

RUNNING FREE

The Parish of Warblington-with-Emsworth

May 2018 £1



EASTER SUNRISE SERVICE ON THE FORESHORE



Bonfire and Sunrise



FOCUS

I am not who I was

A friend recently reintroduced me to the joy of poetry. What once felt like an indecipherable bore as my 16 year old self struggled to understand the poems that I had to study for my 'O' Levels, has become a rich feast of soul food as I read poems that speak directly into my innermost thoughts. A poem I have recently found is called 'The Layers' by Stanley Kunitz and it begins... 'I have walked through many lives, some of them my own, and I am not who I was, though some principle of being abides, from which I struggle not to stray.'

There are times in all our lives when we look back from where we have come from and look ahead and wonder what will be. These are often at times of great change and upheaval and such a time has arrived for me. Many of you will know that I recently lost my mother and as we prepared for her funeral, as many families do, we prepared a display of photos from across the years. One particular one was of our family group when I was about 3 or 4 and I could see the 'me' I have become in that childish face. Back then I couldn't have predicted how life would evolve and certainly wouldn't have guessed that some 50 or so years later I would be an ordained priest in the Church of England. And as I stand at this place in time and survey the path along which I have travelled since those earliest memories, I give thanks for those who have travelled to this point with me; some have been lost along the way and some have joined the journey and remain, but all have helped to shape my life. And of course you will recognise a similar pattern in your own life.

Of course, as Christians, we believe that, through the Holy Spirit, God accompanies us throughout our lives. Throughout the Old Testament we are assured that God is with us. The book of Joshua tells us to be strong and courageous and not to be frightened or dismayed, for the Lord your



God is with you wherever you go (Joshua 1:9). And this promise runs like a thread into to the New Testament with Jesus reassuring His disciples that 'Behold, I am with you always, to the end of the age (Matthew 28:20); a theme then taken up by Paul as he confirms that 'nothing can separate us from the love of God in Christ Jesus our Lord' (Romans 8:39). As

each chapter of our lives unfolds, God is there, holding us and willing us on to take the next step. And in this season of Easter, that will shortly blossom into Ascension and Pentecost, we will once again celebrate the coming of the Holy Spirit upon all people and be reminded again that through His Holy Spirit God will guide us and lead us and empower us to live our lives according to His will.

But even so, the crossroads in life can be a scary place. Looking back is known, but looking forward to what might be is unknown and untested and stepping out in faith into God's future plan can seem daunting. This is the place I find myself in now as I contemplate where my future path might lie. God has brought me to this point. He has given me what I needed in people and energy to see the parish delivered into a safe pair of hands in Andrew and now it is time for me to rest and take stock. And so I will now be out of the parish for 3 months during which I hope to relax a little and hear God's voice speak to me afresh. For I am not who I was, and I am not yet who I am to become, but with God's help and guidance I hope that I can take another step along the path towards His future for me. In the meantime I shall miss you, but please pray for me as indeed I will be praying for you.

Julie

Please note – copy for the next issue of *Running Free* must be with the Editor by Sunday 13th May 2018

AROUND AND ABOUT



Emsworth Community Centre

Monday 14th May 3.30pm and 7.30pm; Film **Finding your feet** Comedy with Imelda Staunton, Timothy Spall, Celia Imrie, Joanna Lumley

Monday 28th May 3.30pm and 7.30pm; Film **Paddington 2** Further adventures in the same excellent meld of live action and animation.

Tickets - £5 from the Community Centre Office 10.00am—12 noon Monday to Friday; or from Loretta's Newsmag in the High Street

Aldsworth House

DEMENTIA FRIENDLY GARDEN PARTY

We welcome all those affected by dementia to a Garden Party on **Tuesday, 29th May 2–5 pm**. Entry and Cream Teas available for £2.50 each. If you would like to come e-mail Sarah darmady1@btinternet.com or write to *Aldsworth House, Aldsworth, Nr Emsworth, PO10 8QT* or phone Lucy on 07973 760285

GARDEN OPENING

We celebrate the 100th anniversary of our family living at Aldsworth by opening the garden for the National Garden Scheme on **Sunday 20th and Tuesday 22nd May 11am–5pm**. The 6 acre garden has wonderful views and many beautiful old trees. Light refreshments served. Short film of the garden and family in the 1930's. Quiz for children. Entry £5. Children free. Please no dogs.

Sarah and Tom Williams

Fun Dog Show

24th June from 11.00 to 14.00 at Lodge Farm PO9 6EW in aid of the Rheumatology Department, Queen Alexandra Hospital. Entries on the day.

Spring Woofs and Wellies

Registration is open for Rowans Hospice's popular sponsored dog walk, Woofs & Wellies on **Sunday 20 May** at Queen Elizabeth Country Park. There will be a choice of two routes; a 3km or 6km walk to suit doggies of all shapes and sizes.

It costs £5 to register each dog and humans walk for free. The money raised helps to ensure that patients receive outstanding end of life care, either in the Rowans Hospice or at home. All dogs receive a medal at the finish. For more information and to register, visit www.rowanshospice.co.uk/woofs

Adopt a rescue animal now!

The **Cat & Rabbit Rescue Centre** have many cats, rabbits and guinea pigs all looking for a caring home. For more information see www.crrc.co.uk or contact them at *Holborow Lodge, Chalder Lane, Sidlesham, West Sussex PO20 7RJ; 01243 641409; info@crrc.co.uk*

Emsworth Museum

As part of the Emsworth Arts Trail (28th/29th April, 5th/6th/7th May), Michael Bury is showing his paintings of sailing craft that can be seen around our shores. On these days the Museum is open 10.30am–4.30pm. The paintings will continue to be on display until 20th May on Saturdays 10.30am – 4.30pm and on Sundays 2.30pm – 4.30pm.

The Museum is now providing a permanent home for finds from the Roman villa site at Warblington. This display can be seen in the Main Room of Emsworth Museum on Saturdays and Bank Holidays 10.30am–4.30pm, on Sundays (and all Fridays in August) 2.30pm–4.30pm.

Admission is free. A stairlift is available.

Local History Walk

This year's guided walks are being led by Christine Bury with the first on 16th May. Anyone who would like to know more about the history of our town is welcome to join her. Starting at 6.00pm promptly from outside Emsworth Museum, it will last about 1½ to 2 hours. The cost is £3 per person payable on the evening.

For more information about museum or walks go to www.emsworthmuseum.org.uk, email info@emsworthmuseum.org.uk or phone 01243 378091

Emsworth Bowling Club

Come along to our Open Day and learn the fun game of bowls! All ages welcome. **Saturday 12th May 10am–4pm**, Recreation Ground, Horndean Road, Emsworth (Further opportunities on Saturday 19th and 26th May 10.30am–1pm)

Enquiries to Martin 02392 412759 or Sue 01243 377318

Thank you to our photographers this month: Jamie Barr, Chris Barrett, Felicity Keeping, Jim Startin, Editor



Children's Church Page



Young Church

Breakfast Church

Every 2nd Sunday come and join us in the parish hall for Breakfast church. The service starts at 10 AM Sunday 13th May. Everyone is welcome to come and enjoy a warm drink and bacon bun, which are available throughout the service (jam/chocolate spread buns and juice are also available).

You will find that we unite as a family to explore passages from the Bible and then the Young Church team will have a super fun craft activity ready in the office for all the children to enjoy. Some of the grown-ups like to sneak in too and that is fine, as long as your children don't mind.

Whilst the children create their masterpieces, all remaining adults will stay for a more in-depth look at the day's reading. This is a wonderfully relaxed service and all who come really enjoy themselves. Please do join us.



Bible2Go

In May Bible2 go falls on Sunday 20th starting at 10 am in the parish hall.

We start by reading a story and saying a prayer and then recreate the scripture with Lego - our imaginations are allowed to take us wherever we want, and anything can be, and has been, built! The children then re-join their families during the church service in time for communion and will bring their masterpiece(s) with them to show the congregation.

At the end of the service we ask you return the Lego to us ready to make a new creation next time.

URGENT We still need help!

Please consider joining our Young Church team, We only ask for 2 hours of your time per month. If you can help please get in contact with Paula, details below.

Please contact Paula if you can help with either of these requests.

Many Thanks

Paula Geen, Young church coordinator

Email – paulaygeen@googlemail.com



Café Church

Café Church is an informal service for all the family held in the Parish Hall on the 3rd Sunday of the month at 5.00pm. While enjoying a superb tea provided by the many house groups in the parish, we worship using mostly modern worship songs, listen to readings from the Bible, pray informally and discuss the DVD used for teaching in small groups.



Separate provision is made for the children. Everyone is very welcome. More details from **Julie** or **Damon**.

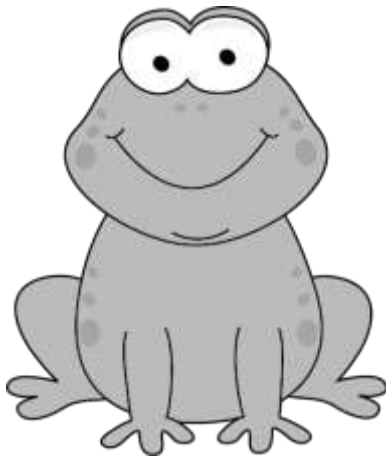
Babies, Banter and Biscuits

A friendly, informal group providing much needed conversation, companionship and coffee. Suitable for all parents and guardians with little ones up to the age of two.



Tuesdays 9:30am-11.00am in the Parish Office
Church Path
For more information please contact **Caroline** at
c_twitchen@hotmail.com

FROG



FRIENDS OF GOD

John 15 v 15

Meeting 4th Sunday of the month 9.45 to 10.45 in Parish Office

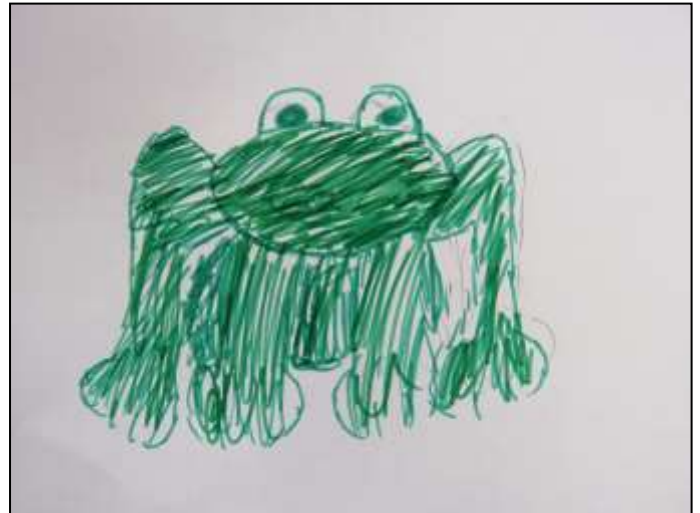
For Years 7 to 11

For more info contact Denise Chapman 01243 430338

dmchapman@live.co.uk

FROG update

The first meeting of FROG took place on the 4th Sunday of April with seven FROGs. More are welcome, including boys although the first to join were all girls. Members so far are Aimee, Jess, Jessie, Lara, Laura, Megan, Milly and Phoebe.



FROG drawn by Megan

FROG BIBLE WORD SEARCH

C	L	U	K	E	S	A	P	D	L	R	K	M	S	T
Z	H	W	H	U	F	R	L	Y	A	E	L	F	R	T
M	D	R	S	O	O	G	R	S	W	V	K	T	E	X
W	A	E	O	P	B	O	R	Y	M	E	T	P	T	W
S	J	T	H	N	T	N	O	M	O	L	O	S	T	D
A	L	E	T	S	I	E	P	M	V	A	A	T	E	E
Y	T	E	I	H	X	C	W	B	I	T	C	S	L	Z
S	G	H	P	I	E	I	L	D	Y	I	P	T	P	P
K	E	P	L	S	S	W	C	E	M	O	S	E	S	S
I	N	E	E	D	O	U	Y	C	S	N	M	J	N	E
N	E	V	O	T	Y	G	A	B	R	A	H	A	M	G
G	S	M	H	P	E	S	O	J	K	C	L	O	D	D
S	I	P	Z	C	Z	R	X	R	Z	W	U	U	J	U
M	S	J	O	I	G	F	A	O	V	J	A	A	A	J
H	A	N	O	J	E	M	F	R	O	G	P	H	O	C

Abraham	Acts	Chronicles
Exile	Genesis	Gospels
History	Jesus	John
Jonah	Joseph	Judges
Kings	Law	Letters
Luke	Mark	Matthew
Moses	Paul	Peter
Prophets	Psalms	Revelation
Solomon	Wisdom	FROG

Inspiration needed!

Fancy inspiring the next generation of outstanding Christians? Can you spare 5 mins to explain your career, if you are working or retired does not matter, to the FROGs on the 4th Sunday in the Parish Office at about 10am? I am sure Andrew will not mind you slipping into church a little late! So come on you Physios, GPs, Tennis umpires, Managers, Scientists, Teachers, Nurses and others. Let's get inspiring!

Please see **Denise Chapman** or contact on **dmchapman@live.co.uk** or **01243 430338**

FROG jokes

What music do frogs listen to?
Hip hop

What happens when two frogs collide?
They get tongue tied

Why did the toad become a lighthouse keeper?
He had his own frog horn

What did the bus driver say to the frog?
Hop on

When is a frog's favourite time?
Leap year

News from our Churchwardens

From St James

Tony Harris

Here we are again, on the threshold of another year; some new faces on the PCC, and another step towards the hopes and plans for our parish in the coming months and beyond. If our vision of this new beginning is based firmly on prayer then we will be able to achieve everything and much more.

Just take a moment to look around, you may well see something or someone that needs assistance. You may well be better placed to give some help but, if that is not the case, ensure that you pass your concerns on to PCC members, sides team, welcome team, wardens or clergy. Better still, offer to join one of the teams. Your words saying "Can I help", will be music to the listener's ears. More than that, you will be entering into a new circle of friends.

Projects

It is important that we do not lose sight of improvements to our buildings. These have been put on hold for some time now for both churches. That being so, we must also recognise the need to bring changes into all aspects of life in the whole parish. We have some challenging and exciting times ahead: new houses in abundance that bring more families into our midst; a once in a lifetime opportunity to grow in faith and numbers.

- Here's a thought, St James church was built in 1840 because the congregation outgrew St Thomas à Becket Church. What if St James

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## From St Thomas à Becket ....

### Christopher Morrison

I had written April's article in a valedictory style without quite realising that the closing date for May's edition was 3 days before the APCM and that technically I was still responsible for the production of May's article.

Confession time... there are things that I have left undone that I ought to have done. The main ones are the work to provide a decent lavatory within our grounds, coupled with the refurbishment of the vestry. We are half-way along the path to achieving those and I will not be handing them over to David to pick up. I ought to see them through myself.

Easter was a lovely occasion in our church. The Easter Cross had focussed our minds over Lent and then on Easter Day Julie had wired the Cross and provided flowers for us to decorate it. Suddenly, what was until then a gaunt reminder of pain and death became a colourful manifestation of hope and new birth. A joy to behold.

This sense of freshness was replicated outside the church where the working party had tidied the winter's ravages, 'made straight the paths', and cleared the ivy from the gravestones. Similarly - and by many of the same people - the inside cleaners had done their cob-webbing and polished all the woodwork. Where would we be without those dedicated folk?

I reiterate my thanks that I gave to everyone in last month's magazine, and I add a special thank you to Julie as she starts her 3 month sabbatical. It has been a pleasure to work with her, and her sheer hard work, good humour and gracious disposition that she displayed over these 3 years have been an inspiration to us all.

Finally, I wish David and Miriam all possible success in their roles as Wardens, I am sure they will have the support of everybody.

### Dates for the Diary

10 to 20 May **Thy Kingdom Come** (see *opposite page*) - a series of meditative stations based on the Lord's Prayer in TàB

20 May A visiting choir joins us for the TàB morning service

2 June Warblington Village Big Lunch, TàB has a stall

2 June 6.00pm Farewell party for Damon and family in the Parish Hall



# Thy Kingdom Come

"I cannot remember in my life anything that I've been involved with that I have sensed so clearly the work of Spirit". Archbishop Justin Welby speaking about the Church of England's call to prayer from Ascension Day to Pentecost (10th–20<sup>th</sup> May 2018).

The Church of England has invited Churches in this country to join with other Anglicans for a concentrated time of prayer this Ascensontide called **Thy Kingdom Come** and our churches are participating. The intention is to each pray for five people so that God's Kingdom will be expanded and more will experience the working of the Holy Spirit in their lives

In the video to mark the launch, the Archbishop reflected that, over 40 years ago as a Cambridge undergraduate, he found himself at a point of decision in his life. That night in his College room he prayed a simple prayer, "Lord Jesus I don't know much about you but come into my life." He came into my life and something changed. On that journey, despite resistance, he found himself called to the priesthood, was ordained a Deacon, and God continues to work in his life day by day.



Archbishop Justin later found out that, from his conception, a particular person had been praying for him every week that he would receive the Holy Spirit in his life. What a wonderful gift.

That Gift is free to everyone and the purpose of the **Thy Kingdom Come** initiative is to focus us to pray for five people, whom we assume do not yet have the power of the Holy Spirit in their lives. We name them and simply pray that they will receive the knowledge and power of the Holy Spirit. They could be work colleagues, family members, neighbours or residents in Care Homes, businesses in a particular street, the sailing club or a school. To help us in this, there will be aids to prayer in our Churches during the 10 days in May and a small team is developing some ideas. More information and a video can be found on: <https://www.thykingdomcome.global/>

Let the last word be from the Archbishop,  
*On leaving Cambridge a friend who was also praying for me every day, gave me a Bible and on the flyleaf was a quotation which I used as part of my installation at Canterbury:*

*"You have not chosen me, but I have chosen you, and ordained you that you should go and bring forth fruit and that your fruit should remain: that whatsoever you shall ask of the Father in my name, he may give it to you."* John 15:16

**Dennis Chandler**

## China

Bible sales banned: China has banned online retailers from selling the Bible, making Christianity the only one of China's major religions — the others being Buddhism, Taoism and Islam — whose main holy text cannot be sold via standard commercial channels. The ban on online sales means that the Bible can only legally be sold in church bookshops. China's leaders have lately called for increased efforts to "Sinocise" religions, as part of President Xi Jinping's promotion of traditional values. (excerpt taken from The Week issue 11711)



## Through a Window



Well spring has been a long time arriving with some false dawns along the way. The chestnut buds have burst on the trees by the war memorial which is my bellwether sign that spring is here.

Bees have been seen bringing in pollen now so as to increase egg laying to produce more bees ready for the first honey flow in May / June. I love to see the blackthorn out now, plus the delicate pussy willow buds. The noisy House Sparrow has topped the list of most common bird followed by the Goldfinch in the recent RSPB survey; a great come back. The Crested Grebe has disappeared from the mill pond, hopefully returning back home, but as yet no signs of the swans nest building.



It appears that gardeners are holding back planting out early crops like onions, peas and the like; however the garden centres were traditionally very busy over Easter, so with longer days to come coupled with an increase in temperatures : Happy gardening.

**Anon**

## Betty Caiger is 100

Betty Caiger celebrated her 100th birthday in March. She has been a faithful and committed member of the Mothers' Union for many years. Until recently she attended our Thursday communion and our monthly meetings. Two members of the Emsworth Mothers' Union delivered a birthday card and flowers on her birthday. We had an interesting time with Betty reminding us of things that happened in the Parish over the years, including the time Douglas was Rector here. She is a very witty and astute lady who cares greatly for the members of the Mothers' Union in Emsworth, all of whom are younger than her.



# Happy birthday

# Betty!

Congratulations on reaching 100

**Felicity Keeping. Branch Leader Emsworth Mothers' Union**

## News from Damon

### Invitation

Members of St James and St Thomas a Becket are invited to the Institution as Vicar to the Benefice of Twyford, Owslebury, Morestead and Colden Common of **THE REV'D DAMON ALLAN DRAISEY** by The Rt Rev'd David Williams Bishop of Basingstoke and Induction and Installation by The Ven. Richard Brand Archdeacon of Winchester at St Mary the Virgin, Twyford.

**26th June 2018 at 7.00pm**

### A date for your diary

We will be holding a Farewell Party for Damon, Amanda, JJ and Izzy so keep this date free:

**2 June 2018 at 6.00pm** in the Parish Hall

(more details to follow)

# Home Prayers

**May 2018**



- As we celebrate Ascension and Pentecost, we pray for renewal in our lives and in the life of our church. Give us the courage to be bold as we witness to our faith in You.
- We offer the 'Thy Kingdom Come' initiative to You as we pray for those who don't yet know You. As we celebrate the coming of Your Holy Spirit upon all people, we pray that those who don't yet know You will meet with You and that we will all come to know You better.
- We pray for Damon and Amanda as they prepare to start a new chapter in their lives. Give them courage and energy as they step out in faith into your future for them and bless them abundantly in all that they do.
- Our world feels like a very dark place where love and compassion often seem absent. Be close to all who suffer from hatred, disaster or sickness and strengthen those who try to bring peace and relief to the stricken.
- We pray for our new PCC. Give them insight and courage as they take on the many challenges that are ahead and keep them ever mindful that it is your work that they are doing.
- We give thanks for our treasurer and those who serve on the stewardship committee. Give us generous hearts, ready to share our resources as well as our time.
- We pray for our Pastoral Development team, the pastoral visitors and the bereavement team. Help us to recognise You in all those we meet, especially those who are weak and are suffering.
- We pray for the Lunch Club and the Pastoral Centre and give thanks for their outreach and fellowship.
- We pray for the work of CMS and our new link partner. Help us to know that we are part of Your work of transforming lives and communities across the world.
- We pray for all our brothers and sisters in Christ who worship in the Emsworth Churches and we give thanks for all that we do together. As a new chapter begins with Churches Together in Emsworth help us to work together for the glory of Your name in this place.
- For all who are in need at this time or who are suffering in mind, body or spirit; that they might know the peace and healing of God in their lives.

## United Walks

As we leave the short dark days of winter behind, once again members of our Anglican and Methodist congregations are gathering to enjoy walks together in the local countryside.

The first of these was on Sunday 18th March when a group of ten braved the wind and snow on a short 3 mile walk around Prinsted! *(See picture inside back cover)*

This year all United Walks will be held on the 3rd Sunday in the month.

Future walks are planned for:

Sundays 20th May, 15th July and 16th September.

These will be sociable walks of about 5 or 6 miles. Typically, we meet somewhere within 30 minutes drive from Emsworth at 12.30 pm with a picnic; we always stop for lunch.

Come and try a walk with us! For further information, please contact **Ruth or Jamie Barr on 01243 372939.**



# MISSION MATTERS

## Lives Transformed in Nigeria

Rev. Andy Economides, founding director and evangelist of Soteria Trust completed a 17 day mission in Ibadan, Nigeria. Rev. Pius, Andy's colleague in Nigeria assisted him throughout the time and Rev. Paul



SBS Teacher Training—Lou

Collins and his wife Lou (a teacher) assisted with preaching, ministry and prayer for people. Jane, Andy's wife prayed with people, helped with practical jobs at SBS and counselled some needy young students. The team ministered at the New Life Church Leaders' Conference and other churches. Lou Collins' main task was the extensive work at the SBS (Soteria Business School) in improving teaching methods and helping the head to follow these improvements through after our departure.



## School Evangelism & Discipleship

The Good News was boldly proclaimed and discipleship undertaken in 4 secondary schools to hundreds of pupils in school assemblies and seminars. Students received Christ or renewed their commitment to Jesus. In schools seminars were simultaneously undertaken by team members. Andy says; *"Perhaps the greatest 'event' for me was preaching the gospel to about 500 pupils in one assembly inviting the entire school to turn from sin, trust the cross of Jesus and take God's gift of the Holy Spirit. This was followed by 3 seminars including Muslim children listening respectfully about Jesus. Students eagerly took 200 'True' gospel/discipleship books as they left the seminars."*



Good News in Secondary Schools

## Summary of Mission:

- 4 Schools, over 1700 students heard the Good News.
- 200 Discipleship books True (by A. Economides) freely given in 1 School.
- Improvement of teaching at the Soteria School.
- Seminar to Prospect School Staff on how to develop the school since the death of the proprietor, Mrs. Bola Folahan.
- Team seminar to Prospect School pupils to encourage them to know Jesus.

Discipleship Explored (Philippians) course relaunched at the Soteria School.



Soteria Sponsored Rescued Children from the North

SBS Students and staff, one after the other, gave moving testimony how their lives have been changed by Jesus through the visit and Soteria. The Nigerian Board for Tech. Education (NBTE) has confirmed in writing their approval for the SBS to be able to run the National Diplomas in Software Engineering. Much work to do for the SBS to start the course by September 2018.



**Andy Economides**

Soteria Trust is based in North Street, Emsworth and can be contacted on [admin@soteriastrust.org.uk](mailto:admin@soteriastrust.org.uk)







# CHRISTIAN AID WEEK

The United Nations has said that we must end hunger and all forms of malnutrition by 2030. We have a long way to go. Last year 124 million people in 51 countries faced crisis levels of hunger. 52 million children under the age of five are acutely malnourished.

The majority of hungry people, but not all, live in countries affected by conflict.

In Syria, where the civil war has now entered its eighth year, violence continues to escalate, despite the UN having brokered a ceasefire; more than half the country's population have been forced from their homes. In South Sudan life for millions is described by the UN as 'quite literally unspeakable;' more than 100 children everyday walk on their own to neighbouring Uganda, which will soon be home to 2,000 unaccompanied child refugees. In Yemen two years of conflict have left half the population starving. In Nigeria Boko Haram has brought about a severe famine.

Last year 700,000 Muslims fled Myanmar (formerly Burma), mostly into Bangladesh, many of them now facing danger from the oncoming monsoon season.

Meanwhile, climate change is taking its toll. Torrential rain in South Asia has forced an estimated 41 million people, including 12 million children, to move into relief camps after losing their homes and all their possessions; while southern Africa is experiencing the worst drought for more than half a century, with Cape Town set to become the first major city in the world to run out of water.

Christian Aid works with its partners throughout the developing world to save and improve lives, from providing food to the most vulnerable, to healthcare and education, and helping communities be better prepared for what will come.

Christian Aid Week this month will give us an opportunity to come to the help of the world's hungry and homeless men, women and children.

**John Pilkington**

## Thank you

Thanks to everyone who helped or contributed to the Lent lunches.

£464 was raised for Christian Aid.



Maybe you are planning a holiday or a special day out to unwind or celebrate something special? The Mothers' Union special project over many years has been the Away From It All (AFIA) scheme where families or individuals can be offered respite from their everyday lives. At one time MU members hosted people in their own homes but more recently residential time at a holiday park, caravan or chalet has been organised or just a day out with the family.

A time apart from the routine can be so beneficial to health and wellbeing. Last year MU in Portsmouth Diocese took a coachload of families to the Isle of Wight for a day by the seaside. It is amazing how some children have never played on the sand or paddled in the sea. Another excursion is being planned for this summer. Members have been raising the funds for AFIA and we would be happy to hear from anyone who would like to have such a short break.

All applications are treated confidentially. Please contact our Branch Leader Felicity Keeping 01243 374039 if you wish to learn more. We do hope that the summer months will refresh everyone wherever they may be.

**Programme for May 2018:**

**Thursday 3<sup>rd</sup> Communion at 10 am in St. James' Church**

**Friday 11<sup>th</sup> Skittles at 7pm in The Barley Mow, Walderton**

**Thursday 17<sup>th</sup> 2pm in the Parish Hall**  
**We welcome Revd. Andy Economides of the Emsworth based Charity, Soteria Trust. There will be a retiring collection for the Charity.**

*For more information about Mothers' Union please contact Felicity Keeping 01243 374039.*

*Everyone is welcome to our meetings.*



**PARISH FAIRTRADE GROUP**

Diners at our FT Fortnight Curry Evening on 10 March were offered pastry snacks with their after-dinner coffee or tea. These were promoted by TraidCraft Exchange, as an example of how that organisation helps

people to generate income. For those who weren't present, here is the story of Sufia and her snacks: -

Sufia and her husband live in an area of Bangladesh largely reliant on agriculture, but they own very little land, which means that their opportunities to earn a decent living are severely limited. For years Sufia tried to make ends meet by labouring in jute extraction - extracting and cleaning the fibres from the jute that had been rotted under water to make it easier to work. The fibres are then sold to make into baskets or bags. The jute season is just three months long. Sufia wasn't paid a wage - just given one bundle of jute sticks per basket of fibre extracted. So she got to thinking about new ways to earn money.

She knew there was profit to be made by selling home-made snacks and hot drinks to passers-by at the busy junction near her house. But she didn't know how to access the capital needed to get started. TraidCraft has worked with people involved with jute for many years, helping people like Sufia at the bottom of the supply chain. And they knew that women like Sufia, despite hard work and determination, couldn't make a living from jute alone - they need an alternative income. So the JEWEL project was set up, working with *hidden entrepreneurs* to give them the skills and opportunities they need to leave poverty behind for good.

Sufia was helped to take part in business training and to join a local savings group, who lent her a small sum of money. After this, she felt confident enough to invest in the first batch of ingredients, baking traditional Bangladeshi fried cakes, soaked in sugar syrup. Now her roadside stall is thriving, and her sweet snacks are selling, quite literally, like hot cakes.

The small profit we made on the curry meal has been sent to TraidCraft Exchange for the Hidden Entrepreneurs appeal (doubled by our government) - and here's Sufia's recipe (not all FT ingredients, but use your imagination and adapt!).

**Ingredients**

- One packet of puff pastry (or make your own)
- 250g cream cheese
- 60g icing sugar
- 3/4 teaspoon cinnamon

**Method**

1. Tip the cream cheese, cinnamon and icing sugar into a bowl and mix together - to be the filling and topping
2. Cut out circles from the pastry using a cutter or upturned glass
3. Place a dollop of cream cheese filling in the centre of each, then seal the pastry round the edges.
4. Bake in the oven at 190 degrees C for 12 minutes, then leave to cool.
5. Ice with remaining cream cheese and cinnamon mixture, then dust with icing sugar.
6. ENJOY! (Or you could sell and send the profit to TraidCraft Exchange Hidden Entrepreneurs Appeal.)

**Gill Cross, Katie Buttivant, Jill Allum, Patricia Williamson - your parish FT Group**



At St. James' we have been celebrating and reflecting on the Easter story. Each class focussed their learning during Religious Education lessons on particular themes and concepts and ways these are celebrated by Christians. The children then shared parts of their learning during our wonderful Easter service, held at St. James' church during the last week of term. All the children produced delightful, creative and thoughtful work.

Year 5 focussed on the concept of sacrifice and suffering. They discussed the suffering that took place, the reasons why Jesus made the sacrifice He made, as well as considering the impact this has on Christians today. Finally, the children reflected on the meaning of the word sacrifice and thought about ways that they could make sacrifices in their lives to have a positive impact on those around them. Below are some of their insightful and mature suggestions:

- *Give some of our weekly food shopping to Food Bank to help those who don't have access to the food we do*
- *Make my mum and dad a coffee each morning to help them with their busy lives*
- *Sacrifice some of my T.V time to help my mum and dad around the house*
- *Sacrifice some of my time to raise money for charity to help those who are less fortunate than ourselves*
- *Spend more time thinking carefully about what we can recycle to help save the environment we live in*

The Year 5 children have thought of small, manageable sacrifices that can have a big impact on those around them.

What sacrifices can you make in your lives?



## WHO'S WHO IN THE PARISH

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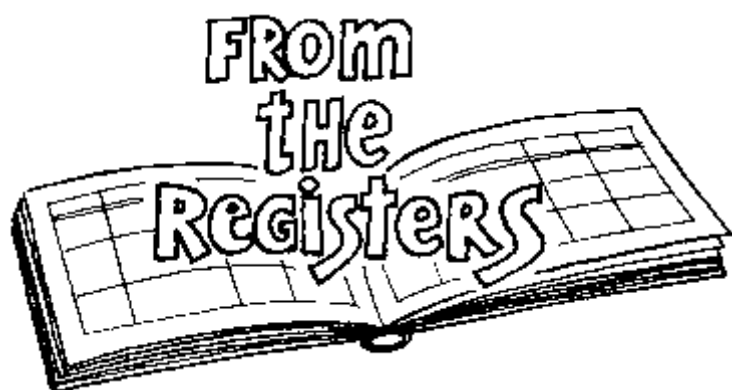
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**Parish website** - www.warblingtonwithemsworth.org

<https://www.facebook.com/groups/186161271509594/>



### FOR MARCH:

**MARRIAGES** There were none in March

### BAPTISMS

There were none at St James in March

At Thomas à Becket:

Dolcee Harris, daughter of Dylan Harris & Lauren Smith

### R.I.P.

Helen Lilian McGowan, aged 81, of St. Clares Court, St. Clares Avenue, Havant

Marie Elizabeth Kitchen, aged 80, of Collington Crescent, Paulsgrove

Edith Turner, aged 91, of Springfield Nursing Home, Emsworth

Ursula Margaret Gadd, aged 86, of The Firs, St. Helens Road, Hayling Island

Kay Christine Robertson, aged 73, of South Africa Lodge, Stakes Hill Road, Waterlooville

Joyce Mary Sadler, aged 83, of Victoria Road, Emsworth

# What's On during May 2018

|                               |                                                                                                                                                                                                                                        |                                |                                                                                                                                                                                                                                                                         |
|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tues 1                        | 9.30-11.00am Babies, Banter & Biscuits, Parish Office                                                                                                                                                                                  | Thurs 17                       | 7.30pm Parish Prayer evening, St. James                                                                                                                                                                                                                                 |
| Wed 2                         | 10.00am Holy Communion, St. James<br>12.00-2.30pm Parish Lunch, Kings Arms, Emsworth                                                                                                                                                   | <b>Sun 20 Pentecost Sunday</b> | 8.00am Holy Communion (Trad), St. James<br>10.00am Holy Communion, St. James<br>11.00am Holy Communion (Trad), St. Thomas à Becket<br>3.30pm Baptism Preparation Tea, St. James<br>5.00pm Café Church<br>6.30pm Evensong, St. Thomas à Becket                           |
| Thurs 3                       | 10.00am MU Holy Communion, St. James<br>7.30pm Parish Prayer evening, St. James                                                                                                                                                        | Tues 22                        | 9.30-11.00am Babies, Banter & Biscuits, Parish Office                                                                                                                                                                                                                   |
| <b>Sun 6</b>                  | 8.00am Holy Communion (Trad), St. James<br>10.00am Family Service, St. James<br>10.15am Emsworth House Communion<br>11.00am Matins followed by Holy Communion (1662), St. Thomas à Becket<br>6.30pm United Holy Communion, St. James   | Wed 23                         | 10.00am Holy Communion, St. James<br>7.30pm PCC meeting, Parish Office                                                                                                                                                                                                  |
| Mon 7                         | 2.00pm Minus One Group, Parish Hall                                                                                                                                                                                                    | Thurs 24                       | 10.0am Cake stall in the Pastoral Centre in aid of Home and Overseas Mission<br>7.30pm Parish Prayer evening, St. James                                                                                                                                                 |
| Tues 8                        | 9.30-11.00am Babies, Banter & Biscuits, Parish Office                                                                                                                                                                                  | <b>Sun 27</b>                  | 8.00am Holy Communion (Trad), St. Thomas à Becket<br>10.00am Holy Communion, St. James<br>11.00am Matins, St. Thomas à Becket<br>11.30pm Springfield Communion<br>12.30pm Baptism Service, St. Thomas à Becket<br>6.30pm United Evening Worship at the Methodist Church |
| Wed 9                         | 10.00am Holy Communion, St. James                                                                                                                                                                                                      | Tues 29                        | 9.30-11.00am Babies, Banter & Biscuits, Parish Office                                                                                                                                                                                                                   |
| <b>Thurs 10 Ascension Day</b> | 'Thy Kingdom Come' prayer week starts (until 20 <sup>th</sup> May)<br>7.30pm Ascension Day Holy Communion, St. James                                                                                                                   | Wed 30                         | 10.00am Holy Communion, St. James                                                                                                                                                                                                                                       |
| Fri 11                        | 12.30 -1.50pm Prayers for the World Church, 14 Nile Street                                                                                                                                                                             | Thurs 31                       | 7.30pm Parish Prayer evening, St. James                                                                                                                                                                                                                                 |
| <b>Sun 13</b>                 | 8.00am Holy Communion (Trad), St. Thomas à Becket<br>10.00am United Holy Communion, St. James<br>10.00am Breakfast Church, Parish Hall<br>11.00am Matins, St. Thomas à Becket<br>6.30pm United Evening Worship at the Methodist Church | <b>June</b>                    |                                                                                                                                                                                                                                                                         |
| Tues 15                       | 9.30-11.00am Babies, Banter & Biscuits, Parish Office                                                                                                                                                                                  | <b>Sat 2</b>                   | 6.00pm Farewell party for Damon, Amanda and family, Parish Hall                                                                                                                                                                                                         |
| Wed 16                        | 10.00am Holy Communion, St. James<br>Archdeacon's visitation & swearing in of Churchwardens at St. John's, Rowlands Castle                                                                                                             |                                |                                                                                                                                                                                                                                                                         |



**Good Friday choir led by Sue Ingram performing on the new dais**



**Some of the stalwarts on a windy United Walk in March**



**Signs of Spring  
around  
Emsworth**

