



## IELTS READING/WRITING LESSON 12-19-2018

**Lesson Objective**

The student shall be able to use “power words” as part of their oral vocabulary, read and comprehend both social and business language and demonstrate effective oral communication skills.

**Evaluation Criteria:** Ability to understand definitions of English vocabulary.

**Section One Vocabulary**

Match the correct word in column A with the definition in column B, then use in a sample sentence

Column A	Column B
VOCABULARY	DEFINITION
1. <b>Factor</b> (Noun)	<b>A.</b> a situation or condition favorable for attainment of a goal.
2. <b>Systematic</b> (Adjective)	<b>B.</b> one of the elements contributing to a particular result or situation.
3. <b>Implement</b> (Verb)	<b>C.</b> the habits, attitudes, tastes, moral standards, economic level, etc., that together constitute the mode of living of an individual or group.
4. <b>Opportunity</b> (Noun)	<b>D.</b> the aggregate of features and traits that form the individual nature of some person or thing.
5. <b>Lifestyle</b> (Noun)	<b>E.</b> the result or achievement toward which effort is directed; aim; end.
6. <b>Character</b> (Noun)	<b>F.</b> to declare or tell in advance; prophesy; foretell.
7. <b>Predict</b> (Verb)	<b>G.</b> discipline and training of oneself, usually for improvement.
8. <b>Goal</b> (Noun)	<b>H.</b> to put into effect according to or by means of a definite plan or procedure.
9. <b>Self-Discipline</b> (Noun)	<b>I.</b> having, showing, or involving a system, method, or plan.

**Section Two****Reading Comprehension and Pronunciation skills.**

**Evaluation Criteria:** Ability to effectively read and comprehend written English in a social or business environment.

**ARTICLE A****9 Success Factors For Personal Growth: Moving Forward To Achieve Your Best Life**

Source

There are nine success factors that you must know in order to start moving forward in life. Each one of these success factors has been proven to be critical to the achievement of the best life possible for any given person. By systematically implementing one or more of these success factors into your life, you can put your foot on the accelerator of your own career and achieve the best life for yourself.



Education

The first of the nine success factors is education.

In our society, the highest paid people are those who know more than the average. They know more of the critical facts, ideas and information than the average person in their field. As a result, they can make a more valuable contribution to a knowledge-based society and live the best life possible. They are valued more, respected more and ultimately paid more money and promoted more often.

The rule is that, “to earn more, you must learn more.” If you want to increase your level of income and achieve the best life for yourself, you must increase your level of intellectual capital and thereby the value of the knowledge component of what you are doing.



- 2. Skill**

The second of the nine success factors that you can use to achieve the best life possible is simply skill. Your level of ability in your field will determine the quality and quantity of your results. The better you get at what you do, the easier it is for you to start moving forward to get a particular level of results. As you increase your skill, through study and experience, you get better and better at doing the small things that increase the speed and predictability of your results.
- 3. Contacts**

The third success factor for moving forward and achieving the best life is by developing an ever-widening circle of contacts. You will find that every major change in your life is accompanied by a person or persons who either opens or closes doors for you. The possibility of the best life for you will be determined by the number of people who know you and like you and who are willing to help you. In order to broaden your network of contacts, you must network continually, at every opportunity. There seems to be a direct relationship between the number of people you know and how successful you are.
- 4. Money**

Having money in the bank gives you greater freedom and the ability to take advantage of opportunities when they come along. If you are broke, or in debt, you have very few options open to you.

One of the most important things I ever learned in life is that you are only as free as your options. If you have no options, you have no freedom. If you are stuck in a dead-end job that you cannot leave because you have no money set aside, you have put a brake on your potential. You are locked in place and have no option for moving forward. You can end up spinning your wheels and losing months and years of your time by the very fact that you have no choice but to accept whatever is being handed to you.
- 5. Good Work Habits**

The fifth of the success factors that enables you to get far more done in a shorter period of time is simply good work habits.

Your ability to increase your ROTI, or “Return on Time Invested” can enable you to accomplish vastly more in a shorter period of time than another person who is disorganized and sloppy. Developing good work habits requires that you think before acting. You make a list and set priorities on the list before you begin. Good work habits require that you consider the likely consequences, positive or negative of what you are doing.
- 6. Positive Mental Attitude**

The sixth success factor for your career and life is to reduce the amount of time that it takes you to achieve your goals is by developing a positive mental attitude.

A positive mental attitude is very much a decision that you make. Remember, you become what you do. If you engage in the same activities that positive, confident, optimistic people engage in, you will eventually become one of them and live your best life possible. Anyone can remain positive when things are going well. It is your ability to look for the good in every situation that you see positive and start moving forward in life.
- 7. Positive Image**

The seventh of the success factors you can incorporate into your lifestyle, and one that can help you achieve the best life for yourself, is the development of a positive image.

People judge you by the way you look on the outside, by the way you appear. The fact is that you judge everyone else by the way they look on the outside, as well. Taking time to present an attractive image in your person, your clothing, your grooming and your accessories can have an inordinate impact on the doors that open for you and the people who are willing to help you start moving forward in your life.
- 8. Creativity**

Creativity is another wonderful way to start moving forward in life and to increase the speed at which you achieve your goals. Creativity is something that requires that you continually look for better, faster, easier, cheaper ways to get the job done. Remember, one good idea is all you need to start a fortune.



## 9. Character

Perhaps the most important of the success factors to accelerating your life is your character. Self-discipline combined with honesty will open countless doors for you.

Trust is the foundation of all relationships. When people know you and believe in you and are convinced that they can trust you to keep your word and do what you say you will do, they will feel that they are far more likely to get the things they want through you, to get the things they want, faster, sooner, easier and with greater certainty.

Thank you for reading this article on moving forward and living the best life possible. Do you know of any other factors that can help you become successful and accelerate your career? Please share your thoughts and comment below!

## ARTICLE B

### 7 Habits Of Successful People That Will Make You Feel Unstoppable In 2019

[Source](#)



1. Many people wonder how they can become highly successful, not realizing that they hold within them everything they need to achieve all of the success they desire.

Successful people are where they are today because of their habits. Habits determine 95% of a person's behavior. Everything that you are today, and everything that you will ever accomplish, is determined by the quality of the habits that you form.

By creating good habits and adopting a positive behavior, you too can become successful and live a prosperous life.

These 7 success habits are good predictors of greatness.

For thousands of years, success in human life has been studied by great thinkers and philosophers. I have personally studied the subject for more than 30 years. What I have found is that the very best people have developed good habits.

I have identified seven valuable habits that you need to develop if you want to perform at your very maximum in everything you do.

2. They Are Goal-Oriented

The first habit is to become goal-oriented.

You need to be a habitual goal setter, and dedicate yourself to working from clear, written goals every day of your life, forming daily habits. All highly successful people are intensely goal oriented. They know exactly what they want, they have it written down, they have written plans to accomplish it, and they both review and work on their plans as a daily routine. I suggest you learn how to use the 80/20 rule to efficiently work toward achieving your goals.

3. They Are Results Driven. The second habit of highly successful people is being results driven. This is made up of two practices.

- The first is the practice of continuously learning so that you become better at what you do.
  - The second practice is that of time management. This means setting very clear priorities on what you do and then concentrating single-mindedly on the most valuable use of your time.
- All really successful people are intensely result-oriented.

4. They Are Action Oriented. The third major habit you need to develop is that of continually taking action.

This is really the most important habit for material success. It is the ability to get on with the job and get it done fast. It is your ability to develop and maintain a sense of urgency, and a bias for action. Fast tempo in whatever you do is essential to your success.

You need to overcome procrastination, push aside your fears and launch 100% toward the achievement of your most important goals. The combination of goal orientation, result orientation, and action orientation, in themselves, will virtually assure great success.

I highly suggest you learn to use SMART goals to list achievable targets that you can measure and track. There are nine success factors that you must know in order to start moving forward in life.



## 5. They Are People Oriented

The fourth habit you need is people orientation.

This is where you put relationships in the center of your life. This is your decision to cultivate within yourself the habits of patience, kindness, compassion, and understanding. Virtually all of your happiness in life will come from your ability to get along well with other people.

The good news is that you can become a wonderful human being in your relationships with others when you decide to.

As Aristotle said, the only way that you can learn any habit is by practicing it on a regular basis. The more you practice being a truly excellent person in your relationships with others, the more you will internalize those qualities and actually become that person.

Focusing on being more pleasant with the people in your life is a great technique to promote a positive thinking lifestyle.

## 6. They Are Health Conscious. The fifth habit that highly successful people develop is health consciousness.

This means that you must fastidiously watch your diet, and always eat the right foods in the right portions. You must exercise on a regular basis, continually using every muscle and joint of your body to keep it limber and fit. And finally, you must have good habits of rest and recreation that will enable you, in combination with diet and exercise, to live out your years in a healthy state.

Remember, your health is the most important single thing you have, and it is completely subject to the habits that you develop with regard to the way you live.

## 7. They Are Honest. The sixth habit is that of honesty and integrity.

In the final analysis, the character you develop as you go through life is more important than virtually anything else.

Honesty means that you practice the “reality principle” in everything you do. You are completely objective with yourself and with the world around you. You set very clear values for yourself and you organize yourself around your values. You develop a vision for yourself and then you live your life consistent with your highest ideals. You never compromise your integrity or peace of mind for anyone or anything.

This attitude of honesty is critical to your enjoying all of the other good habits that you are developing.

## 8. They Are Self-Disciplined

The seventh habit, and the one habit that guarantees all the others, is that of self-discipline.

Your ability to discipline yourself, to master yourself, to control yourself, is the most important single quality that you can develop as a person. The habit of self-discipline goes hand in hand with success in every area of life.

If you would like some help staying motivated during your journey to the life of your dreams then checkout these inspirational success quotes.

Every one of these habits, being goal oriented, results driven, action orientated, people orientated, health conscious, honest and self-disciplined can be developed. You are where you are and what you are today because of your habits. Your habits have been developing, mostly accidentally, from the time you were an infant.

Today you can take complete control over the shaping of your character and personality, and everything that happens to you in the future, by making the decision, right now, to find the definition of the habits that will lead you to great success.

And when you develop the same good habits possessed by other successful people, you will enjoy having success in common. Your future will become unlimited.

## 9. Summary

The seven habits of successful people are:

- They are goal oriented
- They are results driven
- They are action oriented
- They are people oriented
- They are health conscious
- They are honest
- They are self-disciplined