

FOOD MENU

WEEKDAYS 09:00-15:00 (WEEKENDS TIL 15:30)

Porridge (PB) 5.5

Cardamom oat porridge, chia seeds, oat milk, maple syrup, banana and pistachio crumbs

Golden Granola (GF,V) 6

Home-made turmeric oat granola, Greek yoghurt, mulberries, coconut flakes, goji berries, pecans and fresh persimmon. **Switch to coconut yogurt +1**

Avocado on Seeded Toast (PB) 6.5

Crushed avocados, chilli flakes, lemon, coriander and radishes

Fig Pancakes (V) 9

Fig pancakes, served with fresh figs, orange blossom mascarpone, toasted hazelnut, maple syrup

Chorizo Avocado 10

Spicy crushed avocados, grilled chorizo, free-range poached egg on seeded toast

Poached Eggs on Toast (DF,V) 6

Seeded sourdough toast, two free range poached eggs

----- EXTRAS -----

Switch to Gluten Free Bread +0.5

Poached Egg 1.5

Mushrooms/Avocado/Wilted Spinach 2.5

Smoked Salmon/Streaky Bacon/Chorizo/Halloumi 3

Quinoa Fritters (GF,DF,V) 9.5

Courgette quinoa fritters, tomato relish, spinach, avocado, paprika aioli & a free-range poached egg

Vegan Tartine (PB) 9

Avocado hummus, slow roasted tomatoes, charred broccoli, crispy shallots, cashew dukkah and basil oil. Served on a seven seeded sourdough

Full Healthy Brunch 12

Two free-range poached eggs, avocado, mushrooms, slow roast tomato, fresh spinach, Goldstein smoked salmon. Served with seven seeded sourdough

Shakshuka (DF,V) 9

Middle eastern tomato and pepper sauce, two free-range eggs. Served with seven seeded sourdough toast

Buddah Bowl (PB,GF) 7.5

Charred broccoli, rainbow vegetables, kale, quinoa, hummus, mixed seeds with a turmeric tahini dressing

Vegan Dahl (PB,GF) 8

Tamarind red lentil dahl and sweet potato chilli. Served on wild rice with coconut yoghurt tahini dressing

(DF) DAIRY FREE (GF) GLUTEN FREE (V) VEGETARIAN (PB) PLANT BASED

PLEASE NOTE WE CANNOT GUARANTEE AN ENVIRONMENT COMPLETELY FREE FROM ALLERGENS SO TRACES OF SOME INGREDIENTS MAY STILL BE PRESENT IN OUR DISHES. PLEASE LET US KNOW OF ANY DIETARY REQUIREMENTS OR ALLERGIES BEFORE ORDERING.

PLEASE NOTE A DISCRETIONARY 12.5% WILL BE ADDED TO ALL BILLS FOR EAT IN FOOD ORDERS.

