



Tamera's Kitchen

Tamera's Kitchen aims to provide genuine Indian food as well as the more popularised Asian cuisine. Tamera's Kitchen is a gateway to the real flavour of the east - rich in aroma and spices, diverse in colour and texture

Tamera's Kitchen is proud to bring you India's greatest cuisine. The menu is inspired by the offerings of great chefs that I have met over the years and I sincerely hope that you share in my family secrets and enjoy the recipes of my heart.

Tamera's Kitchen is happy to create a dish for you even if it is not listed on the menu; Traditional Indian cooking methods have been handed down through generations. I am presenting recipes that have been tasted and perfected over lifetimes.

“Shukria” and enjoy your dining experience!

FOOD ALLERGIES & INTOLERANCES

Please speak to a member of staff about the ingredients in your meal when placing your order. Thank You.

Dine In Menu

Appetisers

Served with Salad & Mint Sauce

Paneer Tikka	£5.50
<i>Pieces of Indian cheese marinated in herbs & spices cooked in a clay tandoori oven on a skewer.</i>	
Mixed Kebab	£5.50
<i>2pc Chicken, 2pc Lamb, 2pc Sheek Kebab</i>	
Onion Bhaji	£4.25
<i>Deep fried onion balls</i>	
Samosa	£4.25
<i>Stuffed pastry with (Meat or Veg)</i>	
Chicken Tikka	£4.95
<i>Skewered grilled marinated chicken</i>	
Lamb Tikka	£4.95
Tandoori Chicken	£4.95
<i>On the bone marinated & grill</i>	
Sheek Kebab	£4.95
<i>Sausage shaped mince meat kebab</i>	
Garlic Chicken or Lamb Tikka	£5.25
<i>Marinated in garlic & grilled</i>	
Chicken Pakora	£4.95
<i>Lightly spiced grilled chicken breast in batter</i>	
Chicken Chat Puri	£4.95
<i>Diced chicken in slightly hot, sweet & sour, wrapped in a soft bread</i>	
Prawn Patia Puri.....	£4.95
Raja Puri.....	£6.95
<i>Grilled king prawns in sweet & sour and slightly hot sauce wrapped in soft bread</i>	
Prawn Cocktail.....	£4.95
Tandoori King Prawn	£6.95
<i>King prawn marinated in spices & yoghurt, then cooked in the clay oven</i>	
Salmon Tikka.....	£6.50
<i>Pan-fried salmon tikka steak coated in sprinkled tumeric and rock salt</i>	

Tandoori & Kebab Specialities

Marinated in yoghurt & spices.

Served with fried onions, peppers, salad, mint yoghurt sauce.

Chicken Tikka	£10.95
Tandoori Chicken.....	£10.95
<i>1/2 chicken on the bone</i>	
Lamb Tikka	£11.50
Garlic Chicken or Lamb Tikka With added garlic	£11.95
Tamera's Chicken or Lamb Tikka With hot spices.....	£11.95
Chicken or Lamb Shashlik.....	£11.95
Tandoori Mixed Grill.....	£13.95
<i>Chicken tikka, lamb tikka, sheek kebab and tandoori chicken, roasted in tandoori, Served with a Naan bread.</i>	
Tandoori King Prawns.....	£13.95
Cocktail Chicken or Lamb Kebab.....	£12.95
<i>Large pieces of lean chicken breast or lamb, chargrilled & served with grilled tomatoes, peppers, onions & mushroom</i>	
Paneer Tikka Pieces of Indian cheese	£11.95

Tamera Tava Specials

Cooked with onion and green pepper, strongly spiced with herbs.

Chicken Tikka Garlic Chilli.....	£9.25
Chicken Tikka	£9.25
Chicken Tikka Jalfrezi	£9.25
Tikka Massala	£9.25
Chicken Tikka Mushroom Sagwala	£9.95
Lamb Jalfrezi.....	£9.95
Lamb Sagwala	£9.25
Lamb	£9.25
Lamb Tikka	£9.25
Tamera Special	£9.50
Prawn	£9.95
King Prawn.....	£11.95
King Prawn Sagwala.....	£12.95
Vegetable	£9.25
Vegetable Jalfrezi	£9.25
Sag Paneer	£8.95
Potato, Mushroom & Sag	£8.95

Balti Dishes

Cooked with onions, peppers & tomatoes with fresh coriander, ginger and a touch of garlic. Absolutely delicious

Chicken or Lamb Balti.....	£9.95
Lamb Tikka Balti.....	£10.25
Prawn Balti	£9.95
Vegetable Balti	£8.95
King Prawn Balti	£12.95
Mix Grill Balti <i>Selection of kebabs</i>	£10.95
Garlic Balti <i>(Chicken or Lamb)</i>	£10.50
Special Balti	£11.95

Chicken, lamb, prawns & mushroom mixed. Gorgeous !

Massala Dishes

Chicken Tikka Massala	£9.95
<i>The nations favourite dish. Mild to medium chicken tikka cooked in a creamy massala sauce</i>	
Lamb Tikka Massala	£9.95
<i>Mild to Medium. Lamb tikka cooked in a creamy massala sauce</i>	
Akbori Chicken Massala	£10.75
<i>A fairly hot spicy sauce with onions, tomatoes and pepper, topped up with mince meat & egg.</i>	
Tandoori King Prawn Massala	£13.95
<i>Grilled king prawns cooked in a creamy sauce</i>	
Baddami Massala	£11.50
<i>Chicken or lamb cooked in a medium to mild creamy peanut and butter sauce</i>	

Traditional Favourites

Medium Curry - Medium hot

Madras - Fairly hot

Vindaloo - Very hot dish

Phall - Extremely hot!!!

Rogan Josh - Medium, well flavoured with fried tomatoes, peppers and onions

Dupiaza - Medium, well flavoured with onions and peppers

Bhuna - Medium, cooked in fairly dry thick sauce

Pathia - Slightly hot, sweet & sour

Baddami Korma - Creamy & mild with almond, coconut & peanut butter sauce.

Dhansak - Hot, sweet & sour with lentils

Korma - Very mild and creamy

Malayan - Mild & creamy with pineapple

Sagwala - Well flavoured with onions, a touch of garlic, ginger and spinach.

All above dishes can be selected with the following:

Chicken	£8.95
Lamb	£9.50
Chicken or Lamb Tikka	£9.75
Prawn	£8.95
Vegetable	£7.95
King Prawn	£11.95
Mixed <i>Chicken, lamb, prawn.</i>	£9.95

Seafood Specials

Sea Food Platter:**£15.95**
(Salmon, King Prawn & Scallop)Pan fried fish with king prawn simmered in a tantalising Chef sauce. Served with Spicy Rice.

Salmon Ka Jalfrezi.....**£13.95**
The famous Bengali speciality. Pan fried salmon steaks simmered in freshly ground spices, dill with caramelised garlic and chilli sauce. A slightly hot and spicy fish dish.

Sea Bass Bahar**£13.95**
Cooked in a medium but spicy sauce. Flavoured with onions, peppers, tomatoes and fresh coriander. Very tasty!

Scallops Karishma**£13.95**
A succulent blend of pure ground almonds and pulped mango with home made sauce to create a sweet sensation

Tamera Chef Specials

Garlic Falguni.....**£9.95**
Chicken or lamb, an excellent dish for those who love garlic Cooked in Chef's own medium spices and garnished with fresh bay leaves

Murgh Mosalam.....**£9.95**
Boneless tandoori chicken cooked with lamb mince & peas, tomatoes, onion and flavoured with green herbs

Chicken Chom Chom**£9.95**
Marinated off the bone tandoori chicken cooked with spinach and chickpeas. This dish is served medium and is highly recommended.

Murgh Badshi Sizzler**£9.95**
Chicken in a blend of exotic garlic chilli sauce with fresh coriander and green chilli. This dish is served fairly hot.

Tamera Raja Special.....**£13.95**
Succulent king prawn marinated then cooked with onions and tomatoes, flavoured with spring onion and fresh capsicum.

Honey Chicken or Lamb**£9.95**
A succulent blend of pure honey and home made spices to create a sweet sensation.

Naga Chicken or Lamb**£9.95**
This is a beautiful flavoursome curry with a devilish kick to it. Cooked with hot pickle.

House Special

Lean chicken breast or lean lamb having been marinated in yoghurt, selected spices & herbs, char grilled then cooked in the different flavours with their own individual taste and aroma.

Atchar Chicken (Medium)	£9.95
<i>Spicy & tangy dish with peppers, onions & pickles</i>	
Chicken or Lamb Passanda	£9.95
<i>Creamy & mild</i>	
Chicken or Lamb Makoni	£9.95
<i>Creamy & mild with butter</i>	
Shashlik Nawabi (Medium)	£9.95
<i>Chicken or lamb grilled on the skewer with onions, peppers and tomato, then cooked in a tasty Nawabi sauce</i>	
Ghandi's Revenge (Chicken or Lamb)	£10.50
<i>Extremely hot & volatile curry, with special red bullet chillies. This should bring a grin to Ghandi's soul after you've eaten it!!</i>	
Chicken or Lamb Karishma	£10.50
<i>Creamy & mild with mango and ground almonds</i>	
Chicken or Lamb Kor-Rye	£9.95
<i>A medium but spicy sauce flavoured with onions, peppers, tomatoes and fresh coriander</i>	
Chicken Tikka Jalfrezi	£9.95
<i>Cooked in madras strength sauce with fried green chillies, onions and peppers</i>	
Garlic Chicken or Lamb	£9.95
<i>Cooked in a delicious garlic sauce with onions and peppers</i>	

Biryani Dishes

Mixed with Rice and served with Medium Vegetable Curry

Chicken Biryani	£9.95
Tandoori Chicken Biryani	£10.25
Prawn Biryani	£9.95
Vegetable Biryani	£9.50
Mushroom Biryani	£9.25
Chicken Tikka Biryani	£9.95
Lamb Biryani	£9.95
King Prawn Biryani	£12.95
Special Biryani	£10.95

Chicken, Lamb and Prawns

Side Dish

	Side	Main
Mixed Vegetable Bhaji (Dry)	£4.50	£7.95
Mushroom Bhaji (Dry)	£4.50	£7.95
Bombay Potato	£4.50	£7.95
Garlic Potato Cooked in creamy garlic sauce	£4.50	£7.95
Sag Bhaji Spinach	£4.50	£7.95
Cauliflower Bhaji	£4.50	£7.95
Tarka Dall Lentils with Garlic	£4.50	£7.95
Bhindi Bhaji Okra	£4.50	£7.95
Aloo Gobi Potato & Cauliflower	£4.50	£7.95
Sag Aloo Spinach & potato	£4.50	£7.95
Chana Bhaji Chick Peas	£4.50	£7.95
Sag Paneer Spinach & cream cheese	£4.50	£7.95
Dhall Sag Lentils & spinach	£4.50	£7.95
Brinjal Bhaji Aubergine	£4.50	£7.95

Sundries

Plain Papadom	£1.05
Spicy Papadom	£1.05
Chips.....	£2.50
Raita <i>Cucumber or onion in yoghurt</i>	£2.20
Green Salad	£2.20

Rice

Pure Basmati rice is used

Spicy Rice <i>Fried with green chillies</i>	£3.50
Peas Pilau Rice	£3.50
Lemon & Garlic Rice.....	£3.50
Fried Rice <i>Fried with onions</i>	£3.50
Sag Rice <i>Cooked with spinach</i>	£3.50
Garlic Rice <i>Fried with garlic & onions</i>	£3.50
Special Fried Rice <i>With vegetables, egg, onion & peppers</i>	£3.50
Mushroom Rice	£3.50
Keema Rice <i>Fried with mince meat</i>	£3.50
Vegetable Rice	£3.50
Egg Rice	£3.50
Pilau Rice	£3.20
Plain Rice	£3.00

Breads

Plain Naan.....	£2.75
Garlic Naan.....	£2.95
Cheese Naan <i>Stuffed with cheese</i>	£2.95
Chilli Naan.....	£2.95
<i>Just chillies, chicken & chilli keema & chilli or garlic & chilli</i>	
Keema Nan <i>Stuffed with spicy minced meat</i>	£2.95
Kulcha Naan <i>Stuffed with vegetables</i>	£2.95
Peshwari Naan <i>Stuffed with coconut & almond</i>	£2.95
Stuffed Parata <i>Stuffed with vegetables</i>	£3.50
Plain Parata <i>Thick fried bread</i>	£2.95
Roti <i>Wheat flour bread baked in the tandoori</i>	£2.95
Chapati <i>Thin bread</i>	£2.20
Puri <i>Soft pancake type bread</i>	£2.20

Chutney

Spicy Sauce	£0.75
Mint Sauce	£0.75
Onion Salad	£0.75
Mango Chutney.....	£0.75
Lime Pickle	£0.75
Pickle Tray	£1.95