



## Our Symptoms are Speaking to Us:

*Listen to Their Messages and Help Yourself Heal*

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**Date:** Thursday, December 5, 2013

**Time:** 6:00 PM Pacific

**Webcast:** <http://instantteleseminar.com/?eventID=48842859>

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**Description:** Are any of you tired of recurring symptoms? When you listen to the hidden messages that your symptoms are communicating to you, you are able to access your healing at a deeper, more complete level. Listening to and understanding these messages allows healing of our body, mind, spirit, relationships, and life as a whole. When the messages are heard we are able to free ourselves from the symptom, which was merely the messenger in the first place. Learn how Quantum Techniques can empower you to let go of your symptom and heal yourself. Remember, the messenger, the symptom itself (pain, health issues, relationship issues, job/career issues, financial issues, etc) can leave once the message is received and understood.

### GUIDE:

- 1) Introduction and Overview
- 2) Symptoms
  - a. Definition
  - b. What do we do with symptoms?
  - c. Paradigm Shift
- 3) Symptoms and our Multi-Dimensional Energy Being
  - a. Physical
  - b. Mental/Emotional
    - b.i. Different emotions held in different organs
  - c. Spiritual



