MAY 2020

THE Residences AT THE Essex

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			K = Kitchen P= Programming S + Screening Rm E = Exercise Rm PAT = Patio		1 8-9AM Continental Breakfast K 10:00 Chair Exercise 1:00 Current Events Talk 3:00 Bingo 7-9:00 Poker Night	2
3	4 8-9AM Continental Breakfast K 10:00 Chair Exercise 1:00 Craft Hour 3:00 Bingo 7-9:00 Monday Night Movie	5 8-9AM Continental Breakfast K 10:00 Stretch Out 1:00 Book Club 3:00 Puzzle Mania 7-9:00 Day in Review	6 8-9AM Continental Breakfast K 10:00 Momentum Seminar 1:00 Scrabble Hour 3-5:00 Happy Hour 7-9:00 Wednesday Night Movie	7 8-9AM Continental Breakfast K 10:00 Chair Kick Ball 1:00 Knitting Class 3:00 Walking Club 7-9:00 Sports Night	8 8-9AM Continental Breakfast K 10:00 French Conversation 1:00 Uno 3:00 What's Up Weekend 7-9:00 Poker Night	9
10	11 8-9AM Continental Breakfast K 10:00 French Cooking with Sophie K 1:00 Monday Jigsaw 3:00 Current Events 7-9:00 Monday Night Movie	12 8-9AM Continental Breakfast K 10:00 Concentration 1:00 Things to Think About - What If? 3:00 Today's Politics 7-9:00 Tuesday Movie	13 8-9AM Continental Breakfast K 10:00 Walking Club 1:00 Bingo 3:00 Happy Hour	14 8-9AM Continental Breakfast K 10:00 Book Club 12-1:00 Cook Out 3:00 Trivia Hour 7-9:00 Gardening Tips	15 8-9AM Continental Breakfast K 10:00 Pre-Weekend Exercise 1-3:00 Monopoly Enjoy the weekend	16
17	18 8-9AM Continental Breakfast K 10:00 Momentum Seminar 1:00 Name Your Card Game 3:00 Trivia Hour	19 8-9AM Continental Breakfast K 10:00 Stretch It Out 1:00 Yatzee 3:00 Trivia Hour 4:00 Walking Club	20 8-9AM Continental Breakfast K 10:00 French Conversations 1:00 Checker Tourney 3-5:00 Happy Hour 7-9:00 Wednesday Night	21 8-9AM Continental Breakfast K 10:00 French Cooking with Sophie K 1:00 Checker Tourney 3:00 Too Late for Seeds?	22 8-9AM Continental Breakfast K 10:00 Chair Exercise 1:00 Current Events Talk 3:00 Bingo 7-9:00 Poker Night	23
24	25 8-9AM Continental Breakfast K 12:00 - ? MEMORIAL DAY PICNIC GAMES & PRIZE	26 8-9AM Continental Breakfast K 10:00 Chair Exercise 1:00 Chess Anyone? 3:00 Garden Ideas 4:00 Who Am I?	27 8-9AM Continental Breakfast K 10:00 Book Club Choice 1:00 Current Events 3-5:00 Happy Hour & Open House	28 8-9AM Continental Breakfast K 10:00 Chair Kick ball 1:00 History Hour 3:00 Trivia Hour 4:00 Walking Club	29 8-9AM Continental Breakfast K 10:00 What If I Could? 1:00 Current Events Talk 3:00 Smores on the Sun 7-9:00 Poker	30 31

Please note that community and resort activities have been suspended due to COVID-19 and will resume when it is safe to do so. This calendar is an example of what activities can be expected during a typical month.