



Dinner Menu

V Vegetarian VV Vegan GF Gluten Free VO Vegan Option

Small Salads, Plates or Sharing Plates

- Soup of the Day 8
 Grilled Tofu, Lila Dragon Sauce, Chinese Mustard, Sriracha V/GF/VO 8
 Roasted Chickpea Hummus, Red Chermoula, Pita Bread VV 9
 Roasted Jersey Sweet Potato Wedges, Harissa Spices, Cashew Mayo VV/GF 10
 Le Puy Green Lentil Dip, Pita, Brown Rice Crackers VV 11
 Bistro Salad: Mixed Lettuces, Herbs, Mustard-Lemon Vinaigrette VV 9+
 Beet Salad: Goat Cheese, Farro, Basil, Confit Tomatoes, Balsamic Vinaigrette, Lettuces V 12

Vegetable Plates

Cool/Cold

- Greek Salad; Tomatoes, Cucumbers, Red Onion, Feta, Black Olives, Oregano, Olive Oil V/GF/VO 14
 Grilled Avocado- Farro Bowl, Feta Cheese, Yogurt Sauce V/VO 14
 Macro Bowl: Chickpeas, Sweet Potatoes, Avocado, Brown Rice, Tahini Vinaigrette VV/GF 14
 Southwestern Bowl: Quinoa, Black Beans, Avocado, Sweet Potatoes, Feta, Lettuces V/GF/VO 14

Warm/Hot

- Veg Burger: Mushrooms, Rice, Herbs, Kaiser Roll, Sweet Potato Wedges VV 17
 Zucchini Linguine, Kale Pesto, Tomatoes, Feta Cheese, Pine Nuts V/GF 18
 Burmese Noodle Bowl, 'Khao Soi', Tofu, Rice Noodles, Mushrooms, Curry-Coconut Broth VV 18
 Stir-Fry: Tofu, Asian Vegetables, Brown Rice, Red Curry Sauce VV/GF 16
 House Made Linguine, Pomodoro Sauce, Zucchini, Tomatoes V 19

Plates, Sides & Add Ons

Small

- Add Colemans Organic Chicken Breast (4 oz.) 5
 Add Sarasota Beef Company Beef Tenderloin (3.5 oz. sliced) 15
 Add Grove Ladder Farm Egg 3 *Sunnyside up*
 Add House Made Chorizo 4
 Add House Made Bacon GF 4
 Add Grilled Gulf Shrimp, Garlic, Vegan Butter (4 each) GF 6

Large

- Duck Leg and Thigh Confit, Grilled Kale, Lentils, Sunnyside Up Egg 17
 Sarasota Beef Company Beef Tenderloin, Smoked Corn Risotto (7 oz. sliced) GF 36
 Cobia, Gulf Shrimp, Ginger-Lime Vinaigrette, Grilled Kale, Freekeh 30

Non Alcoholic Beverages

- 221 B.C Kombucha 7
Berry Hibiscus, Mint Matcha Honey, Ginger, Moringa Lavender
Orange Turmeric Cinnamon, Grapefruit Bee Pollen Basil

Sara Fresh Juice 7

Beetiful

- San Pellegrino Sparkling Water (Liter) 6
 San Pellegrino Sparkling Water (500ml) 4
 Pure Leaf Iced Tea 5

Nespresso

- Coffee 2.75 1.25 refill
 Decaf 2.75 1.25 refill
 Ristretto 3.75
 Espresso 3.75
 Cappuccino 4.25
 Decaf Cappuccino 4.25

- Nunshen Hot Tea 4

We Proudly Support Organic, Sustainable and Local Farms /Businesses When in Season and Available

Albert's Organics, Grove Ladder, Geraldson Farms, Hoot Acre, Sarasota Beef Company, Honeyside Farms, Fermentlicious