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Bring Healing To Chaos



Chakra Balance *and* Creating an Energetic Shield

This teleclinic will be offered FREE for 24 hours. We will offer this audio as a download in our store for \$25 following the live presentation.

Introduction: This Guided Imagery Teleclinic will help you create a balance with your chakra system and then create an energetic shield. All you need is to sit or lay down, relax and listen. You can listen to this as often as you like. An energy balancing code will be given. Enjoy!

Presented by: [Heidi Gilman](#)

Recorded: May 8, 2012

Time: 6:00 PM Pacific

Attend the Webcast: <http://instantteleseminar.com/?eventID=29112267>

Attend by Phone: (206) 402-0100

Conference ID: 354648#



Teleclinic Guide:

The Chakras are 7 areas of the body that are like spinning wheels of energy. According to Eastern understanding, the universal life force flows through the top of the head and down the chakras, nurturing our body with seven distinct kinds of energy, each essential to our physical and spiritual development. This life force flows upward through the chakras, creating communication, individual insight and a conscious sense of universal interconnectedness, or oneness. These spinning wheels of energy are a connection to the universal energy.

The colors of the chakra system make a rainbow. In many cultures the rainbow represents a connection between this world and the heaven, the body and the spirit.

Just as it is beneficial to health and healing to balance the energy of the acupuncture meridians, it is also beneficial to balance the energy of the chakra

