

MIND TRAINING

Affirmation Scripts

LIFE UPGRADE
LEARN TO LIVE BETTER



DREAM POWER - AFFIRMATION SCRIPT

- My dreams often give me answers
- My dreams help me shape my future
- My dreams are becoming significant dreams
- I record my dreams in my dream journal
- You can control your dreams
- Your dreams are your subconscious talking to you
- You are learning to love dreaming
- You gain wisdom from your dreams
- I receive the answers i need from my dreams
- I am learning to receive wisdom from my dreams
- Your dreams are beneficial to you
- My dreams frequently reveal my hidden truths to me
- You are becoming able to choose what to dream about.
- You easily remember your dreams more and more often
- I use lucid dreams to explore my mind
- Significant dreams are starting to wake me up when they are finished
- Your dreams are beneficial to you
- I record my dreams in my dream journal
- I receive solutions to problems from my dreams
- I am learning to receive solutions to problems from my dreams
- Your dreams help you shape your future
- Your dreams are a tool you use to evolve
- I love dreaming
- I easily remember my dreams more and more often
- My dreams are my subconscious talking to me
- You use lucid dreams to explore your mind
- I can control my dreams
- I express my true desires in my dreams
- Your dreams often give you answers
- I receive deep insights from my dreams
- I use my dreams to learn about myself
- You get great inspiration from your dreams
- My dreams frequently reveal my inner wisdom to me
- I am learning to love dreaming
- You are learning to use lucid dreams to explore your mind
- Your dreams give you answers
- My intuition speaks to me through my dreams
- You are learning to receive wisdom from your dreams
- My dreams are a tool i use to evolve
- You love dreaming
- Significant dreams wake me up when they are finished
- I get great inspiration from my dreams
- You are learning to use your dreams to learn about yourself
- I am learning to receive the answers i need from my dreams
- I can control my dreams more and more
- My dreams are beneficial to me
- Your dreams are frequently easy to remember
- Your dreams reveal the root cause of problems you may have
- You can control your dreams more and more
- I gain wisdom from my dreams
- Your dreams are your subconscious talking to you
- My dreams reveal the root cause of problems i may have
- You have significant dreams
- I remember my dreams
- You record your dreams in your dream journal
- I am learning to receive great inspiration from my dreams
- You are learning to receive the answers you need from your dreams
- Your dreams are starting to help you shape your future
- Significant dreams wake you up when they are finished
- You express your true desires in your dreams
- My dreams reveal my inner wisdom
- My dreams are starting to help me shape my future
- You remember your dreams
- Your dreams frequently reveal your inner wisdom to you
- I am learning to use my dreams to learn about myself
- I use my dreams to solve complex problems
- My dreams are beneficial to me
- Your dreams reveal your hidden truths
- You receive solutions to problems from your dreams
- My dreams are frequently easy to remember
- Your dreams are becoming significant dreams
- I am learning to receive deep insights from my dreams
- My dreams are a tool i use to evolve
- I am learning to use lucid dreams to explore my mind
- You are learning to receive deep insights from your dreams
- My intuition frequently speaks to me through my dreams
- You are learning to express your true desires in your dreams
- Your dreams are a tool you use to evolve
- I am becoming able to choose what to dream about.
- You are learning to receive solutions to problems from your dreams
- You receive the answers you need from your dreams
- Your dreams reveal your inner wisdom

- I choose what to dream about before i fall asleep
- You use your dreams to learn about yourself
- You choose what to dream about before you fall asleep
- Your dreams reveal the root cause of problems you may have
- You use your dreams to solve complex problems
- My dreams give me answers
- Your intuition speaks to you through your dreams
- Significant dreams are starting to wake you up when they are finished
- I am learning to express my true desires in my dreams
- You are learning to use your dreams to solve complex problems
- I have significant dreams
- Your dreams frequently reveal your hidden truths to you
- I am learning to use my dreams to solve complex problems
- You are learning to receive great inspiration from your dreams
- My dreams reveal the root cause of problems i may have
- You receive deep insights from your dreams
- My dreams reveal my hidden truths
- My dreams are my subconscious talking to me
- Your dreams are easy to remember
- Your intuition frequently speaks to you through your dreams
- My dreams are easy to remember
- You record your dreams in your dream journal