

MAXIMIZING IMPACT BY BEING THE RESOLUTION

Identify how you can maximize your impact by being what is missing in situation in the world that matters to you.

Being the Resolution (Commitment #15)

I commit to being the resolution or solution that is needed: seeing what is missing in the world as an invitation to become that which is required.

I commit to responding to the needs of the world with apathy or resentment and doing nothing or assigning blame to others.

What are three examples of situations in your life—personal, company, community, or global— that you feel resentful about, complain about, blame others for, or feel apathetic about?

1. _____
2. _____
3. _____

Take a moment to pause and notice the cost of your inaction.

Are you willing to be the resolution for these? Take a moment with each to see if you have a full body yes or not. Simply write “yes” or “no” below. Be honest with yourself. No is just as good an answer as yes. Letting yourself say no when it’s true can open the door to a genuine future yes. A yes that you don’t wholeheartedly mean is a setup for a broken agreement.

1. _____
2. _____
3. _____

If yes, how can you be what’s needed (from above the line)?

1. _____
2. _____
3. _____

Circle one of the situations above you’re willing to be the resolution for (if there is one) and define three actions steps you can take to begin moving in that direction.

1. _____
2. _____
3. _____

Put these action steps on your calendar