



# Quantum Techniques®

## Teleclinic Guide

### What Is the Spirituality and Consciousness of Miraculous and “Permanent” Healings? – Part 1

**Introduction:** Dr. Stephen and Beth Daniel host part one of this teleclinic series on the spirituality and consciousness of miraculous and “permanent” healings. You do not need to know how to muscle test or perform Quantum Techniques® or EFT to benefit from this teleclinic series.



Cellular biologist Bruce Lipton, PhD has shown that 95% of us come into this world with good DNA. Whether we code for disease or health depends on whether we perceive the environment as safe and loving or hostile and dangerous. When you combine this truth with consciousness teaching, you realize that as long as we identify with anything, any person, or any position outside of this moment and outside of our true selves, we will live in fear and therefore suffer.

If this series doesn't cause you some discomfort or shock, or cause you to question some aspects of your life, then we haven't done our job as teachers. If you agree with everything, and/or are comfortable with everything we teach, then we have not presented anything new, and you are only rearranging and confirming your present belief system.

“If we want to remain asleep, the man who tells us the truth about ourselves is our worst enemy, but if we want to awaken, he is our best friend.”

Vernon Howard, The **Secrets for Higher Success** pg. 99

**Hosted by:** [Beth Daniel](#) and [Dr. Stephen Daniel](#)

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**Teleclinic Guide:**

#### *Points of Discussion:*

1. If we were correct in our beliefs about ourselves, the universe, and our illness, we would be healed.
2. We need to welcome discomfort to allow truth to arrive without resistance. We don't learn anything as long as we remain in our “comfort zone”.
3. Everyone we have worked with that has permanently healed from a life threatening illness has had a major awakening to a different experience of themselves and the world and a reconnection to their spiritual self and the Divine.
4. You are not your thinking or your feelings. You are like the sky. The wind, rain, snow and clouds move through the sky, yet, the sky is none of those things. You are that spiritual energy that is aware of everything passing through your experience.
5. Thinking about something is not the same as awareness or an experience of something. Not understanding this difference is one of our greatest problems. The experience of Truth always brings change. Example: knowing that smoking causes cancer.



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6. NOW is the only time frame that matters. All love, joy, gratitude, healing, change happens now. All healing of "internal parts", done correctly, happens in the NOW.
7. NOW is the only thing that is permanent. We are looking for permanence.
8. Leaving the present moment always leads to suffering.
9. You cannot give yourself something greater than truth, reality, the Divine, gives you in each moment. Can you fall in love with reality, or do you insist on your imagined fantasy of life?
10. Resistance is a form of attachment. What we resist, persists. Avoiding a situation is inviting it to return again. Resistance vs. Asking.
11. From Guy Finley, "The Essential Laws of Fearless Living": "Here is the statement to end all fear. Who you knew yourself to be yesterday is of no use to you tomorrow."
12. You can never lose who you really are.
13. This life is a lesson about letting go, about surrender.
14. The purpose of life is enlightenment and freedom, not comfort or achievement.
15. To permanently leave your illness behind, you must go through the discomfort... and eventually the joy of finding out whom you really are. Process of illumination.
16. For most people with chronic illness, their beliefs, attachment and resistance regarding their illness is the most "real" self they know. They are afraid to surrender that self and jump into the unknown to find their true self.
17. It is a case of mistaken identity. Most people stay occupied just recycling their old learning, thinking, and ideas. This keeps them attached to the level of consciousness that produced their illness. Refuse to revisit your own past for a way out of any present problem you face (Guy Finley, "10 Ways to Increase Your Spiritual Strength.")
18. Our fear of doing something; our fear of going somewhere that we don't already have all the answers for is what keeps life boring. If we had done that, there would be no Quantum Techniques®.
19. Our greatest health protection is being fully aware, awake and present in our bodies NOW in gratitude, allowing the newness of each moment and accept the new learnings. When we are not present NOW in our bodies, we have a vacancy sign out for dark energies, negative mechanical energy states, viruses, bacteria, etc.
20. There is a level of consciousness and connection to the Divine that exists NOW, and as you fully awaken and experience that reality, your healing can be instant and complete. Example of light in a river and the Quantum Techniques® flashlight.
21. The only place we can experience the Divine is NOW. That is what heals. All healing is ultimately reconnection with the Divine.
22. The role of both mechanical thinking, and awakening in healing with Quantum Techniques®.

