

Journey CHURCH

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Session 5 Leader Guide

FACING YOUR FEARS

Life is all about taking risks. How do you take risks in faith rather than caving in to fear?

- The Principle of _____: Get the Facts.

"Every prudent man acts with knowledge." PROVERBS 13:16 (ESV)

Wise people think before they act. They do all they can to fully understand the risk they are about to take.

"Get the facts at any price." PROVERBS 23:13 (TLB)

The facts may be scary, but there is nothing more frightening than ignorance.

- The Principle of _____: Count the Cost.

"Don't begin until you count the cost. For who would begin construction of a building without first getting estimates...Or what king would ever dream of going to war without first sitting down with his counselors and discussing whether his army of 10,000 is strong enough to defeat the 20,000 men who are marching against him?" LUKE 14:18-31 (TLB)

Know what you have. Know what you need. Know what you are trusting God for. Every decision has a price tag.

- The Principle of _____: Plan Your Steps.

You have to think about what you are doing and where you are going. God gave you a brain because he meant for you to use it.

'The prudent give thought to their steps.' PROVERBS 14:15 (NIV)

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"We should make plans-counting on God to direct us." PROVERBS 16:9 (TLB)

Prayer and preparation go together. As you pray, plan. And as you plan, pray, asking God to direct you. The prepared life is an effective life.

- The principle of _____: Announce Your Goal.

"What you should say is this, "If the Lord is willing, we will live and do this or that."

JAMES 4:15 (GNT)

Goals are statements of faith. When you announce your goal, it builds your faith and holds you accountable to other people.

- The Principle of _____: Let Go and Leap Out.

"When I am afraid, I will put my confidence in you. Yes, I will trust the promises of God."

PSALM 56:3 (TLB)

Courage is not the absence of fear. Courage is moving ahead in spite of your fear.

"I have the strength to face all conditions by the power that Christ gives me." PHILIPPIANS 4:13 (GNT)

- The Key to Daring Faith: _____.

"Then the Lord said to Moses, 'Quit praying and get the people moving! Forward, march!' EXODUS 14:15 (TLB)

Can you imagine God saying such a thing? "Quit praying and get moving!" People often use prayer as an excuse to procrastinate. But there comes a time when you must stop talking about it and thinking about it and praying about it, and just do something about it.

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DISCOVERY QUESTIONS

1. Ephesians 3:20 says, "With God's power working in us, God can do much, much more than anything we can ask or imagine" (NCV). What are you asking? What are you imagining God can do in and through your life?
2. Is there something you need to stop talking and thinking and praying about, and just start doing? What is your personal Red Sea?
3. Pastor Rick said, "You have to move against your fear ... Like the trapeze artist, it's time to Jet go and leap out." What fear do you need to move against? What practical step can you take to move in the right direction?

LIVING ON PURPOSE

4. Evangelism: Jesus said, "You will be my witnesses" (Acts 1:8 NIV). A witness simply tells others what he has seen, heard, and experienced. Do you know someone who needs to hear what you have seen, heard, and experienced in your walk with Christ? Share their name with your group. Are you afraid to share your faith with them? What could happen if you moved against your fear?