



# ZESTY

REFRESH! GAME BOOSTER

## HOW TO PLAY

Pick either 2-3 students or create 2-3 teams of students.

Give them a bag or basket of fruit.

Then have them squeeze as much juice as they can out of what you give them in 3 minutes or less into a cup or carafe.

## PRO TIP

Throw a tarp down this game is way messier than you would have originally guessed.

It's more fun if you give them multiple types of fruits (oranges, limes, lemons, etc.)

Extra points if you have someone (you or your favorite adult leader) drink the freshly juiced cocktail)

## ZESTY – OVERVIEW

The human juicer game! Give students the chance to squeeze as much juice out of fresh fruit as possible. It is good citrus fun! This is easily our most favorite messy game (with very little prep).

## GAME LOGO



## SUPPLIES

Bags or baskets of fruit (the more you give the more possible it seems)

A tarp or cover for the floor

Equal sized container/carafees for each team or person to judge a winner