



Dinner Menu

V Vegetarian VV Vegan GF Gluten Free VO Vegan Option

Sharing Plates

Vegetables

- Roasted Beet Salad: Avocados, Oranges, Almonds, Sherry Vinaigrette VV/GF 15.00
Grilled Tofu, Lila's Dragon Sauce, Chinese Mustard V/VO/GF 12.95
Caesar Salad: Grilled Romaine, No Oil Dressing, Croutons, Vegan Parmesan Cheese VV 13.50
Local Farm Lettuces, Lemon Vinaigrette, Vegan Croissant Croutons, Turtle Creek Goat Cheese V/VO 12.00
Hummus: Grilled Vegetables, Za'atar, Pita Bread VV 12.00
Roasted Yam Wedges, Harissa Spices, Cashew Mayo VV/GF 13.95
Potato Gnocchi, Arugula Pesto, Arugula, Tomatoes VV 15.75
Kale Salad: Lemon Tahini Dressing, Avocado, Sunflower 'Parmesan', Crunchy Garnishes VV/GF 14
Lila Gluten Free Bread, House Made Vegan Butter VV/GF 4.00

Meats/Seafood

- Grilled Lamb Sausage, Harissa Yogurt, Pickled Onions, Cucumber, Feta, Cilantro GF 14.95
Smoked Salmon, Pumpernickel Toast, Tomatoes, Red Onions, Capers, Horseradish Tofu Cream 15.25
Grilled Spanish Octopus, Lemon, Olive Oil, Sea Salt GF 22.00

Main Plates-

Vegetables

- Buddha Bowl: Squash, Sweet Potatoes, Kale, Quinoa, Cashew Falafel, Tahini Sauce VV/GF 21.25
Macro Bowl: Chickpeas, Cucumber, Kale, Millet, Rice, Avocado, Seeds, Tahini-Turmeric Dressing VV/GF 16
Vegetable Risotto: Squash, Basil, Pesto, Broccoli, Ricotta Salata Cheese V/VO/GF 20.95
Burmese Bowl, 'Khao Soi', Tofu, Rice Noodles, Mushrooms, Curry-Coconut Broth VV/GF 21.95
House Made Fettuccine, Pistachio-Broccoli Pesto, Tomatoes, Basil V 20.99

Meats/Seafood

- Crispy Duck Leg and Thigh Confit, Broccoli, Mushrooms, Sunny Side Up Egg, Ginger Vinaigrette GF 18.95
Grilled Mahi, Black Beans, Avocado, White Rice, Mango Vinaigrette 33.00
Great Range Bison Skirt Steak, 'Center Cut Potato' Kale, Dijon Mustard Vinaigrette GF 30.00

Add to Any Plate or on the Side

- Add Colemans Organic Chicken Breast (4 oz.) GF 4.50
Add Gulf Shrimp (4 each) GF 6.00
Add Extra Sauce .50
Add Farm Egg GF 3.00 *Sunnyside up*
Add House Made Bacon GF 4.50
Add House Made Chorizo GF 4.50
Add Falafel with Tahini Sauce (3 each) GF/VV 5.00
Add Tofu GF/VV 3.00

*We Proudly Support Organic, Sustainable and Local Farms /Businesses When in Season and Available
Albert's Organics, Worden Farms, Geraldson Farms, Honeyside Farms, Fermentlicious*

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness,
especially if you have certain medical conditions*