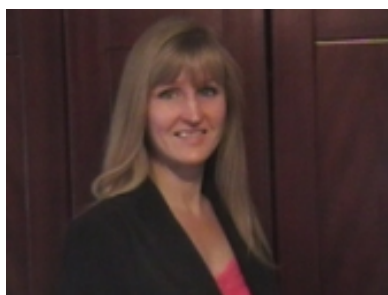




Quantum Techniques®

Teleclinic Guide

Chronic Skin Issues and Quantum Techniques with Dr Carolee Johnson



Introduction: This teleclinic addresses chronic skin issues at their deepest level, addressing underlying problems that contribute to skin issues. We will go over some of the foods and herbs that help to heal the skin, and some of the emotional issues that affect the skin, and some therapeutic things that help the skin to cleanse, detox and heal. Dr. Carolee suffered with chronic eczema for 32 years, and offers her experience and expertise in healing these types of issues.

Presented by: [Dr. Carolee Johnson, ND, MH](#)

Recorded: January 11, 2011

Teleclinic Guide:

1. Nutrition for the skin

a. Green Smoothie - The ingredients for the smoothie are:

- i. Carrot Juice
- ii. Organic baby spinach
- iii. An apple or a banana (test to see which is best for you)
- iv. And an entire peeled medium sized white or yellow onion.

b. The code for the smoothie for the skin is:

SH UN CH LIV EB SH UN CH LF OE IF G50 SH MF LF UN CH IF LF SH C OE 9G UN SH UN
CHAKRA PATTERN 2 Two times.

c. For those of you who have trouble eating raw onions, here is a code with the energetic frequency of fresh raw onion with the intention to kill fungus.

SH UN G50 TH LF C IF A E G50 SH E 3RD EYE UN TH MF LF LIV OE IF E SH 9G UN SH UN

d. The energentic code for organic baby spinach is:

SH EB SH G50 OE LF MF LIV C CH E G50 SH EB TH LIV UN CH TH MF E OE 9G UN SH UN



NOTES:

e. Herbal combination for skin:

- i. oak bark
- ii. comfrey leaves
- iii. marshmallow root
- iv. mullein herb
- v. walnut bark (or leaves)
- vi. gravel root
- vii. wormwood
- viii. lobelia
- ix. skullcap

Soak about one ounce of the combined herbs in a pint of distilled water for four to six hours, then you simmer the mixture for thirty minutes, strain it, and then simmer the liquid down to about half its original volume.

NOTES:



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f. The energetic frequency of that herbal fomentation combination.

A CH THYMUS MF LIV C G50 SH EB IF 3RD EYE A UN CH TH THYMUS LIV C OE E G50 SH EB

NOTES:

g. Code for rose oil as a soothing agent.

EB OE UN CH TH LF LIV IF A

NOTES:

h. Code for natural vegetal springtime horsetail silica.

CH UN CH UN TH THYMUS LF LIV C OE G50 EB IF CH TH LIV C SH MF LF OE A C

NOTES:



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2. Colon Health:

- a. Code for opening up the detox pathways in the colon:

EB SH G50 A MF LF SH G50 LF TH MF SH IF A G50 SH TH SH CH UN TH IF LIV SH EB IF SH CH
3RD EYE UN CH

NOTES:

3. Kidney Health:

- a. Code to open the detox pathways for the kidneys with the intention to heal the skin:

UN SH G50 UN G50 SH G50 EB UN CH TH THYMUS LF MF LIV OE A C 9G SH UN G50 SH UN RB
OE 9G CHAKRA PATTERN ONE

NOTES:



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4. Liver Health:

- a. Code for liver support with the intention to open liver detox pathways

UN SH OE CH UN TH THYMUS MF LIV OE G50 SH IF A C TH 3RD EYE OE LIV G50 UN CH UN TH
IF 9G G50 SH UN OE A C

NOTES:

5. Skin and Lymphatic detox and Stimulation:

- a. The code to help stimulate the skin and the lymphatic drainage is:

THYMUS UN 3RD EYE CH THYMUS MF LF LIV OE E G50 SH G50 SH EB IF A C OE CH TH CH UN
G50 CHAKRA PATTERN ONE 3 TIMES

NOTES:
