



# Quantum Techniques®

## Teleclinic Guide



### How to Find and Address Fungal Infections with Quantum Techniques®

**Recorded:** Tuesday, December 8<sup>th</sup>, 2009

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1. Introduction to fungal infections:
  - a. In 90+% of our clients with chronic illness
  - b. Causes-diet, Medications, miasms, may be born with it
  - c. Spreads with sexual contact-main reason for male prostate illness and cancer
  - d. Role in IBS, Colitis, Crohns
  - e. Role in depression and anxiety/neurotransmitter relationship/brain fog
  - f. Role in obesity and sugar cravings
2. Testing fungal infections:
  - a. First, test the dural tube for a fungal infection; upper and lower dura. To test the upper dural tube, place your thumbs in your ear canals and touch a finger to your tongue. Then test the statement "I want to be healthy", if this tests weak, you have a fungal infection in the upper dural tube.
  - b. Second, to test for a fungal infection in the lower dural tube, repeat this, only touching the base of the tailbone, in the back before testing "I want to be healthy". If this tests weak, you have a fungal infection in the lower dural tube. The presence of fungus in the dural tube interrupts brain/organ system communication via the Central Nervous System. This contributes to spinal issues and pain syndromes.
  - c. Code for fungal issues in the dural tube: Sh if eb if eb if eb e sh if g50 sh if sh if eb if eb if sh if sh if g50 eb e sh if eb e oe a c 9g Un sh un, Chakra pattern twice
  - d. To test for fungal infections in the organs or glands of the body: Touch tip of tongue with index finger while other hand is over the liver (bottom right rib) and say "I want to be healthy", if weak, there is a fungal issue. Ileo-cecal valve is an area of fungal vulnerability and can show up even



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if the liver does not. It is usually helpful to test to see which other glands besides the liver, including the skin, are involved using this protocol.

- e. When you find a fungal infection, it is often helpful to scan the major organs/glands to see which are most affected. The major organs/glands we test are:
- |                   |                              |
|-------------------|------------------------------|
| • Pituitary       | Lung                         |
| • Large intestine | Spleen                       |
| • Stomach         | Pancreas                     |
| • Thyroid         | Adrenals                     |
| • Thymus          | Hypothalamus                 |
| • Small intestine | Heart                        |
| • Gall bladder    | Liver                        |
| • Bladder         | Kidney                       |
| • Thalamus        | Reproductive organs/Prostate |
| • Skin            | Brain                        |
- f. Code for fungal issues in a gland or organ: sh g50 sh g50 sh if eb if eb liv sh if g50 if g50 sh if eb e oe a c 9g un sh un chakra pattern twice
- g. Code for fungal issues in the skin: G50 eb sh if g50 eb if sh if sh if g50 eb e sh if e oe a c 9g un sh un chakra pattern twice
- h. Code for fungal issues in the brain: Lf sh lf sh lf oe sh if g50 eb g50 eb if sh if g50 eb e sh if e oe a c 9g un sh un, chakra pattern twice
- i. Code for fungal issues in a cranial nerve: G50 eb sh if liv g50 sh if g50 sh if g50 sh if eb e sh if liv g50 sh if eb e if eb e if sh if sh if oe a c 9g un sh un chakra pattern twice
- j. Code for fungal issues in the sinus or ears: Eb lf she b lf sh if g50 sh g50 sh if eb if eb sh if lf oe g50 eb oe liv sh if g50 sh g50 sh if eb e oe a c 9g un sh un chakra pattern twice

If there is a skin issue, have the client touch that area while you test for a fungal infection. Skin issues almost always involve a fungal infection. The infection often involves the liver, thyroid, bowel, or kidneys (unless the skin is only reacting to a contactant).

Note: Fungal issues are often at the root of chronic illness and can lead to food sensitivities and dietary intolerance.



2. Rage is the frozen emotional most often found in stubborn fungal issues
3. Test for dietary intolerance: Put the side of the hand (karate chop point) at the base of the skull: Wheat, wheat I want to be healthy, Wheat I want to be sick. If bad, check rice to see if they can have any gluten at all. If rice tests bad, check if they can have rice if it is first browned in a non toxic oil. Then repeat this with dairy to see if they are lactose intolerant. Often they can have goat or sheep dairy if cow dairy tests badly. You are not finished testing for toxins until you test for gluten and milk intolerance!!!

For dietary intolerance, test if it is in the person's best interest to limit the food and what the limit is. Example, cream in coffee.

Remember: If it is not digested, it causes harm.

### 3. Levels of Gluten Intolerance and Anti Fungal Diet

If a person has a fungal infection, they must limit their diet to heal. **All items need to be tested against the client's fungal infection.** In general, you must avoid all:

Beer, Wine, mushrooms, melons, strawberries, yeast breads, high mold cheese, vinegar. It is best to limit your fruit to either an apple or pear a day. Avoid high sugar foods and avoid fruit juice. The best sweetener is agave nectar if it tests good for you. If it tests ok vodka and tequila are better alcohol choices.

Depending on your test results, you may also need to avoid some or all gluten as well as some or all dairy.

## Level 1

Test as taught in QT for wheat, corn and rice. If wheat and corn test bad but rice is okay, also test millet, amaranth, and quinoa and buckwheat. Also test Irish or steel cut oats. Typically you will be okay with all non gluten grains. This means you can eat noodles and non yeast breads made from these plant sources.

## Level 2

When you do the grain intolerance test, wheat, corn, **and rice**, test bad. You then have the client think about rice that has either been browned dry in a pan, or browned in oil and then steamed normally. Now re-test. If they are okay with rice that is browned, then do the same test with millet, amaranth, buckwheat and quinoa. Only eat those grains that test okay if first browned. This means you will not be able to eat any grains other than those you brown yourself. You will test bad on rice noodles and most commercially sold "gluten free" products.



### Level 3

When you test the client as above, they test bad even on rice that has been browned. At this level, they can ingest none of the gluten or non gluten grains.

\*Typically as a person heals, they will get most grains back. They need to go very slowly in bringing these back into the diet and in small amounts.

\*Often a person with gluten intolerance can ingest Irish oatmeal. Test it first as an energy toxin, then, if it is ok, test for dietary intolerance. However, Irish oatmeal can feed some fungal infections, so be sure to test the specific organ that is involved with the oatmeal in mind.

Beware that many websites have products called “gluten free.” This doesn’t mean much since there are so many levels of gluten intolerance. Learn to trust your testing.

#### **Anti Fungal Agents**

MMS and Molecula Silver from [www.mmsdr.com](http://www.mmsdr.com)

A.D.P a form of emulsified oil of oregano from Biotics (see provider list)

CoQ-Zyme 30 (a form of coQ10) from Biotics

Caprin (a form of Calcium Caprylate) from Biotics

Grapefruit seed extract

Organic Sulphur (true, non caked MSM) see provider liss

Quantum Herbal Products Antifungal Formula from [www.quantumherbalproducts.com](http://www.quantumherbalproducts.com)

For Topical applications: ozonated olive oil, coconut oil,silver and mms with dms0

All coconut products

#### **Probiotics**

Primal Defence

3lac

PB8



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Jarrow Formulas Saccharomyces Boulardii +Mos

Cow Yogurt and Kefir

Goat Yogurt and Kefir

Coconut milk Kefir (You make your own)

Naturally cultured vegetables

**\*\*Role of FOS in probiotics**

### **Resources for Non-Gluten, Organic Baked Goods and Flours:**

1. Arrowhead Mills – 800-749-0730. [www.arrowheadmills.com](http://www.arrowheadmills.com). Organic. Some non-gluten grains and flours. Available in many health food stores.
2. Bob's Red Mill –800-349-2173. [www.bobsredmill.com](http://www.bobsredmill.com). Organic. Some non-gluten grains and flours. Available in many health food stores.
3. The Francis Simun Bakery – 214-742-5210. [www.francissimunbakery.com](http://www.francissimunbakery.com). Located in Dallas, provides shipping elsewhere. No dairy, eggs, or leavening agents (yeast) used in baked goods. Breads, bagels, flatbreads, bagel chips.
4. The French Meadow Bakery - 612-870-4740. [www.frenchmeadow.com](http://www.frenchmeadow.com). Organic yeast-free breads; some are non-gluten. Available in many health food stores.
5. Lundberg Family Farms – 530-882-4551. [www.lundberg.com](http://www.lundberg.com). Specialize in rice products. Available in many health food stores.
6. The Miracle Noodle – [www.miraclenoodle.com](http://www.miraclenoodle.com). Gluten-free pasta.