



# Quantum Techniques®

## Teleclinic Guide

### What Is the Spirituality and Consciousness of Miraculous and “Permanent” Healings? – Part 2

**Introduction:** Dr. Stephen and Beth Daniel host part two of this teleclinic series on the spirituality and consciousness of miraculous and “permanent” healings. You do not need to know how to muscle test or perform Quantum Techniques™ or EFT to benefit from this teleclinic series.



Cellular biologist Bruce Lipton, PhD has shown that 95% of us come into this world with good DNA. Whether we code for disease or health depends on whether we perceive the environment as safe and loving or hostile and dangerous. When you combine this truth with consciousness teaching, you realize that as long as we identify with any thing, any person, or any position outside of this moment and outside of our true selves, we will live in fear and therefore suffer.

If this series doesn't cause you some discomfort or shock, or cause you to question some aspects of your life, then we haven't done our job as teachers. If you agree with everything, and/or are comfortable with everything we teach, then we have not presented anything new, and you are only rearranging and confirming your present belief system.

“If we want to remain asleep, the man who tells us the truth about ourselves is our worst enemy, but if we want to awaken, he is our best friend.”

Vernon Howard, The **Secrets for Higher Success** pg. 99

**Hosted by:** [Beth Daniel](#) and [Dr. Stephen Daniel](#)

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**Teleclinic Guide:**

#### ***Points of Discussion:***

1. If we were correct in our beliefs about ourselves, the universe, and our illness, we would be healed.
2. We need to welcome discomfort to allow truth to arrive without resistance. We don't learn anything as long as we remain in our “comfort zone”.
3. Everyone we have worked with that has permanently healed from a life threatening illness has had a major awakening to a different experience of themselves and the world and a reconnection to their spiritual self and the Divine.
4. You are not your thinking or your feelings. You are like the sky. The wind, rain, snow and clouds move through the sky, yet, the sky is none of those things. You are that spiritual energy that is aware of everything passing through your experience.



5. Thinking about something is not the same as awareness or an experience of something. Not understanding this difference is one of our greatest problems. The experience of Truth always brings change. Example: knowing that smoking causes cancer.
6. NOW is the only time frame that matters. All love, joy, gratitude, healing, change happens now. All healing of “internal parts”, done correctly, happens in the NOW.
7. NOW is the only thing that is permanent. We are looking for permanence.
8. Leaving the present moment always leads to suffering.
9. You cannot give yourself something greater than truth, reality, the Divine, gives you in each moment. Can you fall in love with reality, or do you insist on your imagined fantasy of life?
10. Resistance is a form of attachment. What we resist, persists. Avoiding a situation is inviting it to return again. Resistance vs. Asking.
11. From Guy Finley, “The Essential Laws of Fearless Living”: “Here is the statement to end all fear. Who you knew yourself to be yesterday is of no use to you tomorrow.”
12. You can never lose who you really are.
13. This life is a lesson about letting go, about surrender.
14. The purpose of life is enlightenment, transformation and freedom, not comfort, safety or achievement.
15. To permanently leave your illness behind, you must go through the discomfort... and eventually the joy of finding out whom you really are. Process of illumination.
16. For most people with chronic illness, their beliefs, attachment and resistance regarding their illness is the most “real” self they know. They are afraid to surrender that self and jump into the unknown to find their true self.
17. It is a case of mistaken identity. Most people stay occupied just recycling their old automatic learnings, thinking, and ideas. This keeps them attached to the level of consciousness that produced their illness: the false self. Refuse to revisit your own past for a way out of any present problem you face (Guy Finley, “10 Ways to Increase Your Spiritual Strength.”)
18. Our fear of doing something; our fear of going somewhere that we don’t already have all the answers for is what keeps life boring. If we had done that, there would be no Quantum Techniques™.
19. Our greatest health protection is being fully aware, awake and present in our bodies NOW in gratitude, allowing the newness of each moment and accepting the new learnings. When we are not present NOW in



our bodies, we have a vacancy sign out for dark energies, negative mechanical energy states, viruses, bacteria, etc.

20. There is a level of consciousness and connection to the Divine that exists NOW, and as you fully awaken and experience that reality, your healing can be instant and complete. There is a level of complete health that exists for you NOW. Example of light in a river and the Quantum Techniques™ flashlight.
21. The only place we can experience the Divine is NOW. That is what heals. All healing is ultimately reconnection with the Divine and happens right NOW.
22. Discussion of the role of both mechanical thinking, and awakening in healing with Quantum Techniques™ .
23. Leave all painful and punishing events, beliefs, thoughts, emotions and relationships ...exactly where you find them.
24. Everything passes. All moments of great pain are time limited unless I am tricked into reliving them over and over again by my false mind.
25. I cannot heal myself by thinking about the past. I only heal by surrendering the need to control the future, and by being present to this “presence moment” with complete unity with all creation and the Divine.
26. All of life happens for me, not to me. All ‘uncomfortable’ moments are there to teach me that I am more than I believe myself to be, and life, is more than I believe it to be.
27. My thoughts and feelings are not reality, just my momentary story about an event.
28. Suffering is my story about the past, and my attempt to control the future. The solution is to come awake to this present moment. This moment is all there ever is.
29. Looking in your past for solutions to your pain is always the wrong place to be.
30. Truth is not something you know, it is an ever changing experience you live, if you are awake and not just living life on autopilot in some type of psychic sleep.
31. Imagine the following dialogue:

Which has greater wisdom for you, your mind, or the mind of the Divine? Which has greater love for you, your mind/heart, or the mind/heart of the Divine? Since the answer is obvious, then why do you fight and suffer so much, insisting your imagined fantasy future come true, when you know by yourself and of yourself, you have never found happiness?
32. When I am not present to this moment in love and gratitude, I have already abandoned myself. I do that every time I go into painful thoughts of the past or future. No one can abandon me unless I have already abandoned myself.



33. Imagine the following:

Is there enough food, fresh water, clean air present right now, to care for all of humanity for the next 50 years? Clearly the answer is “no”, because the sunlight has not yet come, the rain has not yet fallen and the plants have not yet borne fruit. Yet we rest in peace over these things, knowing we cannot provide these for ourselves, yet the Divine has always had this covered. Then why do we think we don’t have enough money, prestige, etc, unless we have enough to cover every possible imagined catastrophe and still have enough to care for ourselves and family for the next 50+ years. This is why we are selfish and suffer instead of caring for our neighbor as if they are ourselves.

34. You must let go of some of your most deeply held beliefs to heal and live without fear.

35. Avoiding fear only strengthens it. When your house is on fire you run out of the house. If your spiritual house is on fire, you run into the fire. (Guy Finley)

36. What if it is only my ability to see and experience Truth/Oneness now with the Divine that is necessary for my complete healing? Then the greatest block to this occurring, is the false “truths” I hold to.

37. Your current “self” or “you” is going to die, i.e. Aging changes your strength, beauty, all relationships end, death or divorce. Everything passes. The question is how do you want to make the transition? Kicking and screaming in pain, fear, and suffering, or in joy and excitement for the next step, trusting the Divine that life always happens for you?

38. Miracles happen when you meet the Divine in gratitude and love. This only happens in the NOW.

39. Chronic illness: A person is rarely in the present moment. They are living in their thoughts, not in the NOW experience of life.

40. Ask yourself, “ If you know so much, why do you suffer so much?”

41. Chronically ill people are hypervigilant to any body sensations. They are convinced, (often by traditional medicine) that their illness is much more powerful than they are/the Divine is. All illness at its root is a disruption in energy and a disconnection from the Divine and the experience of Truth in the Now.

42. Doubt will not serve you well in your body’s ability to heal. Ever. Your body was created to heal itself as you were created in the image of an immutable God.

43. Gratitude, love, joy and peace, are keys to the kingdom of heaven that exists now. Hate, rage, fear, resentment and unforgiveness are the keys to hell.

44. What are your invisible bonds that attach you to your “illness” that make it “your illness”?

45. Imagine a world where at any time our experienced self switches bodies with different people we love. Would that cause you to change how you treat your body? Would that cause you to treat others



differently? We are all connected, we are all one being. When I attack you, I damage myself. When I attack/poison/ my body with hate, fear, drugs, etc. I am attacking those I love. Would you pour that food, drugs, alcohol down the throat of your child, dog, etc? Before we can commit an act of violence against ourselves or anyone else, we must first create the illusion of separation.

46. Karma is perfect. You never have to worry about others getting their payback. All of nature is ordered. There is a Divine order to everything. Chaos is manmade.
47. Unhappiness, stress and suffering only exist because you reject the moment, insisting it be something else you have imagined!
48. Real power is to be able to choose what you are in relationship with in the moment, as the moment requires it, for the good of all.. (Guy Finley)
49. No human being has any power in and of themselves. When they open/connect to Truth/Reality/Divine, the power they connect to is endless.
50. What is it that I will be empowered by? Fear, hatred, anger, rage, regret—these are actually the “power states” that humans “believe” they become empowered by. Then they hate the power these states bring. If we stay asleep, we remain slaves of these negative energy states.
51. I do not possess the power to control the outcome of what I do, or to change what just happened. People spend 50% of their time regretting what just happened and trying to change it. (Guy Finley) I only control what I give my attention to, but this is all that is required to live in peace and happiness. My only power is to choose what relationship I want to be in at any moment in time. You may not like what just happened, but don't give your life away for it, or punish another human being for what just happened.
52. God's Divine plan for me: for all of my real self to be free, healthy, in love, truth and abundance. It is not centered on finding comfort for my known level of self! I must “Know”(meaning experience) and fall in love with the free mind to be fearless and free.

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