



Dinner Menu

V Vegetarian VV Vegan GF Gluten Free VO Vegan Option

Small Salads, Plates or Sharing Plates

- Soup of the Day 8
- Grilled Tofu, Lila Dragon Sauce, Chinese Mustard, Sriracha V/GF/VO 8
- Roasted Chickpea Hummus, Red Chermoula, Pita Bread VV 9
- Roasted Jersey Sweet Potato Wedges, Harissa Spices, Cashew Mayo VV/GF 10
- Le Puy Green Lentil Dip, Pita, Brown Rice Crackers VV 11
- Roasted Beets, Turtle Creek Goat Cheese, Walnuts, Mixed Greens, Orange-Sherry Vinaigrette V/GF 10

Vegetable Plates

Cool/Cold

- Greek Salad; Tomatoes, Cucumbers, Red Onion, Feta, Black Olives, Oregano, Olive Oil V/GF/VO 14
- Grilled Avocado- Farro Bowl, Feta Cheese, Yogurt Sauce V/VO 14
- Macro Bowl: Chickpeas, Sweet Potatoes, Avocado, Seaweed, Brown Rice, Tahini Vinaigrette VV/GF 14
- Southwestern Bowl: Quinoa, Black Beans, Avocado, Sweet Potatoes, Feta, Lettuces V/GF/VO 14

Warm/Hot

- Harissa-Pomegranate Molasses Baked Eggplant, Beluga Lentils, Yogurt V/GF/VO 16
- Veg Burger: Quinoa-Sweet Potato and Black Bean, Avocado Puree, Red Onion, Mixed Green Salad VV 15
- Zucchini Linguine, Green Herb Pesto, Roasted Red Bell Peppers, Feta Cheese V/GF 18
- Burmese Noodle Bowl, 'Khao Soi', Tofu, Rice Noodles, Bok Choy, Curry-Coconut Broth VV 17
- Stir-Fry: Tofu, Asian Vegetables, Brown Rice, Red Curry Sauce VV/GF 16

Plates, Sides & Add Ons

Small

- Add Colemans Organic Chicken Breast (4 oz.) 5
- Add House Made Chorizo ( 4 oz. Patty) GF 5
- Add Sarasota Beef Company Beef Tenderloin (3.5 oz.sliced) 15
- Add Grove Ladder Farm Egg 3 *Sunnyside up*
- Add House Made Bacon GF 4
- Add Grilled Gulf Shrimp, Garlic, Vegan Butter (4 each) GF 6

Large

- Cobia, Gulf Shrimp, Grilled Avocado, Ginger, Lime (8 oz.) 32
- Sarasota Beef Company Beef Tenderloin, Potato Puree, Vegetables (7 oz. sliced) GF 36

Non Alcoholic Beverages

- 221 B.C Kombucha 7
- Berry Hibiscus, Mint Matcha Honey, Ginger, Moringa Lavender*
- Orange Turmeric Cinnamon, Grapefruit Bee Pollen Basil*

- Sara Fresh Juice 7
- Beetiful*

- San Pellegrino Sparkling Water (Liter) 6
- San Pellegrino Sparkling Water (500ml) 4
- Pure Leaf Iced Tea 5

- Nespresso
- Coffee 2.75 1.25 refill
- Decaf 2.75 1.25 refill
- Ristretto 3.75
- Espresso 3.75
- Cappuccino 4.25
- Decaf Cappuccino 4.25
- Nunshen Hot Tea 4

*We Proudly Support Organic, Sustainable and Local Farms /Businesses When in Season and Available*

*Albert's Organics, Grove Ladder, Geraldson Farms, Hoot Acre, Sarasota Beef Company, Honeyside Farms, Fermentlicious*