm getting it's cadmium.

Kathy: OK.

Steve: Yeah, so it's cadmium. OK, now we have 13 left. Are the other 13 pathogen frequencies? Yes, viral? Yes. OK, now the other thing that can happen is you can have a nonphysical attachment, a spiritual attachment, generational attachments, um, you know, a rage field, other things blocking that. Now, now that I've got those 13 I'm going to ask are these 13 blocking other key cell surface receptor sites? Yes, do I need to know what they are? No, and that's what's really nice about this new scan is it makes you look real smart. You don't have to know as much. So if I ask do we have 100% of the information, cooperation for clearing that? Let me clear that. That doesn't take me long. OK, here, so and I'm just telling you the organs and glands that we're finding key cell surface receptors blocked in. The pituitary looks OK, large intestine, OK, stomach, OK, thyroid, usually the endocrine gets, the endocrine system gets pretty involved, yeah, adrenals, thymus, small intestine, bladder, liver, kidney, hypothalamus, OK, now, is it here, no, here, no, here, no, bone marrow, OK, OK, is it here, yes, brain. OK, so now we've got that field clear. OK, if I ask, should I do more here now? Yes, here, no, here, no, here, yes, now that's interesting, now we're showing a free hormone scan that we should do which I was not getting before I did this, so that opened up a curtain by doing that where the body can see something it couldn't see before. Let me check this for her first though, one other scan, while I'm here. Here we go, OK, that's clear, OK, so if I do this, OK, so we do show something out, check that's clear, OK, clear, clear, clear, clear, clear, clear, clear, clear, so there's a thyroid issue and that's not uncommon. You know, when the adrenals are so exhausted from all the activity, the thyroid has to start kind of overcharging and getting exhausted. So, let's do this, now let's try it again. OK, that's clear. OK, I'd probably ought to check that. T3, T4,

functional T3, functional T4. Yeah, this other field should of cleared it. So let's do this, that's OK, anything else in this field, here? Let me try one other thing for her, um, let's just go back before Erin, is there anything else here, no, anything else here, no, anything else here, no, anything else here, no. Let's go back, anything else here, no, anything else here, no. So let's go back, if we go back in time, and one of the nice things about testing, when we first got on the phone today, I want to be healthy, I want to be sick, and I make sure we're not reversed. I had an open, blocked, lost, you had lost treatments. OK, more than 5, more than 10, more than 20, more than 30, more than 40, more than 50, more than 60, 51, 52, see you had 52 lost treatments.

Kathy: OK.

Steve: Meaning energy treatments, yeah and chiropractic can get lost, acupuncture, do we have 100% of the information, cooperation for clearing those how? Yes, now typically what I do is I do the physical first and if I was working with someone let's say, who had done a lot of EFT or emotional work but they weren't any better and I found this, I would of said I can do emotional work with you today. If you want to save money, get the fungal infection under control, do the diet, call me back in 2 weeks because a lot of the emotional work you've already done, the spiritual work can download in the body. Right now it can't because the meridians are reversed because of the diet issues. Um, we need to find um an antifungal that you're comfortable with using for her.

Kathy: OK.

Steve: OK, and then we need to get some different probiotics. Fungal infections are like fighting a martial artist, they've got so many tools to throw at you that if you've been using the same probiotic for 3 months and you still have a fungal infection then you need to rotate in some other probiotics.

Kathy: OK.

Steve: OK, um, if I just check for her, MMS does not test good for her and that's the first thing we would use. Silver doesn't test good for her, that's very unusual. I want to be healthy, I want to be sick, MMS, MMS I want to be healthy, MMS 2, MMS 2 I want to be healthy, OK, Silver, the body doesn't want that, OK grapeseed, excuse me, grapefruit seed extract, that would be OK. Have you ever used that?

Kathy: Yeah, I have that.

Steve: OK, let's do 1 drop twice a day.

Kathy: 1 drop twice a day, OK.

Steve: Yeah, 1 drop and you know not to put it directly in her mouth. It would burn her little, mix it is juice or something.

Kathy: Yeah.

Steve: Yeah, with a fungal infection, let me say the antifungal diet, I mean you are already on a restricted diet but and this is for everybody not just for her, no yeast breads, no beer, wine, mushrooms, melons, no high vinegar, excuse me, no high mold cheeses, no vinegar other than apple cider vinegar. The more we move away from the sugar the faster she heals so I recommend and if I check her, an apple, or a pear, a handful of berries a day. You know an handful of grapes or dates or big ripe bananas is too much sugar.

Kathy: OK.

Steve: And most clients if they'll do like the grapefruit seed in this case and 2 or 3 probiotics, which I'm going to test you on and the diet, they've get rid of the fungal infection in 6-8 weeks.

Kathy: OK.

Steve: Um, if I check you right now I am just going to test you on something that you can pick up at the health food store. Threelac does not test good for you but it's lactose based. Um, Primal Defense, have you ever used that?

Kathy: I have.

Steve: That's testing good. Jarrow's Formula – saccharomyces is testing OK. PB 8, like Paul Berry #8 ...

Kathy: Yeah I've used that too. I've used every single one of these at one time or another.

Steve: Right, yeah, and what I'd like to do and I'm more than glad to test other ones that you've used is let's say, tonight, and I know you can't do it tonight right before the holidays. Just go through the holidays and enjoy it and then you know it's going to take some time to get the foods, make the diet changes, but then what we want to do is like say, you take PB 8 tonight, just one of them at bedtime, and then tomorrow take Primal Defense. The next night take the Jarrow's Formula. The next night take what you are taking now, so that we're rotating through and hitting this tenacious fungal field which does reverse neurotransmitter, OK.

Kathy: OK.

Steve: With multiple frequencies, um, would that help, very significantly, would that help, no, another thing that you can get online and I don't own this company but they have a similar name Quantum Herbal Products.

Kathy: OK.

Steve: They have an antifungal formula. It's a 2 ounce bottle. It's plant botanical. It is testing very helpful for her and I would do 2 drops, you know, like twice a day. Would um, garlic be helpful for this. Actually she test bad on garlic, interesting. Would oregano...

Kathy: Oregano oil, I've used oregano oil.

Steve: Oregano oil is a toxin for her right now.

Kathy: OK.

Steve: And so...

Kathy: Caprylic Acid.

Steve: Folic Acid...

Kathy: Caprylic Acid.

Steve: OK, caprylic acid. Would that be helpful, significantly, yeah, that's testing OK. Caprylic acid doesn't really knock out a fungal infection but it helps hold ground against it and you're OK on that. So, I would do the grapefruit seed and I would do the antifungal formula from www.quantumherbalproducts.com .

Kathy: Did you say 2 drops twice a day.

Steve: Yeah, 2 drops twice a day and once you learn how to muscle test we can spend a little time with you if we need to, then you can test every day what's best that day and what dose because it changes depending on the condition you're in. So, for example well that's just within a day but let's say she loads up with sugar with Christmas or pie and all that. The next day the body may want 3 drops twice a day.

Kathy: OK.

Steve: It might want 2 probiotics, see, because the body is a very dynamic system and that's one of the things we do, we test every day. Now we teach people this every day so instead of you come and see me and then you come back 2 weeks later, well, I give you a code and you retreat yourself every day, treat yourself however many times it tests, you know, like 3 or 4 times every day. Well, that's like I treated you every day.

Kathy: Right.

Steve: So as you learn to do that and then for example, there's getting the field and then there's keeping it online and then when you lose a treatment and this is why you can save money, 95% of the time if you lose a treatment it is going to be physically caused. 5% of the time you are going to have an emotional trauma but 95% of the time, oh, I didn't know there was some wheat in that, and not that it is going to knock off every treatment every time but that's really common, or you know, she was out at school, or whatever, and she got something and she lost a treatment. Well, if you go through and test, I have an open, blocked, lost, incomplete treatment, you find she's got an incomplete treatment, and you go through and you test. OK, it's an incomplete treatment and what caused it to go out was that Glade plug-in, or you know, that wheat bread, and you simply say, can I just add this into my current code? 95% of the time the body is going to say yes. So you don't have to recall for a session because you're just showing the body new information that it didn't have before.

Kathy: OK.

Steve: 5% of the time it is going to say, no, call Steve and that's usually because there's something else that you can't find and it's like your mustard in your refrigerator and you're getting yourself whacked every so often because you don't use it every day.

Kathy: Right.

Steve: But most of the time then you'll be empowered to pull things back online yourself and then need me less and less and that's kind of what the job is here is for you guys to get empowered.

Kathy: Right.

Steve: Um, is there a significant emotional field? Yes, OK, is she carrying a frozen emotional field? Yes, and if you email me I'll give you a code so that you can get that free from our website but there is a teleclinic on Frozen Emotional Fields, and these are really common. OK, so let's ask a question, um, the anxiety, I'm muscle testing, should we start with the anxiety? Yes. OK, the anxiety that she feels, so let me just do this, frozen emotional field, OK, anxiety. OK, how much of the anxiety that she's feeling right now is actually her anxiety? More than 5, more than, 10, more than 15, nope, more than 11, more than 12, so 12% of her current anxiety is actually hers created inside of her, and see we catch emotions from people and autistic kids often disconnect because they're catching too much information.

Kathy: Mmm hmm.

Steve: OK, so um, the other 88% is that from more than one person, OK, more than 2 people, OK, 2 people. Let's ask is it mom? Yes, is it dad? Yes, and is her dad still involved in her life?

Kathy: Yes.

Steve: Good, OK, so we have 88% OK, of the anxiety is mom and dad. Now, you guys were probably having some pretty stressful times

Kathy: Yeah, autism is kind of stressful.

Steve: Mmm hmm, OK and so she picks that up. So, one of the things we want to do as an affirmation for her every day is simply say, Erin's body is a container only for all the love, light, joy, truth, health, abundance that the Divine has made, and standing in her place and sending the anxiety back to everybody else so that you get your anxiety because that's something you need to do for your spiritual work. Your husband get's his anxiety. That's what he needs to do for his spiritual work, and then we ask the Divine to so fill that space where that anxiety is, with calmness, and love, and joy, and gratitude that that kind of I'll say toxic energy can't reattach there.

Kathy: OK.

Steve: OK, if we ask is there another frozen emotional field? No, OK, one other thing that's a really good technique, this can be for you, this can be for your husband, this can be for her, if she's really stressing, if you have our trauma code and I have it on the back of a business card, but I'm just going to read it to you, it's really short and you can write it in a column. Do you have a pen?

Kathy: Yup.

Steve: OK, and you don't have to hold the belly point when were this far down because I am not testing, it is: eb if lf sh eb e mf sh if oe a c 9g, just stop with the 9g, OK, and right now and I just want to demonstrate this because you can do this for her if she's stemming or doing other things, right now can you think about something if you think about it it creates a lot of anxiety?

Kathy: Yes.

Steve: OK, right now on a scale of 1-10 how much anxiety can you feel right now?

Kathy: Maybe 8.

Steve: OK and what I want you to do is just focus on that and let it go and all I'm doing is running my finger across this code, 1, 2, 3, and I'm sending it to you, 4, 5, 6, 7, 8, just take a breath and when you go back there, has anything changed or is it still an 8?

Kathy: No, it's better, maybe like a 5.

Steve: OK, now see I don't even know what I'm treating.

Kathy: Right.

Steve: That's pretty cool.

Kathy: Yeah.

Steve: It took less time to treat it, I'm still doing it, than it took it would of taken to tell me about it, and what's important is let's say this is a real life event, like you have pancreatic cancer and you're dying. It still works.

Kathy: Right.

Steve: Where's that 5 now? If it's the same that's fine.

Kathy: Now, I can't really feel anything right now.

Steve: Right, that took us 30 seconds without talking about it.

Kathy: Yeah, excellent, I was feeling a lot in my stomach too and I don't feel that now.

Steve: Right, so that is an incredibly powerful technique. You can use it for you. You know you can use it for your daughter, your husband can call from work and he's stressed out. You are just running your hand over the trauma code sending them it as a prayer, as a gift of love.

Kathy: So this is the code that you just gave me is a trauma code?

Steve: That's just the trauma code. That's good for lots of things. Now what I want to do is give you a code for Erin that covers everything we've done today, and if we were thinking homeopathy this would be like her constitutional code.

Kathy: OK.

Steve: OK and then I'm going to load that code in the broadcaster. So, I'm going to go ahead and read that and if I'm not clear just say Steve, stop. I'm going to say the letters, and then the word it stands for so you can hear my voice and anything that sounds like sh will always be Sam Harry for side of hand. I don't say fh for as in forehead because you can't hear the difference.

Kathy: OK.

Steve: So, let's just write this down. This is like her constitutional code. It is: sh if g50 if g50 sh if eb if eb sh if g50 if g50 sh if eb if eb sh if g50 if g50 sh if eb if eb sh if g50 if g50 sh if oe a c 9g un sh un then just read the 1st chakra pattern in our manual twice.

Kathy: OK.

Steve: I would do that kind of again, sending that as a gift of a prayer to her twice a day. It never hurts OK, to do it more, if you did it 20 times a day the body...

Kathy: Do I read it out loud?

Steve: It doesn't matter. I actually thing there is some advanced power to reading it out loud. OK, I do think there's some there about putting that frequency out into the world.

Kathy: Do I just set the intention that it is going to her.

Steve: That's right, you set this if for her, this is a gift to her and you just read it like I read it and you can't read it too fast, you can rip through it in 15 seconds.

Kathy: I don't have to think about each spot as I'm reading it.

Steve: No, now have you touched the spots and put them into your body?

Kathy: Through the video.

Steve: Yeah, once you've done the Getting Started Quick Section and input it your body knows it and you can just read it real quickly for her. OK, any questions that are coming up right now?

Kathy: No, that was great. Thank you!

Steve: I just want to say, that you know, for the recording, that we got in contact doing the radio show with Nicole Whitney: *News for the Soul*, so we want to you know kind of give them credit for that and what I'd like to do and we can stop and edit out the rest of this. I'll just turn off my recording and I'm going to send you our session, OK. Um, we've only done a couple of shows with Nicole.

Kathy: Right.

Steve: And so it felt a little like last time that she was wanting to do live call-ins versus somebody who we had information on ahead of time. I don't know how that's going to go. My desire is to do this with you, kind of see, you know, shoot me an email like um, Thursday night, Friday, what have you found. What do have you noticed? What's working and not working? If it's not working that doesn't bother me, do you know what I'm saying? I mean it bothers me for you but I'm looking for answers and ah, I don't work with easy cases and so then I like to see if you can call in for that show.

Kathy: For the Friday show.

Steve: For the Friday show.

Kathy: OK.

Steve: Now, if for some reason um that's not working for her then you and I, I will commit to do at least 2 more sessions like this that we just choose another time and we record and then what I'll do and eventually I'll put that on our website as a teleclinic series and let people listen to one live and get an idea what we do and what we do is different.

Kathy: OK.

Steve: And so at some point I'll probably want to get you on the phone and say what have you noticed? What was helpful? What was not helpful?

Kathy: OK.

Steve: But I do know this, her neurotransmitters are not showing reversed. Her digestive valves are not out. If we make the diet changes and understand putting things online energetically is instant. Killing the viral load might take 3 to 4 days; she might even act like she's fighting a little virus. Getting the fungal infection to heal, if we can do the diet, may take 6-8 weeks, OK, um, getting the foods out of the diet that cause inflammation, most foods once your off of them you have the full effect, I'll come back and talk about it, inflammation for a minute, a full effect within, ah, like ah 3 days, but when it's the nightshades, the alkaloids, the tomatoes, potatoes that can take 3 months for the inflammation to go down. Let's check this curcumin, curcumin I want to be healthy, curcumin I want to be sick. Are you aware of curcumin?

Kathy: Yeah, I give her turmeric powder.

Steve: OK, good, do we need to increase that? No, OK, grape seed extract, are you aware of that one?

Kathy: Yeah, I have that one. I give that to her.

Steve: OK, does my body know another anti-inflammatory? No, so let's ask this question when we got on your inflammation was like a, her inflammation, excuse me, was a 30 of 10. If we erase the virus that goes down to ah, OK, that's where it is, the inflammation in her body is this big viral field. So if we knock out the virus then the turmeric and the grape seed are going to be much more effective.

Kathy: What about Olive Leaf? Isn't that a good anti-viral?

Steve: Olive leaf is a good antiviral. Would that one be a good one for her? Yes, um, do I know of another antiviral that would be significantly helpful for her against this field? No, but Olive Leaf is good. Yeah, the oregano right now isn't her friend. Her body doesn't want it. The garlic is not her friend but the olive leaf... Say that again?

Kathy: You said she can do the...

Steve: Yeah the caprylic acid and that Quantum Science...

Kathy: Quantum Herbal Formula.

Steve: Yeah that one.

Kathy: OK.

Steve: Yeah.

Kathy: The antifungal formula.

Steve: Their antifungal formula, yeah, anything else in here for her? No, so let me know how you're doing, OK?

Kathy: OK, so, I do the changes and the supplements, and read her the code twice a day.

Steve: Right and you can't overdo it and I would hold the belly spot on you when you read the code.

Kathy: OK.

Steve: And let's see if we can't get something going here and make some differences for her. Um, I had another thought that came into to mind, what was it? Um, yeah let me know how she's doing next week and then let me just see.

Kathy: (inaudible) and do you need to clear it with Nicole first to have for me to call in?

Steve: Actually I don't think we have to. I know last, you know, I think I told last time that I wanted to do this and I don't think she's real controlling.

Kathy: No, she's great. I've known her for a long time.

Steve: Right, so I think we'll do this next week and then I'm going to make, I'm going to try to have my people, see we normally, like we're recording bridge line press in my office, the bridge line is better. When I'm using Nicole's I'm not on my bridge line, so I'd like to see if they can use my recording and clean it up good enough to where we could put that in our series, you know all in one place. It's easier, we'll definitely tell people next week that we're going to be doing that on that show and tell them that that's our intention and but again we're not playing today on that show. We're going to do that one live and see what's there and we'll, I'll probably go online and just say I worked with Kathy and Erin and we found all these things and that takes me about 6 minutes. Kathy what's going on now? You know what have you noticed?

Kathy: OK.

Steve: Because we should get changes in a week and then we'll just test and see what's there. My first session is always my longest session. Well, I tested her diet. I went through a 75 page manual. OK, so let's say next time you just knock it off because she ate chocolate chips. I put one treatment, I clear it, that won't take us very long. So we may be able to take several people. What I definitely want to try to get you first on there. My wife going to be traveling anyway.

Kathy: Oh, OK.

Steve: OK?

Kathy: Yeah, sound great.

Steve: So, let's see if we can't do some stuff for you guys this holiday season and make a difference in your life.

Kathy: That would be beautiful. Thank you!

Steve: You bet! Blessings!

Kathy: Have a beautiful Christmas! Bye.

Steve: You too, bye bye!