A Motivational Guide To A Better Life

UPGRADED you!



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Bugs Fixed:

Download the UPGRADED version of YOU

Smart Olawale

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Thanks to the sharp eyes and good brains of my reviewers: Oyeniyi Opeyemi I., Rokosu Daniel and Towolawi Samson.





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PREFACE

I mockingly call myself "author of many unpublished books". I have started a lot of book projects and dropped the pen when I am almost going deep into them. If you are seeing this, surely, you are reading my first published E-book. (Congratulations to me, cheers!).

Achieving this was not without first fixing the bugs (what I define as little faults that corrupt us from achieving our potentials. And oh yea, I know it is originally defined as harmful micro-organisms). So can I be wrong to help someone with free tips on how I overcame it? I bet you will say "No". So, enjoy!

See you again on the last page,

Smart Olawale.





CHAPTER ONE

About YOU

If you are thinking of another name to call the "YOU" app, think of your name (Yea, I mean the one your dad and mum gave you).

I've jocularly defined 'YOU' as a project initiated by a team of mystically trained human engineers; combining the codes of the product of a man's ejaculation with the non-hatched eggs of a receiving woman and was birthed after nine-month incubation in an isolation area under the belly.

YOU are you (there was never another meaning to it). You are not just any human being; you are also a special creation. And that is not a conclusion not backed up by valid premises.

Man is not the only living creature. Other living creatures share this beautiful earth with us. Science found out that some of these creatures share some social traits with Man. Man cries, Elephants cry too; Man works, we even urge man to learn from the ants; Man kisses, Chimpanzees kiss too and so on. However, we are not in oblivion that everything that exists on earth knows its meaning and what it represents by the existence of Man.

An adult sperm whale has a brain size of about 8,000 cubic centimetres, the animal is considered to have the largest brain on earth. Yet, it's Man that called it by that name. Meanwhile, a man's brain roughly weighs about 3 pounds. What is it compared to the mighty brain size of the Sperm Whale?

Man is engineered with a domineering gene — a trait that enables us to influence and manipulate the things around us. Méle and



Canton in their book "Human foundation of Management" expressed the uniqueness of man and adjudged that the difference between Man and every other thing that exists is not anatomical.

Everyone, rich or poor, possesses the capacity for innovation and creativity. We have a mind-blowing reasoning capability and problem-solving ability.

Every Man is built to be a decision taker and influencer. However, we define our limits when we allow the bugs' invasion. (If you by now don't know what "bug" is, just go back and start from the book's PREFACE).

The Bugs' Invasion

Bug 1: Worth Blindness Bug.

I strongly believe that man was created by God and mankind had his blessings, when He said: "be fruitful, multiply, and replenish the earth and subdue it."

It is most pathetic when an invention doesn't know what it is truly capable of; this is our case. The first bug that attacked us is the one that erased our consciousness from who we truly we are.

As Man, we invent technologies and attach a manual book in the product package to inform everyone of their purpose, modes of operation and how they are to be operated. One of these days, I turned on my Google Assistant using the Google Application and I typed a question, "Google, tell me about you and what you can do for me?"

The automated reply came in instantly.



"I'm your Google Assistant".

"I can translate from one language to another. Just tell me what you'd like translated". The robot also added snippets of some of its other functionalities.

I asked Google another question. I said, "Google, are you a robot?"

"I'd prefer to think of myself as your friend. Who also happens to be artificially intelligent", it answered.

Google didn't just tell me what it is; it also revealed the innate things that made up its identity. Now, determine how doleful it is for a robot that is powered by Artificial intelligence to be aware of its uniqueness and some men who possess natural intelligence can't tell of their uniqueness.

The difference between you and the people you celebrate is the latter understanding that they are made to be celebrated. They are aware of their uniqueness and are fully maximizing it.

Have you ever given a thought to what differentiates a visitor from the house-owner? While the house-owner has full access to everything about the house, the visitors, especially strangers, have some major and minor restrictions that limit their expression.

There is no way we will remain a stranger to ourselves and will be able to fully express the light in us. Have you ever bought a Software and had to use the limited or free trial version? Did you notice that while you use the free trial version, there were tools you could not access because you needed to access the full version to make use of those tools? That is what Worth Blindness causes; you are

ignorant about the enormous value that is attached to your being and consequently, you don't produce optimal results.

No rule of God mandates a dictionary to be called a dictionary; it was the same sense of responsibility of naming a child that some people exercised. Those people understood that for every trend, there is a man who has blood running in his vein, like theirs.

Shall we do a brief analysis? (Yes, I think.)

Abraham Lincoln gave us the definition of Democracy, and I have a deeper insight into it.

"The Government of the People, by the People and for the People"
In this definition, I realized three solid thoughts.

First thought: "Government of the People". The richest man on earth right now is Jeff Bezos, the man who is currently considered the world president is Donald Trump. When you luckily find yourself in the same room with these people, regardless of what you think of them, certain feeling envelopes that place. When they talk, you feel a god has mounted the podium. You find their words more reasonable and honourable than other persons. You want to cling to them and snap selfies all the day to show off to friends.

However, if I must buttress what is obvious, we are all but MEN (The People Abraham Lincoln referred to). That they give us goosebumps do not make them gods. They are just like us: born and will die the same way as us. It had taken them extra sacrifice to be what they are. If you are willing to make those sacrifices, surely you will also get there. But, sadly, the bug will never let you think that way.



"YOU deserve to be at every high place; for everything that is Majestic, YOU deserve to possess; For every good thing that happens to man, YOU deserve to be a partaker. Why? Because it is the government, oh sorry, it is a people-oriented world and you are part of those people we are talking about.

Second thought: "By the People". Think of this thing: Is any of the honourable persons that you know an angel (I mean, a real angel of God in glorious attires) of some sort? I am quite sure that your answer will be "No", because, of course, they are men. However, it is not that they are men made of substance different from us; the difference between us is that they are people who are not blind to their capabilities. They are people that don't use their backgrounds to determine the status they will ever attain. They set their minds to things they want to achieve and they achieve them.

One salient thing that is missing from that Abraham Lincoln's line is "some", since the world and the machinery through which the will of a state is expressed and realized, is governed by SOME people — not everybody.

The Students' Union Government election held in my final year at university taught me a great lesson.

Before the election, as a media personality on campus, I went to the school's moot court to observe the students' senate sitting. While I was rushing back home, I was stopped by someone whom I considered a very big fan.

"Penner Smart", Pablo called in his usual tone that flattered and reminded me that I once adopted the name as my pen-name. The campus community had started calling me "Olawale Smart", not him.

Pablo told me his plans to vie for the post of the President in my Faculty. I wished him well. In my mind, I knew that his chances of winning were high but I didn't tell him, as a student journalist who was trying not to be partisan.

Several weeks later, I met Pablo again. This time, he disclosed to me that he was no longer vying for the post of the Faculty President and wanted to aspire as the Student Union President.

Thank God I upheld my journalism ethics and moral values firmly by only wishing him well; I would have said to him, "Pablo, you better don't try it. One, you are too short and slim, you don't have the stature; Two, you don't have money to bribe self-acclaimed godfathers and I don't see your social standard in flying colours; Three, I don't find you highly intellectually capable; Four, I don't know, but all I know is that you are not just qualified!".

If you were as critical as I was, maybe you will find of my position right, and also write off his chances. However, he believed that he is worthy and his affirmation conquered our condemnation as he defeated about three other contestants to become the SUG President in that year.

In the due course of writing this Ebook, I messaged Pablo and asked him what made him feel he was worthy enough.

He said "As a matter of fact, nothing qualifies me to be the best among everybody. I have the smallest size, I have the youngest face, I don't think I have the money, I just feel its grace—It is not neutral



one that everybody says 'it is grace'... I am not the best political game player. I don't have the best behaviour...It's just Grace."

Pablo vindicated me of prejudice about the position I held of him, they were true after all. But despite his weaknesses, he didn't make himself blind to what counted him worthy — Grace. Note that Pablo said "not the neutral one". I suppose he is saying he is not part of the people that talk about Grace without believing in it. He counted it as his strength, his uniqueness that made him worthy. To cap it all, he strongly believed that.

Most times we see leaders that we feel are unfit to be ruling and we can't help but wonder how they got there. The answer is simple, they realized their worth, tapped into those things that make them (or they thought made them) unique and before we know it their strong-will sets them apart.

You know not everyone does that right? That is the reason it is still "by [some] people"

Third Thought: <u>"For the People"</u>. It is a truism that some people might never be part of those people that will be responsible for leading others, they settle to being mediocre.

The Worth blindness bug makes us settle for anything and makes us feel we deserve everything that happens to us. If we overcome this bug, there is a surety that we won't settle for anything and will always get what we truly deserve.

Bug two: Intimidation & Panic Bug



At a get-together with my secondary school classmates one December, I discussed a business proposal to see if I could get some of them to buy the idea and partner with me to conceive it.

It was surely a hit idea, quite enormous and has the potentials of turning out a good profit. After I finished speaking, one of my friends sounded pessimistic even though he agreed that it is a "BIG IDEA".

Behind the tone of his "big Idea" is a voice saying "Only big men do these things, where do you want to get the capital? You better do something that is not as lucrative as that".

I didn't forge through with the plans for personal reasons. However, I learnt a lesson from the discussion.

For some people, they know they are intelligent enough, worthy enough to make something happen, but they just wouldn't step out to do it, maybe because they believe that the people that do those things are 'special' people.

Have you seen someone who wrote a beautiful poem or speech, only to decide not to go in front of the Microphone? Well, I have. Those people miss the emotions they could have put on people's face, the claps, the mentees, the support and many other things they could have got, by failing to step out.

The Intimidation virus deprives man of fully maximizing his potentials and consequently, man is denied honour and repute. Like Henry Ford said "You can't build a reputation on what you are going to do", the world will only celebrate success and bravery not 'what you will do' and 'cowardice'.



I once had an online platform, I called "Meet the Doctor", the platform sought to counsel people, motivate and find solutions to their problems that are outside the medical line. On a fateful day, a lady messaged me and told me about her problem. She could dance so well but that was only when she was alone, not outside, where people would see her. I asked her what she was afraid of and made her know that they never existed. When she was convinced, we ended the chat.

Several weeks later, a lady apprehended me while I was on my way to my department; she introduced herself as the lady. It turned out that she was my course mate. Months later, my department organized a talent hunt event, I was so happy when I saw that the lady was being called out to dance for she had registered to participate. She danced so well and people clapped and shouted to appreciate her talent. I was so happy for her. Good for her, but how many more people are out there with this bug?

Bug three: Mediocrity bug

Staying Average; that is what many of us do today.

While a few believe that the world starts at the end of your comfort zone, many of us want to remain in that comfort zone. Is staying in one's comfort zone a bad thing? A simple response is "imagine how the world will look like if everyone had stayed in their comfort zone". There will be no electricity, no designer dresses, no technologies, no pizza, and no Ice cream because nobody would be willing to try out something new, following the norms would have been the order of the day.

It is super evident that we are all beneficiaries to people who have passed their comfort zone. In one of my blog post I had noted that a little contribution never decreases abundance, as long as the world is not problem-free, there are some people whose lives will become better only if you step out of your comfort zone.

Read Marianne Williamson's popular quote:

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, and fabulous? Actually, who are you not to be? You are a child of God. You playing small does not serve the world. There is nothing enlightened about shrinking so that other people will not feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It is not just in some of us; it is in everyone and as we let our own light shine, we unconsciously give others permission to do the same. As we are liberated from our own fear, our presence automatically liberates others".

Note that, we playing small does not serve the world. As we depend on some other people's invention to survive, there are other people out whose survival depends on the products of our sacrifice to go the extra mile out of your comfort zone.





...INTERVAL

If you suffer from these bugs, you sure must have noticed some symptoms:

If you experience the Worth Blindness, there are possibilities that you feel you are worthless and doesn't have any value to render. You think no one loves you and everything in the world is against you. Sounds Familiar?

When you are a victim of the Intimidation & Panic Bug, you sure won't love to stand out in the crowd. You may call yourself an introvert but within yourself you ask questions like "am I really an introvert?" As a work of this bug, you find yourself displaying your talents to just your most distinguished guest "The room mirror", you are so good, but you just won't come out to display to real people. You will instead, take to your heels.

The works of the Mediocrity Bug is deceitful. You may not even know that anything is wrong with you. But, when you find yourself sneering at people who will take any chance to stand out, you might want to check yourself so well. When the Bug eat you deeply, you are unwilling to take any chance and explore any opportunity; you become so bothered about gratification, but unwilling to put in the effort to make your output valuable.





But here is the good news:

Man is so unique that he even has the power to fix himself and be free from these bugs.

When we, as men, take charge of our mind to configure it to where we desire, we automatically usurp the power the bugs uses to corrupt us.

If you are ready to take charge and ready to be free from these bugs, please *PROCEED TO THE NEXT CHAPTER*. If you are not, please abort the reading mission now. Copy that?





CHAPTER TWO

What's New?

Congratulations if you made it to this chapter. The very moment you decided to read this chapter, not aborting the reading mission, it means you are ready to fix the bugs that are corrupting your effectiveness and ready for a NEW YOU.

Fixing the bugs may be simple and may not be, however, it is very possible. I have mentioned earlier that Man is so unique that he even has the power to fix himself and be free from bugs.

Hence, you must be intentional about being:

1- Growth Conscious.

If you intend to be exceptional and bugs free, then you must have a growth mindset. A growth-minded person has a special talent as Howard Gardner said in one of his books — a special talent to identify their weakness and strength.

Studies have reportedly shown that people wrongly estimate their abilities and the people who are most guilty of this are those who have a fixed mindset. People with a fixed mindset are always blind to the fact that all human qualities are attainable by constant practice, training and more.

Carol Dweck, the researcher behind the subject "Mindset" psychological trait, found out that there are some people who loved failures, see challenges as stepping blocks, and have happy lives since they don't always feel the urge to prove themselves over and over again.



The New You must be growth conscious by objectively analyzing your abilities, bringing to light the weakness and strength. You will not see your weakness as a limitation; rather, you will see it as a new 'and exciting' challenge that requires you to learn more and to get better.

2- Impact Driven

Carol Dweck once expressed that her researches have always pointed at one thing, that "the view you adopt for yourself profoundly affects the way you lead your life". The New You must see 'yourself' as powerful, bright and important enough to serve the world and solve people's problem.

Being positively impact-driven, means you are willing to have a strong effect on your world. Human beings are naturally built to be impactful. A silly analogy is that our parents impacted our lives by giving us a name that everyone in all part of the world calls us today. If you have not named your children (since you're yet to have a child), there is every possibility that you will do that too in the future. It is a little way of being impactful, but good enough to establish that human beings are built to be impactful, not excluding YOU.

Business Coach, Janet Zaretsky, affirmed that Impact is directly related to result. This is because the only way you can determine how impactful you are, is when there are results that you can measure. Hence, being impact driven makes you result-oriented and helps you to invest greatly in the future.

In her Forbes article, a success coach and writer, Kathy Caprino, discussed nine core behaviours of people who positively impact the world. She said they are people who give their life meaning and purpose, so they can be committed and focused and won't be deterred by whatever they face as they continue to uplift others from their own wealth experiences or knowledge gained through learning.

If you can decide to live a life of impact you certainly will be driven past the bugs that hold you down from fully expressing your abilities.

I BELIEVE IN YOU!

INTERVAL...

FILE IS READY!

Press **DOWNLOAD NOW** by triggering yourself into action.



ABOUT THE AUTHOR



Smart Olawale is a graduate of Mass Communication from Olabisi Onabanjo University. He is the Team Leader and Founder of The Exceptional Seeds Network, a platform mentoring talented and skilled Youth to stand out and to be impactful. He is a Marketing & Communication Enthusiast, exploring the digital world as a Content and Social Media Marketer for a number of brands. Smart is a growth coach and motivational speaker that has inspired several youths like himself into success and career breakthrough.

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