

Journey CHURCH

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Crash the Chatterbox Session 2- Insecurity

Key Idea: The chatterbox says we are worthless and rejected. But God says we are His beloved children through Christ.

“This is one of the main reasons we struggle with insecurity: we’re comparing our behind the scenes with everybody else’s highlight reels.”

When you’re already approved, you have nothing to prove.

Watch: Video 2 on the *Crash the Chatterbox* DVD.

Read: Romans 8:31-39; Philippians 1:4-6; Matthew 3:13-17; and Matthew 4:1-11

Open the Discussion:

1. Everyone knows “*that guy*” who always tries to prove himself to other people. Who do you know like that? (If that person is sitting next to you, pick someone else...)
2. Do you ever find yourself trying to prove something to someone? Who are you looking to impress the most?

Dig Deeper:

1. What is insecurity? Do you ever find yourself feeling insecure?

The chatterbox is always trying to make you misunderstand the nature of who you are in relation to who God is.

2. Pastor Furtick says arrogance and insecurity are two heads of the same self-centered monster. Just like pride, insecurity makes our thoughts about me, me, me all the time. Look at the insecurities you’ve experienced in your own life---how has it been all about you?
3. How is insecurity an insult to God? What would God specifically say about the insecurities you’re dealing with right now? How do you overcome your feelings to access the truths God has already spoken over you?

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Your circumstances don't have to improve for your confidence to increase.

4. Think through your own insecurities. When you have your circumstances causes you to doubt your confidence in God? Does God change in those circumstances, or does your perspective of Him change?
5. Review Romans 8:38-39 and Philippians 1:4-6. How does your perspective change to know that nothing can separate us either from God's love for us or from His promise to finish what He started in us?

I'm not living for more "likes" from other people. I'm living to become more like Christ.

6. Review Matthew 3:13-17 and Matthew 4:1-11. Why is it important to note that Jesus was tempted immediately after being affirmed by His father? When has the Enemy used a time of spiritual momentum as an opportunity to attack your identity in Christ?
7. Jesus's reaction to the devil in Matthew 4 illustrated how He did not need to prove Himself to anyone but His father. Pastor Furtick challenges us to see that we do not have to live for more "likes," but rather live to be more like Jesus. In what ways are you currently living for more "likes"? How can you begin to surrender that desire to God so that you can become more like His son?

Start Crashing:

Challenge yourself to go without social media for three days this week. Delete any social media apps from your smartphone, and commit to not visit these sites on your computer. Take note of how uncomfortable it feels being unable to check your social media accounts, and write in your journal how God is using this time to help you focus on Him.

Pray

As a group, pray for God to reveal His love and acceptance for all of you in Christ and enable you to better receive this love.