



Balancing Hormones with Quantum Techniques Part 1

Introduction: In part one of this teleclinic you will learn about premenstrual syndrome, the things that can contribute to hormone imbalances including certain foods, and how to help yourself balance hormones as they pertain to PMS. We will talk about the out of control emotions, the pain, the bloated feeling etc. We will also discuss hormone caused infertility in this teleclinic. We will discuss herbal remedies that can help balance hormones in males and support male libido, and herbs for females to help balance female hormones. Codes will be given to balance hormones.



Presented by: [Dr. Carolee Johnson, ND, MH](#)

Recorded: January 10th, 2012

Time: 6:00 PM Pacific

Attend the Webcast: <http://instantteleseminar.com/?eventID=24507345>

Webcast Passcode: atp851213

Attend by Phone: (206) 402-0100

Conference ID: 354648#

Conference Passcode: 851213

Teleclinic Guide:

Female balance herbal formula:

Dong Quai, Chaste Tree, Wild Yam, Damiana Leaf, Licorice Root, and Hops Flowers

Code for female balance formula:

SH, IF, LF, G50, SH G50, SH, IF, LF, OE, EB, LIV, G50, SH IF, LF, SH, G50, SH,
UN SH UN CHAKRA 2

Male balance herbal formula:

Wild American Ginseng, Chinese and Korean Ginseng, Siberian Ginseng, Saw-palmetto Berry, Sarsaparilla root, Yohimbe Bark, Oat seed, Kola Nut, and Ginger Rhizome

Code for male balance formula:

SH, IF, SH, IF, SH, LF, MF, G50, SH, UN, SH, G50, CH, TH, UN, SH, G50, OE, A,
C, LIV, EB, 9G, UN, SH, UN

Code for estrogen balance is:

UN, CH, TH, MF, LF, LIV, E, SH, G50, E, G50, SH, MF. LF, OE, A, C, G50, IF, 9G,
UN, SH, UN

Code for progesterone balance is:

SH, MF, SH, LF, UN, CH, LF, IF, MF, LF, SH, UN, G50, LIV, A, C, OE, E, G50, SH,
G50, SH, UN, G50, OE, A, C, 9G, UN, SU, UN CHAKRA 1

Code for testosterone balance is:

CH, UN, SH, UN, MF, LF, IF, CH, TH, SH, UN, G50, SH, G50, SH, EB, IF, LF, G50,
UN, CH, LIV, E, G50, OE, A, C, 9G, UN, SH, UN CHAKRA 1

NOTES:

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