

APRIL

2017

# HIS PEACE

*Come and I will give you rest*

#NOURISHTHESEED

STUDY WITH *the* SMALL SEED

# WELCOME

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*"Seek me daily and delight to know my ways"*

-ISAIAH 58:2

Thank you for choosing to be a part of our study here at The Small Seed. We are so thankful for you, for your light and for your choice to come closer to your Savior Jesus Christ and Father in Heaven. We are so excited for the opportunity to dig into God's words, together, and to learn more fervently of His eternal truths and the attributes that make our Savior who He is.

We know as you intentionally put God first and study His words, your life will be blessed with peace, direction, and joy. Studying the gospel takes work, but as you consistently do it, God will enlighten your mind, expand your understanding, and deepen your desire to learn of Him and His ways!

It is our prayer that this guide will bless your life, direct your studies and ultimately aid in your own personal revelations from God! Remember- there is no right way to study God's words. Be prayerful and intuitive. Ask God to help you use this guide in the most effective way possible for you personally.

Again, thank you for who you are. We love you. We are praying for you. We promise as you study, ponder and reflect upon these truths, your life will be filled with the enabling power and strength of our Savior!

All our love,

*The Small Seed Team*

# BEFORE YOU BEGIN

*tips to make the most of your study*

## 1) START WITH PRAYER ON YOUR KNEES

Start your study session by asking for the spirit to guide you as you study. Ask to be guided to what you should do and feel, and for the courage to act on those promptings.

## 2) HAVE A PEN AND STUDY JOURNAL READY

Be committed to learning by taking notes on thoughts, impressions, and answers. Recognize ideas that come about things you should do, and then record and do them. Answers to pressing concerns in your own life may be answered as you put God first.

## 3) DIG IN AND LET GOD DIRECT YOUR STUDY

We recommend that you start by briefly over-viewing the three pages of this guide. Don't restrict yourself to simply going through the guide in order, but rather be prayerful and let the spirit guide you in your approach to studying. Remember - there is no right way to study! Find what works best for you, adapt it to your own personal needs, and then let the spirit direct you. As you do this, God will enlighten your mind and teach you eternal truths.

## 4) END WITH A PRAYER OF GRATITUDE

End your study session with a prayer of gratitude for insights, promptings and the change of heart that comes as you're in God's word. Commit in prayer to live and do the things you felt prompted to do.

## 5) SHARE WHAT YOU LEARN

As you learn, look for opportunities to share with others what God has taught you. When we share our light, it not only blesses others, but it strengthens our own testimony. Although some insight are personal, we challenge you to have the courage to share what God is teaching you with your family, friends and our community!

*When sharing on social media tag your posts with  
#NOURISHTHESEED - We want this to be a community 'feast'  
and we can't wait to hear what each one of you are learning!*

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## ARTICLES & TALKS

[“A Pattern for Peace”](#) : by W. Christopher Waddell

- *What are three ways you can “learn, listen and walk”, so that you can receive Christ’s peace in your life?*
- *Can you think of a specific time when your personal scripture study of God’s word brought His peace into your life? How can this experience strengthen you today?*

[“The Path to Peace”](#) : by Thomas S. Monson

- *How does looking upward to heaven, rather than side to side at the world, keep us grounded in peace? What area of your life needs improvement so you can better keep your eyes steadfast on Christ?*
- *How does charity, love and service improve inward peace in our lives?*

[“The Prince of Peace: ‘Peace I Give Unto You’](#) : by Robert D. Hales

- *How has aligning your will with God’s helped you find peace during trying times?*
- *What are three things you can do differently in your life to help you be more spiritually prepared to handle future trials?*

*Despite dismal conditions in the world and the personal challenges that come into every life, peace within can be a reality. We can be calm and serene regardless of the swirling turmoil all about us. Attaining harmony within ourselves depends upon our relationship with our Savior and Redeemer, Jesus Christ, and our willingness to emulate him by living the principles he has given us.*

JOSEPH B. WIRTHLIN

## SCRIPTURES

- *What is the definition of Christ's peace? After reading the scriptures below, what has God taught you about Christ's peace that you hadn't thought of before?*

### OLD TESTAMENT

- [Psalm 30:5](#)
- [Psalm 46: 10](#)
- [Isaiah 9:6](#)
- [Isaiah 25: 4](#)
- [Isaiah 48:18](#)
- [Isaiah 54:10](#)
- [Isaiah 66: 13](#)

### NEW TESTAMENT

- [Matthew 11: 28-30](#)
- [John 14: 18, 27](#)
- [John 16: 33](#)
- [Romans 8: 6-7](#)
- [Romans 14: 19](#)
- [1 Corinthians 14: 33](#)
- [Galatians 5: 22-23](#)

### BOM/D&C

- [Alma 38: 8](#)
- [Alma 58: 11](#)
- [Helaman 5: 12](#)
- [D&C 6: 33-37](#)
- [D&C 19: 23](#)
- [D&C 59: 23](#)
- [D&C 121: 1-8](#)

### Finding Peace in Weakness & Trials : 2 Corinthians 13

- *Paul emphasizes that even Jesus Christ was crucified in weakness, yet He now 'liveth by the Power of God'. How can this knowledge give us peace in times of trials and weakness?*

### Daniel Prays Openly Despite the Consequences: Daniel 6

- *How does our faith and love for God help us find peace in keeping His commandments, no matter the consequence?*

## CHRIST'S LIFE

### Jesus Rebukes the Wind: Mark 4: 36-41

- *Why do you think Christ was able to sleep, while the disciples were frantically fearing for their lives?*
- *What hope can we gain from knowing that Christ can control and calm even the earthly elements of this world?*

### Woman with an Issue of Blood: Mark 5: 25-34 & Luke 8: 43-48

- *What lesson can we learn from this woman's action of "reaching out" towards the Master to find healing?*
- *What role did this woman's faith play into her immediate result of being made 'whole'? Do you believe there is a correlation between our faith in Christ, and our ability to receive His peace and comfort?*

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