

How to study better and faster?

You need to understand what exactly learn – to receive new information, deeper understanding, search [please write my essay for me](#) for specific facts, etc. Determine the volume of your sources and effort depending on what you want to achieve. The best way (which is, however, quite difficult to turn into a habit) – this is when you determine what is important for you to understand and spend, at first glance, an inordinate amount of time trying to understand the basics at a very deep level. Because of this you will save time later on because the understanding of the fundamentals will allow you to skillfully operate this theme throughout life. In other words, this is the shortest known path to knowledge. Therefore, invest time and limited cognitive resources only in those things that are important to you.

What problems do people face when self-education?

For many the biggest obstacle is that they don't have the "structure" of progress. With them it often happens that the initial impulse to delve into a topic were strong enough, but after some materials, they forget about what motivated them to start doing it. Then they quit and do something else. The solution to this problem experts see in the development plan of the subject you want to study, and as carefully as possible to follow. Of course, this plan can be changed as you become more knowledgeable in the subject. But he needs to be. You can use a course on the topic that interests you. Not necessarily to copy it exactly, but if this course contains useful information, can based on it to create your own plan. And let in this way you have someone accompany – friend, rival, or mentor. It really helps.

What is the most efficient way to read a book?

Take notes not during reading, and after each section. Many people believe that if they outline the book, it means that they understand the material and will be able to use these records later. But it's not working. Note-taking requires less mental effort than the laborious transfer of information from working memory into long-term. This conservation of mental energy becomes a habit for many people who face painful mental problems. Their mental resources are directed to the notes, and not on information processing, which is the main goal. After reading the section, summarize its content and share it. The ability to summarize the material read will significantly enhance your ability to store information, as the axiom "learn by teaching". When you can clearly explain what you just read, you can make notes.

How to learn to learn?

If you just read books, listen to lectures and asking friends something to explain – a lot of you don't study. This is a useful class, but often they are not enough in order to learn. It's like gathering firewood, but not to make a fire. To learn to "do", otherwise your brain will not perceive the information. When not in use, your brain believes that it is not important. After you have either read or heard, try on the basis of this to create something or someone to explain it. The best way to learn anything – it is to teach. After reading the article, draw conclusions, tell her the contents of five people, write blog post, etc.

How to motivate yourself to self-education?

Effective training occurs when you need to learn in order to create what you want to create. Passion for learning comes when it is a means to achieve a certain goal. If you want to study some programming language, set a goal to write a program that requires this language. When you do, you'll not only know the language but will feel enormous pleasure from the realization.