**Leader Guide**

**Session 1**

**Video Teaching**

Play the video segment for session 1. As you watch, use the follow­ing outline to record any thoughts, questions, or points that stand out to you.

**Notes**

God wants you to know him, find freedom, discover your purpose, and make a difference.

Three things you need to move on from include:

Old history

Old habits

Old hurts

Write down this phrase: “I can’t start \_\_\_\_\_\_\_\_\_\_\_\_”

It's time to repent-to change your mind and your direction in these areas:

It's time to get closer to God

It’s time to get honest with a friend

It's time to get in tune with your purpose and passions

It's time to get doing something greater than yourself

If you dedicate your life to something greater than yourself, God will fill your life with passion and adventure

**Group Discussion**

Take a few minutes with your group members to discuss what you just watched and explore these concepts in Scripture.

1. At a traffic light, you might have to give the car in front of you a "beep beep" to get them moving. How has God done this in your life when he wanted you to move forward?
2. In Luke 9:57-62, many people wanted to follow Jesus, but they had all kinds of excuses why they could not. What are areas where you are prone to procrastinate in your spiritual life?
3. Read Isaiah 43:18-19. What does it mean to "forget" the former things in your life? How can being locked in the past pre­vent you from moving forward?
4. Read 2 Corinthians 5: 17-18. What are some old habits and old hurts that you need put behind you in order to step into the new life that God has for you?
5. What are some things that tend to get in the way of you getting closer to God? Of getting honest with others? Of getting in tune with your passions in life?
6. Read Ephesians 2:10. What is the "work" that you feel God is calling you to do? What first step will you take this week to start moving toward that calling?