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Hi, just a reminder that you're receiving this email because you have expressed an interest in Group of Forty. Don't forget to add davidmiller@groupofforty.com to your address book so we'll be sure to land in your inbox!

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Monthly Newsletter

GROUP OF FORTY

David K. Miller - Founder/Director

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Connections Issue 249

JULY 2017

In This Issue

[Member of the Month](#)
[Starseeds Counselling](#)
[Personal Healing](#)
[Announcements](#)
[Visit our Facebook Pages](#)
[International Calendar](#)
[Australia Report](#)
[Volunteer Placement](#)
[Council of Elders](#)
[Website Update](#)
[Biorelativity Report](#)
[GOF Monthly Lecture](#)
[PCOL Report](#)
[New Zealand Report](#)
[Spiritual Exercises](#)
[Welcome New Members](#)
[Members Matter](#)
[Member Emails](#)
[Native Peoples Committee](#)

The Reset Experience: Juliano

channeled by David K. Miller

Greetings, I am Juliano. We are the Arcturians!

When I'm speaking about "reset," don't look at it as a painful experience because you are flexible. You are Starseeds. One of the things that you realize as a Starseed is that the current model, the current program for the operation of this planet is not successful anymore. You can continue to hold on to this older model and the belief systems that go with this. However, if you continue to hold on too tight to the older system you can become rigid. When you are rigid and a reset happens I believe that it is going to be painful for you. When you are rigid and a huge change comes it's very easy for you to break and suffer. It is painful. So in terms of preparation for the ascension and preparation for the changes here is what I think would be helpful for you:

Consider that you are flexible in your belief systems. You are a Starseed and are flexible in how you see structure and programming. You are open to doing New Earth programming. Accepting a new earth program is similar to the concept of the Kabbalah of "receiving." You have to be a vessel for receiving. You can have the greatest, highest vibration of light sent to you but if you are not prepared as a vessel the light

Featured GOF Member of the Month



Bonnie Sue
Rauch

When Bonnie Sue Rauch was two years old people would ask her where she was from she always replied "Arcturus," not Brooklyn.

Naturally, when she started reading *"Connecting with the Arcturians"* several years ago, she could not put it down.

She became a GOF member and loved participating in David's Monday morning Tree Of Life classes. She really missed them when David had to end those classes.

Today she is in her seventh decade focusing on her life experience and wisdom on being of service focusing the monthly channelings, webinars and meditations.

Her goal is to visit Jane in Australia as soon as she can and then all the Planetary Cities of Light around our great planet.

Thank you, Bonnie, for your service to the planet and to the GOF.

You can reach Bonnie Sue at:
av8BonSue@aol.com.

Starseeds Counselling



I am Gudrun Miller and I have been a professional counselor for over 30 years.

Dear Gudrun,

I have been in counseling for several years, dealing with alcohol and relationship addiction and with childhood trauma. A huge part of my life has been spent in avoiding my feelings and mostly I just felt depressed with a low self-esteem and a high need for validation and

will break your vessel and your container. You have to be prepared to have flexibility in how you work with different programs. You, as Starseeds, are able to work with Fifth Dimensional programs now. Most people on the earth have no concept, or idea and no skills for working in circular Fifth Dimensional consciousness. Most people only have skills in working in linear Third Dimensional consciousness. Starseeds have the training and the preparation in circular consciousness and Fifth Dimensional consciousness.

When the new earth program comes, when the reset happens, Starseeds will be able to adapt and move into the new program. But those who are not aware, who are not Fifth Dimensional in their studies and in their preparation, will break. Their rigidity will be a hindrance to them. If you experience a reset to a program that you have no familiarity with then that would be painful.

But you are going to reset to a Fifth Dimensional program. You have been studying new Fifth Dimensional spiritual technology including meditating, bi-locating and shimmering. So when the reset happens you will find it not very difficult because you are prepared. At the point of a reset, you have to be willing to adapt and accept the new Fifth Dimensional belief systems which often contradict the principles upon which the Third Dimension functions. You, as a Starseed, already know many of these new principles. I do not see the reset as being as painful and disruptive to you as it would be to those who are not Starseeds.

I am Juliano, good day!

22nd Annual
Arcturian Group of Forty Conference
**THE FUTURE EARTH:
EVOLVING TOWARDS A
5th DIMENSIONAL PLANET
for Personal and Planetary Healing**
*Three days of intensive workshops on Arcturian
Spiritual Technology, expanded consciousness, and
Native American spiritual teachings*
September 29 - October 1, 2017
*at the Prescott Resort & Conference Center
neardowntownPrescott!*

Presenters Include

David K. Miller, LCSW

Group of Forty Co-Founder
Sacred Triangle Channel & Author

Gudrun R. Miller, LPC, M.A.T.

Group of Forty Co-Founder
Visionary Artist & Intuitive Counselor

Art George (Mountain Eagle)

acceptance from others. I was very needy.

I feel better at times but am embarrassed by my behavior when I pull out of my funk! I am overbearing with others, often speak too loudly and in general, feel giddy! When I notice how I am acting, I usually am able to regulate my behavior.

What is going on with me? Is this my true self?

Thank you for your feedback!

D

Dear D,

I am glad to hear that you are dealing with your issues and that you are pulling out of self-destructive behaviors!

Think of your emotional state like a pendulum. You were stuck in an extreme place and when you get unstuck, your pendulum swings the other way! Now you can find balance.

Your efforts of self-regulation are the key.

Because of being an addict and a trauma survivor, you also have not had the opportunity to mature emotionally in a developmentally appropriate time. The part of you showing up is your immature self that needs guidance. You are now the parent that has to provide that guidance.

Please do this with understanding and love.

You have matured mentally, spiritually and physically in an appropriate way for your age.

You are a strong and courageous person and will find that balance that you seek and

WashoeTribe of Nevada and California,
individual and family indigenous consultant

Dr. Heather V. Davis
Naturopathic Medical Doctor

Dr. Michael Davis
Doctor of Divinity & Consciousness

[Click here to download the flyer](#)



International Biorelativity Update *Special Announcement*

The Biorelativity Committee acknowledges that emergency biorelativity is required at various times.

So the Committee decided that if a country coordinator feels there is a need for an emergency biorelativity meditation for an event in their country or area, they should contact Lesley Anderson to ask her to organize it.

Lesley can be contacted at:
lesley.clear.readings@gmail.com



Jane Scarratt
National Coordinator in Australia
for the Group of Forty
janescarratt@gmail.com

Group of Forty Monthly Lectures with David K. Miller



The next lecture is on Saturday, August 5, 2017 at 5:45 - 6:45 p.m. Phoenix, Arizona time (MST).

We will be meeting on freeconferencecall.com international phone line, which is specific for each country:

USA: (641) 715-3810
Access code: 164595

(confirm with # and 1)

Note: the access code is the same for all countries.

with that balance will come the reward of emotional freedom.

Blessings,

Gudrun
Co-founder Group of Forty
gudrunaz@yahoo.com

Quick Links...

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[Groups](#)

[PCOLs](#)

[More About Us](#)



[GOF Annual Report](#)

[Activity Calendars](#)

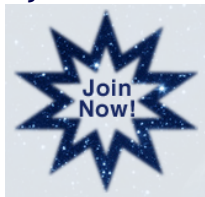
[Criteria for PCOLs](#)

GOF Handbook & Workbook
are now available as an eBook
download. [Click here](#) for the link.

PCOL Criteria. [Download it here.](#)

Your paid membership of \$40 helps support all GOF projects, including the monthly newsletter, the website and other planetary projects.

Please click
the button to sign
up online.



Many blessings!



David is available for personal healing work in person in Prescott, and he also does

phone readings. Contact him via email: davidmiller@groupofforty.com

ANNOUNCEMENTS



David's book, *Conectándose con Los Arcturianos 2*, is now available as an eBook in Spanish. The book has

recently been translated into Spanish with the great help of Odilia Rivera and Alex Davlar.

Sample other international numbers:

Argentina: +54 (0) 11 5219-4138

Australia: +61 (0) 3 9028 0260

Germany: +49 (0) 221 98203420

UK: +44 (0) 330 606 0182

If your country is not listed, please [follow this link](#), for a complete list of all country specific phone lines that you can use to participate from your country at the lecture.

The re-transmission of the lecture for Europe will be on **Sunday, August 6, 2017 at 10:00 a.m.** Phoenix, Arizona time.
You can check the teleconference/lecture time against your local time by using either:

www.timeticker.com or www.thetimenow.com

Planetary Cities of Light Report



Lin Prucher
International PCOL Coordinator
linprucher@groupofforty.com



New PCOL News

Recently Activated:

PCOL Fairhope in Alabama, USA on Golf Coast.
PCOL Campinas, Brazil.

Activation coming soon:

PCOL North Vancouver, Canada on Sunday, August 13th at 5:00pm Arizona time.

Re-Activation coming soon:

PCOL Buritis, Belo Horizonte, Brazil-time and date to be determined.



Light Technology Publishing will soon have it available, and we will send out the information to our Spanish speaking GOF members as soon as it is on line! In the meantime, the eBook is available for purchase on the following two sites:

<http://www.livrariacultura.com>
<https://www.kobo.com>

> David's new book, *Connecting With the Arcturians2*, is available for purchase in soft cover from [Light Technology Publishing](#).

> David's book, is now available for purchase from [Light Technology](#).

> David's book, *5th Dimensional Soul Psychology: Channelings by Vywamus*, is available on the [Light Technology website](#).

> David's book in Spanish, "*Enseñanzas del Sagrado Triángulo Arcturiano*," is available in the Amazon.com Kindle Store and may be purchased [using this link](#).



Visit our GOF Facebook Pages!

[Group of Forty group on Facebook](#)

We have a closed group, open only to registered GOF members.

There is also an [open group](#) for non-members. Simply ask to join either one. Thank you.

New: [GOF Biorelativity Page](#)

[Das Blaue Juwel](#)

[The Blue Jewel \(English\)](#)

[Planetary City of Light Lago Puelo](#)

[German Facebook Information page](#)

[German Facebook Group](#)

[Romanian Facebook page](#)

featuring Connecting with the Arcturians.

In our last Planetary City of Light lecture from Juliano he pointed out that although the Arcturians have given us structure and some rules that are to be followed:

"Each Planetary City of Light is unique and each Planetary City of Light Coordinator has the creative ability to work with their people ... you have and will individually express the power, the beauty, and the Fifth Dimensional energies of your Planetary Cities of Light...

"Yet even in this unique expression we find the common bond of Brotherhood and Sisterhood throughout the planet, the common bond of loving Fifth Dimensional spirituality, the common bond of creating an atmosphere, which will nourish and support individuals who are seeking their own ascension...

"It is a reality that people in small groups can join together and hold a Fifth Dimensional light in their home town...

"You are also reaching out to the galaxy; you are reaching out to the spiritual light around this galaxy. For there is a Spiritual Light Force Community of Masters, teachers who also want to connect with you who are looking for your energy field and your devotion. And they, the Fifth Dimensional Masters, the Arcturians, are working to connect telepathically, creatively, in dreamtime, in music, in dance, through the Noosphere...

"It is a rule; it is a law, that in order to send down Fifth Dimensional energies, there must be people to receive it. There must be people to hold it....

"Now we want to send down Fifth Dimensional Light to your Planetary Cities of Light. You are working to create vessels, holders of Galactic Fifth Dimensional healing light."

Join us for our next meeting **Sunday, July 30th, at 9:00 am** Arizona time.

Omega Light Blessings to you all,

Lin 😊

PCOL Reports from Around the World



From New Zealand: the Land of the Long White Cloud

Additional links...

Argentina is now hosting the official website for all Spanish-speaking people. Please check it out! Thank you, Purvesh and Diana, for your great work.

[Spanish GOF website](#)

[The Blue Jewel DVD](#) on Amazon
<http://j.mp/1b8IHF1>

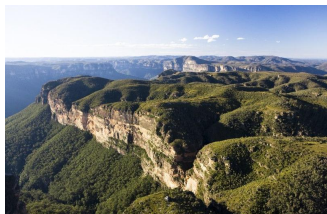
[The Blue Jewel](#) website

International Activity Calendar

*You must log in
to view the calendar*

[Click Here](#)

From the Land Down Under



Grose Valley Crystal

The Sydney Opera House is well known all around the planet and is a centre point in our Sydney Planetary City and Ocean Reserve of Light. We wanted to show you how the energy of the City and Harbor Reserve are working with the Native People's side of the Sacred Triangle.

Mr. Onus' work along with four of Australia's most eminent First Nation artists, including the late Minnie Pwerle, will be projected every night on the Opera House building's eastern sails to acknowledge the traditional owners of the land.



Clevedon is the south point for our Planetary City and Ocean Reserve of Light.



Clevedon Valley is the ideal place to experience the very best of New Zealand's genuine country charm and New Zealand's PCOL and PORL. You will find fresh produce at one of two Clevedon Markets and try local oysters and award-winning wine surrounded by countryside. You can have a traditional pub lunch, picnic in a vineyard, or even accompany your meal with a polo match. If you've got the whole day, visit the nearby Hunua Ranges and walk to the Hunua Falls, or try one of the many other walking trails and mountain biking tracks.

You won't want to leave this beautiful part of our Planetary City and Ocean Reserve of Light.



Janine Malcolm
Coordinator of the
East Auckland PCOL/PORL
janinemalcol@xtra.co.nz

The seven-minute display is called Badu Gili, meaning Water Light in the language of the Gadigal people, the traditional owners of Bennelong Point. It will become a permanent fixture of Sydney's skyline every night. The Opera House's head of First Nations programming, Ms. Rhoda Roberts, said Badu Gili mixed music and images to celebrate time-honoured stories of seasonal change in flora and fauna.

Badu Gili will celebrate the rich history and contemporary vibrancy of Australia's First Nations culture. *Photo: Daniel Boud*



Jane Scarratt
National Coordinator in
Australia
Group of Forty
janescarratt@gmail.com

GOF Volunteer Placement Program



[Volunteer Placement Program](#)

Volunteer Placement Program

Volunteer Positions
Available:

[Northeast Regional
Group Coordinator](#)

[Southeast Regional
Coordinator](#)

These positions provide an
opportunity for GOF

Spiritual Exercises

Spiritual Practice

Create an affirmation that is especially important to you personally. Try to find an affirmation that is going to help you to attract the energies that you want for yourself. It could be the energies of health or abundance.

Remember, when you ask for something to come to you, always say, "As long as it is in my highest good." You don't want to attract something that is not in your highest good.

Whatever you think in this experiment is going to benefit everyone else who thinks the same thing. They don't have to think exactly the same thought as you do. You share the thought-field energy of everyone.

- Think the affirmative thought that you want to use to attract certain energies or bring people to you now.
- Call for Omega Light.
- Let the quantum energy of the Omega Light reach your thought field.
- Let the Quantum Energy of the Omega Light accelerate the attractive force of your thoughts so that they manifest.

Rest assured that this exercise will help you attract the statements and wishes of your affirmation.



Jane Scarratt
National Coordinator in Australia
For the Group of Forty
janescarratt@gmail.com



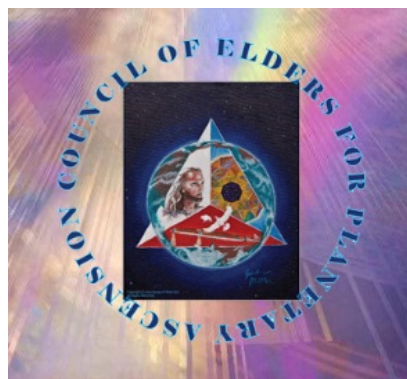
Welcome New GOF Members!

We would like to extend a warm welcome to the following new members who joined the Group of Forty between June 18 and July 18.

members to use their skills of organization and customer service, and a commitment to serve the visions and goals of the GOF. You are fully supported in the role as a Group Coordinator.

A new [Volunteer Request](#) form is now available on line.

Consult the Volunteer [Placement Program Quick Guide](#) and Volunteer [Placement Program Manual](#) for more information and orientation.



The Council of Elders have been working to connect with other groups.

We have successfully connected with Dr. Suzanne Lie who is a channel for the Arcturians and has a large online following.

David Miller and Dr. Lie will present a joint webinar on July 29th. We will send out announcements via e-mail.

[Click here for a link](#) to sign up.

GOF Website Update

This is to advise you that we will be presenting Biorelativity meditations in Spanish in a webinar format. Magda Ferrer will be the session leader.

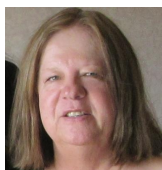
First Name	City	State/Province	Country
Santana	Merced	CA	USA
Elke	Berlin	Germany	EU
Zora	Perth	WA	Australia
Wil	Pottsville	PA	USA

Birgit Smothers
USA Group Coordinator
birgit@groupofforty.com

Members Matter Corner

Hello members!

I hope you're staying cool in this heat! You are invited to showcase your creativity, and we offer a space in this newsletter for you. If you send us a photo with a short description of your spiritual painting or craft or even a poem, we may publish it here.

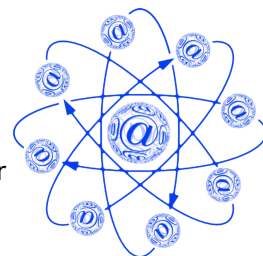


Birgit Smothers
USA Group Coordinator
birgit@groupofforty.com

Emails from Members

Dear GOF members:

Thank you for your concern about the wildfire near our home in Prescott. Fortunately, we did not have to evacuate our home.



After the GOF biorelativity work, the wind stopped and the firefighters are now more successful! As of July 12 the fire is 100 percent contained although some smoldering continues. The smoke is not as strong and we feel hopeful that the fire will be totally under control soon! The concern now is flooding in the lower areas due to the recent rains especially around Big Bug Creek which overflowed its banks on July 19, bringing mud, debris and ash onto roadways and nearby homes.

Thank you again for your prayers and biorelativity work. It really helped.

David and Gudrun

~~~~~

Dear David, Lin, Birgit and Bill,

After hearing the extraordinary and potent lecture this month about first contact I am moved to write to you David, and to the Executive Committee, to share some of my thoughts.



If you are interested in participating in these wonderful meditations, please contact Birgit Smothers at [krestini@aol.com](mailto:krestini@aol.com) for the webinar link.

## GOF Website Tips

### Tip #10: To find Biorelativity Training Webinar...

A Biorelativity Training Webinar was conducted on June 24th, 2017, with presentations from Cosmin Supeala, Lesley Anderson, Jane Scarratt and a message from Juliano, with suggestions for becoming a session leader.

Members who could not make the training session or want to review the session, the session has been posted on the GOF website.

Go to <http://groupofforty.com> and login. From the Home page:

- Select the Services & Events tab
- Drop down to Events
- Select and click on Webinars

This brings you to the page of past webinars. Now click on "2017 June 24th - Biorelativity Training Session" and click on the Recordings tab for the video.



Gene Yoder  
Editor, GOF  
Newsletter  
[Gyoder2@yahoo.com](mailto:Gyoder2@yahoo.com)

Most GOF members, and other Starseeds are very aware of the Planetary Crisis, which is increasing in intensity. Many are also aware of the strong waves of energy and Higher Light coming to the planet, and are aware of the fact that more of humanity is awakening, but it feels like it's not enough to stem or even slow down the tide of planetary degradation, chaos and destruction.

And of course, aside from this, multiple structures and political and economic systems are in critical need of change and there would be a reset, however revolutionary, if first contact were to occur.

The lecture about the potential of first contact was one of the most powerful, and most important ever given by Juliano. Sometimes it feels as though it is the only solution to really halt the rapid, destructive path we are on.

Years ago, a Spiritual group put out a call online for Light Workers and Starseeds to meditate on a particular day, and to envision and invite first contact. I don't remember which group it was, but I mention it because I feel it is important at this point in time for more people to hold that possibility in their consciousness, to envision it, welcome it and make it known to our Galactic relatives that we are ready for first mass contact. To assist in bringing that about is one of the reasons some of us came here. I know I did.

Of course, it's not up to humanity to make the decision, but we certainly can energetically influence the possibility of it actually occurring.

I would like to see the lecture become a GOF YouTube video at the very least. The GOF seems to have exposure there. There has always been talk about connecting with other groups. Perhaps this is the time to spread the word and have people join in via the Internet to hear a channeled message from Juliano that would reach well beyond only the GOF. Light workers and Starseeds are experiencing great frustration and deep pain at not being able to have more impact upon the course of events, and Juliano seems to know this.

I would be happy to speak further about it in the future if it is seems called for. For now, I've done my best to share my perspective, which is to say that I feel Juliano and the GOF have a very important message to share with the world.

Blessings and Light,  
Kezia Renee L.  
GOF member North Carolina

~~~~~



On behalf of all the members of the new Fairhope PCOL, we wish to express our sincerest gratitude and appreciation for the wonderful ceremony today [Saturday June 24, 2017]. We are blessed to be part of the Group of Forty family and looking forward to our journey together. ~ Bob



From the Native Peoples Sacred Triangle Committee of the GOF

The Committee of the "Native Peoples' Sacred Triangle continues to receive good response to sharing tools and ideology from their commitment to healing, and balancing Mother Earth and All life on her.

We will again be holding a free Webinar for members and their guests, on August 12, 2017 at 3 pm AZ time. The topic for your expansion from this side of the Sacred Triangle is "HOW TO USE THE MEDICINE WHEEL FOR EARTH HEALING."

Presenters will be:

- *Birgit Smothers*, instruction on how to use the Medicine Wheel for Earth Healing.
- *Dahlahk PahtahIngee* offering prayers in his Native Language, to set the energy from the Medicine Wheel, to assist us in joining together in offering healing for the planet.
- *Gudrun Miller* will bring forward Spirit Fire, her Guide, from within the Medicine Wheel.
- *CoRae Lierman* will bring a message from the Council, using the Medicine Wheel.

- *David K. Miller* will channel Chief White Eagle, with further instructions on using the Medicine Wheel for planetary healing and personal healing.

We look forward to great attendance, as we all focus even more diligently, on creating positive change from the negative events happening on the planet.

Thank you ALL, for your comments and participation as we continue to bring Fifth Dimensional Energy to Mother Earth thru the Sacred Triangle.

We are reminded by the words of Chief White Eagle, who speaks to us on the need to pray for the Earth, to hold Earth in your heart. Visualize the Earth Green, the Blue sky, and many thousands embracing Earth in Joy and in Spiritual Union. Please hold this image in your consciousness during your ceremonies.



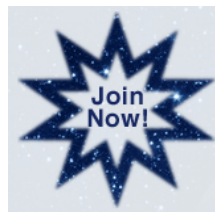
CoRae Lierman
Coordinator
Native Peoples Sacred Triangle
coralierman02@gmail.com

Our Purpose

"40 Groups of 40 will be formed for Personal and Planetary Healing - Bringing us to the Fifth Dimension!"

We are dedicated to teaching humanity about the ascension to the fifth dimension. We coordinate the creation and maintenance of Planetary Cities of Light and conduct Biorelativity Exercises to create energy for positive change in the world.

To join Group of Forty, click the button below



Visit our websites:

[USA/International: www.groupofforty.com](http://www.groupofforty.com)

[Spanish speaking countries website](#)

[Portuguese/Brazil website](#)

[German speaking countries website](#)

[Turkish website](#)

NEW: [Romania website](#)

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