The ethos of the U3A, The University of the Third Age trust, is life long learning and a good percentage of the members are in fact ex teachers. They still have a passion to learn new things and are naturally inquisitive, and expect a high standard of the content and delivery of the information at our organised events.

Many do use technology but are sometimes hesitant and fearful to explore some of the on-line social media opportunities. There was a lot of interest when we arranged a few workshops with Northumbria University on Cyber security and the safe use of Facebook.

Both Workshops were well attended, and because we had to limit the audience to 50, to allow a better learning experience in smaller break out groups, there was a sizeable waiting list as well.

The feed back during, and following the Workshops was very positive for all elements of the event, the venue, the content, the delivery and the organisation. The refreshments and the buffet were well received and appreciated, always a potential area for poor feedback at any organised event.

From my own personal experience organising events, the whole event can stand or fall on the quality of the support of the venue co- ordinator and their understanding of the groups objectives, and their willingness to adapt the agenda and content to meet the specific needs of the audience. James Nicholson performed this function extremely well, communicating quickly and effectively and always willing to meet with me to review the progress of the events structure and content.

Pam Briggs was also supportive both on the day and during the organisation, giving encouragement to other members of the University team to help with the break out groups on the day.

On behalf of the Northumbria Region U3A, thank you very much for the time and effort the Team put into the Workshops.

Best Regards Mike Martin U3A Northumbria Regional Committee member and Chair of the Events sub committee.

Mux